FLVC

Flintshire Local Voluntary Council
Cyngor Gwirfoddol Lleol Sir y Fflint

ANNUAL REVIEW 2015/16

A Celebration of Volunteering

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Dedicated to the late Tom Jones, OBE, Founder Trustee of FLVC.

524

individuals interviewed by the Volunteer Centre

319

groups helped with funding enquiries

43,000

visitors to our website

Our Trustees **since April 2015**

Marjorie Thomson - Chair	Paul Hinchliffe - Vice Chair
Michael J Dixon	Wendy Carter
The late Tom Jones OBE	Clive Bracewell
Liz Holland	Barbara Roberts
Pip Perry MBE	John Hatton
Ole Constantine	Jane Styles
Tim Byram	Amanda Morgan

Our Staff **employed since April 2015**

Alison Ussery	Dewis Cymru Administrator
Ann Woods	Chief Officer
Chris Ablett	Gwirvol Officer
Chris Roberts	Health & Social Care Manager
Emma Gough	Volunteering Development Officer
Jane Hewson	Communications Officer
Jill Blandford	Volunteering Development Officer (Step Up Step Out)
John Gray	Information & Advice Officer
June Brady	Funding Outreach Officer
Karen Peters	Health & Social Care / QA Administrator
Kate Howard	Third Sector Coordinator (SPoA)
Kate Newman	Health & Social Care Manager
Lesley Brown	Dewis Cymru Administrator
Lynne Rowlands	Volunteering Development Officer
Lynze Rogers	Transforming Access Development Officer
Matt Weedall	Volunteering Development Officer (Resilience)
Pam Bebbington	Corlan Support
Rachael Partington	Volunteer Centre Administrator
Shaun Darlington	Business & Finance Manager
Sheila Bacon	Finance Assistant

THE PRINTROOM

Irene Langford	Project Development Officer
Rachael Partington	Project Administrative Secretary
Barrie Potter	Technical Consultant

Flintshire Local Voluntary Council
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Registered Charity Number 1062644

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Chair's Report

What do the initials FLVC mean – they stand for Flintshire Local Voluntary Council. If we look at the words one by one our purpose and objectives should seem clearer.

FLVC operates in Flintshire – that is – throughout the whole county from Gronant to Saltney and from Gwernymynydd to Caergwrle and can give advice and support to over a thousand Third Sector organisations which are based in the county. We are 'local' – that is we understand the local perspective and can give support accordingly. We also have links with other Voluntary Councils (CVC's) in North East and North West Wales, with Wales Council for Voluntary Action (WCVA) and with Welsh Government so that we can ensure that any advice we give is relevant and up to date.

When I think of the word 'Voluntary' I see all those thousands of volunteers giving their time freely to support their own Third Sector organisation and ours! Your time is valuable and needed more than ever in this changing climate. Finally, the word 'Council', in this context meaning organisation. When I think of the final letter of FLVC I think of the word 'Community'- we aim to continue to support all the Third Sector organisations within our community. Working together in partnership, particularly in the light of the pressures and financial constraints that we are all experiencing.

FLVC can advise on Third Sector involvement in the Future Generations Act. As an organisation representing the Third Sector we have a place on the Public Service Board of Flintshire. Public Bodies need to make sure that when making their decisions that they take into account the impact they could have on people living their lives in Wales now, and in the future.

They will be expected to :

- **Work together better**
- **Involve people, reflecting the diversity of our communities**
- **Look to the long term as well as focusing on the here and now**
- **Take action to try and stop problems getting worse – or even stop them happening in the first place**

Looking forward there will be Third Sector opportunities within the Social Care and Well Being Act with more emphasis on community based support. So our aim is to both work with and for Third Sector organisations to empower them to provide the best possible support and service.

We aim to be approachable – balancing the face to face support of a CVC whilst recognising the impact of Digital Technology. We are aware that many vulnerable groups are digitally excluded and will work to support them to cope in a fast moving world where the means of communication seems to change almost daily.

One aspect of our involvement in Flintshire has been our support for the Community Asset Transfer process working alongside Flintshire County Council. This is an example of effective partnership working. Recently Welsh Government have been conducting a review of the support available across Wales in order to preserve local services with sustainable alternatives.

FLVC is here to support you so we plan to ask you to tell us if you think that we can operate more efficiently and effectively now and in the future.

Marjorie Thomson
Chair FLVC

Our aim is to both work with and for Third Sector organisations ...

Chief Officer's Report

The past year has seen immense political and financial change. As all Public Services face the prospect of increased pressure with reduced budgets, we continually try to balance the delivery of quality core services whilst planning for future change and 'future-proofing' our structures and the support we offer.

Whilst we plan for future challenges as an umbrella body for Third Sector Support, volunteers continue to give their time and energy to making a positive difference to the lives of others in all aspects of community life. Voluntary and Community organisations have the drive and flexibility to respond instantly, effectively and creatively to the challenges and the support needs that they are faced with. Again, the most important aspect of our 2015/16 Annual General Meeting is a Celebration of Volunteering, and giving recognition to the fact that all of our lives have been touched by the generosity of volunteers.

Future-proofing Third Sector Support - our role in supporting the Sector

As a County Voluntary Council, we form part of Third Sector Support Wales – a Welsh Government funded network of independent, membership-based organisations that provide support services to the third sector, at both national and local levels.

Our aim is to support, strengthen and maximise the opportunities and sustainability of Wales' vibrant Community and Voluntary activity. We work towards a National Core Services Framework which includes targets in the following areas of work:

- **Active and involved citizens**
- **A thriving and sustainable Third Sector**
- **Effective Engagement in Policy**

This year, the Welsh Government is conducting a comprehensive Strategic Review of their Third Sector Infrastructure Agreement

We at FLVC are keen to ensure that we retain the face to face, local focus of Third Sector Support, whilst capitalising on opportunities for sharing core services and having an agreed Third Sector Support branding across Wales.

Everyone reading this document is a stakeholder in Flintshire Local Voluntary Council's performance and future plans – as is every Flintshire resident. Please take every opportunity to let us know how you think your community can be improved through partnership work and how you think Third Sector support organisations should be supported by organisations such as FLVC.

A Celebration of Volunteering... all of our lives have been touched by the generosity of volunteers...

Ann Woods - Chief Officer FL VC
01352 744028
ann.woods@flvc.org.uk

Flintshire Local Voluntary Council

Our Vision

FLVC's vision is of a strong, sustainable and effective voluntary and community sector, involving and serving Flintshire people.

Our Mission

FLVC's mission is to support, develop and promote voluntary and community activity in Flintshire and to strengthen the capacity of voluntary and community groups to contribute to the quality of life of Flintshire people and communities.

How can we help?

Individuals

Have you some spare time? Want to volunter to help your local community?

Our Volunteer Centre (VC) will find a placement that will suit your needs - we currently hold details of volunteering opportunities from over 350 organisations including groups involved in :

- **Health & Social Care**
- **Education & Training**
- **Citizenship and Community Development**
- **Arts, Culture, Heritage or Science**
- **Sports & Leisure**
- **Animal Welfare**
- **Environmental Protection or improvement**

Give our Volunteer Centre a call and speak to Emma, Jill, Chris, Matt or Rachael to discuss your possible time commitment and the area of work you would like help with.

Tailored Volunteering Projects run by FLVC:

The VC promotes youth volunteering through a number of projects targeted at young people; including the Gwirvol Youth Volunteering project.

Our Step Up Step Out project is for individuals with mental health support needs. In collaboration with Mind, we provide accredited training, peer support and supported volunteering opportunities to help attendees to build their confidence, reduce feelings of isolation and to improve their engagement with the local community.

The Resilience Project is a collaboration between FLVC and Flintshire Youth Services. Through key workers trained in youth work approaches, and opportunities for informal education and volunteering, the project aims to help young people who are not in education, employment or training (NEET) to build their confidence and resilience.

Voluntary and Community Groups and Partner Organisations

There are over 1200 community and voluntary groups based in Flintshire. Through a Welsh Government Infrastructure Agreement, our services include:

- **Providing Information, Advice and Training regarding governance issues and funding.**
- **Developing and sharing effective volunteering services, including placing volunteers, providing training and sharing good practice regarding volunteer recruitment, management and support.**
- **Identify learning needs within the Third Sector and organising and delivering training.**
- **Identify local issues, representing / reflecting voluntary sector views and concerns to decision makers and influencing local planning.**
- **Developing partnerships with voluntary and statutory organisations.**
- **Working in collaboration with other agencies to develop projects in response to community needs.**

Flintshire Local Voluntary Council is also proud to host:

- **A tailored support service for Flintshire County Council's Community Asset Transfer Programme.**
- **The Third Sector Doctor which is a collaboration with AVOW (the Voluntary Council for Wrexham) to support third sector organisations with their governance, policy and practice to support development and to help to prevent crisis.**
- **A Third Sector post for the Single Point of Access Project for Flintshire (a new streamlined way for adults to gain access to advice, assessment, information and coordinated Community Health and Social Care Services through a single telephone number).**
- **Facilities to promote Digital Inclusion (through our collaboration with Wales Cooperative Centre and Digital Communities Wales we have an IT suite available for up to 12 participants).**
- **Various forums and training events for third sector organisations to facilitiate learning, sharing of good practice and partnership working.**

At our Third Sector Hub in Corlan, we also provide:

- **Designated office space for rent for Third Sector groups.**
- **Training rooms for hire - from £1.75 per hour.**
- **Copy and Print - The Printroom - based in Corlan, provides a range of copying and printing services including banner and poster printing. Give us a call if you require any printing or publicity materials to promote your organisation or a forthcoming event. Discounts for FLVC members.**

General Information and Support Services offered to over 1,100 Voluntary and Community Groups

FLVC continues to gather and represent the views of the voluntary sector at local and regional level and to support local partnerships and planning groups. Meetings of forums and networks have provided opportunities for sharing information and good practice as well as meeting with public sector colleagues. We continue to input to the Public Services Board, the Flintshire Compact, the Health, Well -Being and Independence Board and regional collaborative partnerships.

Health and Social Care e-bulletin reaches over 250 contacts each week

Flintshire Well-being Network is facilitated by FLVC. This includes a weekly e-bulletin available on the FLVC website and a weekly link to this is circulated to over 250 members from all sectors. FLVC continues to provide a web based well being directory. In 2015 this directory will merge with the DEWIS Cymru directory of services. The North Wales directory is being developed as part of the Transforming Access programme to support the health and social care Single Point of Access Teams in each county. The directory will be a web-based source of information for both professionals and the public. To find out how to be included in the directory and / or how to use it please contact us. We continue to work closely with our health and social care partners with priority areas of work being:

- **to raise awareness of third sector services which enable people to remain independent at home**
- **to improve referrals and signposting to third sector provision from primary care services;**
- **to contribute to the development of strategic plans in Flintshire; support commissioning teams from Flintshire County Council and Betsi Cadwaladr University Health Board to engage with and procure from the third sector.**

Third Sector Doctor Project

The Third Sector Doctor Project is a collaboration between AVOW and FLVC, funded through the Big Lottery, to provide support and guidance to Third Sector groups.

The aims of the project are

- **to help organisations to tackle any problems/issues they may face with a view to preventing issues developing into crisis and**
- **where required, to support organisations with crisis interim management support.**

The project works closely with Trustees and Management Boards to help them to gain the necessary skills needed to improve the health and management of the organisation and services delivered.

68 organisations have received support through Third Sector Doctor. Outcomes have included improved organisational governance, the formation of new working partnerships and organisational sustainability.

Sustainability mentors have been identified and trained (individuals who can provide groups with additional professional support and expert advice). The project has hosted a total of 9 networking and training events, helping organisations understand the importance of sustainability and governance.

The programme employs two members of staff, who share their time supporting organisations based in Flintshire and the County of Wrexham.

875 volunteering enquiries, 524 individuals were interviewed by the Volunteer Centre. 313 people placed in volunteering opportunities.

Every county in Wales has its own Volunteer Centre, to support, develop and broker viable and effective volunteering placements. Through our Step-Up Step Out programme, in 2015/16 50 people with mental health support needs completed an accredited course in volunteering which included over 20 hours of group volunteering activities. Many of the volunteers then continued to volunteer in communities across Flintshire independently in a variety of organisations ranging from community garden projects to charity shops.

Volunteers continue to help run Corlan's reception facilities and their support is invaluable in keeping the organisation moving. Many volunteers have continued to help with a new Families First funded project delivering a supported youth-club provision for young people with disabilities.

The Volunteer Centre facilitated Youth Are Funders (a young person's decision making panel) to distribute £4,000 through its Gwirvol Youth Led Grant where young people aged between 14 and 25 can apply for up to £500 to run a community volunteering project. Groups who received funding for this year included Sunraye Hostel in Connah's Quay and Urdd Gobaith Cymru.

The Volunteer Centre also distributed 50 Millennium Volunteers awards to young people aged between 14 and 25 who have participated in community volunteering in Flintshire over the last 12 months. Four individuals received Certificates recognising 200 hours of Volunteering, signed by the First Minister of Wales.

Over 43,000 Visitors to our Website

Through our website, newsletter Voluntary Voice, e-groups and e-bulletins, and social media, we continue to provide information and advice to community groups and our partners. If you have a news item to share, please contact our Communications Team via info@flvc.org.uk

319 groups received help with funding enquiries and FLVC helped to attract £1,352,172 of funding to the county

Our funding advice service continues to promote funding opportunities to organisations throughout Flintshire and to help and advise on completing applications.

9 funding Information Days were delivered, in addition to 3 additional information sessions on topics including support for the Community Asset Transfer process.

Funding advice was given to a wide range of groups in Flintshire covering all sectors as detailed below -

CHILDREN & YOUNG PEOPLE 26%

OLDER PEOPLE & DISABILITY 35%

ART 10%

SPORT 3%

ENVIRONMENT & HERITAGE 14%

COMMUNITY BUILDINGS 12%

Flintshire Local Voluntary Council

Statement of Financial Activities
for the year ended 31 March 2016

	Notes	Unrestricted funds £	Restricted funds £	2016 Total funds £	2015 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	131,191	481,717	612,908	661,766
Activities for generating funds	3	133,462	2,092	135,554	153,283
Investment income	4	721	-	721	652
Total incoming resources		265,374	483,809	749,183	815,701
RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income	5	761	-	761	514
Charitable activities	6				
Salaries and staff expenses		142,943	273,891	416,834	438,413
Office expenses		49,380	12,846	62,226	70,378
Expenses and fees		8,699	23,252	31,951	26,205
Volunteers and training		3,862	68,826	72,688	31,456
Premises expenses		64,058	25,017	89,075	94,140
Depreciation		4,724	-	4,724	9,723
Grant disbursements: Intermediate Care Fund		-	20,000	20,000	126,282
Grant disbursements: GwirVol		-	3,973	3,973	5,009
Grant disbursements: Team Around the Family		-	6,088	6,088	-
Grant disbursements: Community Chest		-	31,650	31,650	-
Grant disbursements: Health & Wellbeing		-	1,500	1,500	-
Grant disbursements: Child & Family		-	-	-	2,345
Grant disbursements: General		-	-	-	93
Governance costs	8	2,475	2,852	5,327	4,200
Other resources expended		1,667	-	1,667	1,445
Total resources expended		278,569	469,895	748,464	810,203
NET INCOMING/(OUTGOING) RESOURCES		(13,195)	13,914	719	5,498
RECONCILIATION OF FUNDS					
Total funds brought forward		153,903	237,102	391,005	385,507
TOTAL FUNDS CARRIED FORWARD		140,708	251,016	391,724	391,005

This Statement of Financial Activities is an extract from the audited financial accounts for the year ended 31 March 2016

Cyngor Gwirfoddol Lleol Sir y Fflint

Datganiad o Weithgareddau Ariannol y flwyddyn hyd at 31 Mawrth

	Nodiadau	Cronfeydd heb eu cyfyngu £	Cronfeydd cyfyngedig £	2016 Cyfanswm cronfeydd £	2015 Cyfanswm cronfeydd £
ADNODDAU'N DOD I MEWN					
Adnoddau'n dod i mewn: o gronfeydd wedi'u creu					
Gweithgareddau elusennol	2	131,191	481,717	612,908	661,766
Gweithgareddau creu cronfeydd	3	133,462	2,092	135,554	153,283
Incwm o fuddsoddi	4	721	-	721	652
Cyfanswm adnoddau'n dod i mewn		265,374	483,809	749,183	815,701
ADNODDAU A DDEFNYDDIWYD					
Costau creu cronfeydd					
Costau creu incwm gwirfoddol	5	761	-	761	514
Gweithgareddau elusennol	6				
Cyflogau a chostau staff		142,943	273,891	416,834	438,413
Costau swyddfa		49,380	12,846	62,226	70,378
Costau a ffioedd		8,699	23,252	31,951	26,205
Gwirfoddolwyr a hyfforddiant		3,862	68,826	72,688	31,456
Costau eiddo		64,058	25,017	89,075	94,140
Dibrisiant		4,724	-	4,724	9,723
Treuliau grantiau: Cronfa Gofal Canolraddol		-	20,000	20,000	126,282
Treuliau grantiau: GwirVol		-	3,973	3,973	5,009
Treuliau grantiau: Tim Am Y Teulu		-	6,088	6,088	-
Treuliau grantiau: Cist Gymunedol		-	31,650	31,650	-
Treuliau grantiau: Gweithgareddau Lles		-	1,500	1,500	-
Treuliau grantiau: Plant a Theuluoedd		-	-	-	2,345
Treuliau grantiau:		-	-	-	93
Costau rheolaeth	8	2,475	2,852	5,327	4,200
Adnoddau eraill: defnyddiwyd		1,667	-	1,667	1,445
Cyfanswm adnoddau: defnyddiwyd		278,569	469,895	748,464	810,203
ADNODDAU'N DOD I MEWN NET		(13,195)	13,914	719	5,498
CYSONI CRONFEYDD					
Cyfanswm cronfeydd a ddygwyd ymlaen		153,903	237,102	391,005	385,507
CYFANSWM CRONFEYDD A GARIWYD YMLAEN		140,708	251,016	391,724	391,005

Daw'r Datganiad o Weithgareddau Ariannol hwn o gyfrifon ariannol archwiliedig y flwyddyn a ddaeth i ben ar yr 31ain o Fawrth 2016

875 o ymholiadau gwirfoddoli, 524 o bobl wedi eu cyfweld yn y Ganolfan Wirfoddoli, 313 o bobl wedi eu lleoli mewn gwaith gwirfoddol

Mae gan bob Sir yng Nghymru ei Chanolfan Wirfoddoli ei hun, i gefnogi, datblygu a threfnu lleoliadau gwirfoddoli sy'n ymarferol ac yn effeithiol. Bu i 64 o bobl ag anghenion iechyd meddwl gwblhau cwrs gwirfoddoli achrededig - oedd yn cynnwys 20 awr o weithgareddau gwirfoddol - yn 2015/16 drwy ein rhaglen Step-Up Step Out. Aeth nifer fawr o wirfoddolwyr y cwrs yn eu blaen wedyn, ohonynt eu hunain, i wneud gwaith gwirfoddol mewn cymunedau ar draws Sir y Fflint mewn prosiectau'n amrywio o arddio cymunedol i siopau elusen.

Gwirfoddolwyr sy'n croesawu pobl wrth fynediad y GORLAN ac mae eu cymorth yn amhrisiadwy i barhad gweithgarwch y Cyngor Gwirfoddoli. Mae nifer fawr o wirfoddolwyr yn helpu o hyd gyda phrosiect wedi ei ariannu gan Deuluoedd yn Gyntaf sy'n darparu clwb ieuenctid i bobl ifanc ag anableddau.

Gyda chymorth y Ganolfan Wirfoddol, bu i Youth Are Funders (panel o bobl ifanc) ddosrannu £4,000 trwy ei gynllun GwirVol (Grantiau Dan Arweiniad Pobl Ifanc). Mae cynllun GwirVol yn fodd i bobl ifanc rhwng 14 a 25 oed wneud cais am £500 i redeg prosiect gwirfoddoli cymunedol. Ymhlith y grwpiau sydd wedi derbyn grant eleni mae hostel Sunraye yng Nghei Connah ac Urdd Gobaith Cymru.

Bu i'r Ganolfan Wirfoddoli hefyd ddosrannu 50 Gwobr Gwirfoddolwr y Mileniwm i bobl ifanc rhwng 14 a 25 oed fu'n gwirfoddoli yng nghymunedau Sir y Fflint dros y 12 mis diwethaf. Cyflwynwyd tystysgrifau i bedwar o rhai ifanc. Roedd y tystysgrifau'n tystio i 200 awr o waith gwirfoddol ac wedi eu harwyddo gan Carwyn Jones, Prif Weinidog Cymru.

Mwy na 43,000 yn ymweld â'n gwefan

Mae ein cylchlythyr Llais Gwirfoddol, e-grwpiau, e-fwletinau a chyfryngau cymdeithasol i'w cael o hyd drwy ein gwefan. Rydyn ni hefyd yn dal i ddarparu gwybodaeth a chyngor i grwpiau cymunedol a'n partneriaid. Os oes gennych chi eitem o newyddion i'w rannu, cysylltwch â'r Tîm Cyfathrebu: info@flvc.org.uk

319 o grwpiau wedi eu helpu gyda cheisiadau am arian a'r Cyngor Gwirfoddoli wedi helpu dod â £1,352,172 o arian grantiau i'r Sir

Mae ein gwasanaeth cyngor ar ariannu'n parhau i hysbysu cyrff ar draws Sir y Fflint o'r cyfleoedd sydd ar gael, ac i'w cynghori a'u helpu i gwblhau ceisiadau.

Cynhaliwyd 9 Diwrnod Gwybodaeth Ariannu ynghyd â 3 sesiwn wybodaeth ychwanegol ar bynciau'n cynnwys cefnogi'r proses Trosglwyddo Asedau Cymunedol

Rhoddwyd cyngor ar ariannu i ystod eang o grwpiau o bob sector yn Sir y Fflint, a hynny fel a ganlyn :

Plant a Phobl Ifanc 26%

Pobl Hŷn ac Anabledd 35%

Celfyddydau 10%

Chwaraeon 3%

Amgylcheddol a Threftadaeth 14%

Adeiladau cyhoeddus 12%

Gwybodaeth gyffredinol a'n gwasanethau cefnogi ar gyfer mwy na 1,100 o grwpiau gwirfoddol a chymunedol

Mae Cyngor Gwirfoddoli Sir y Fflint yn parhau â'i gwaith o gasglu a chynrychioli barn y sector gwirfoddol yn lleol ac yn rhanbarthol, ac o gefnogi partneriaethau a grwpiau cynllunio lleol. Mae ei gyfarfodydd fforwm a rhwydwaith wedi bod yn gyfle i rannu gwybodaeth ac arfer da, ac i gyfarfod â chydweithwyr yn y sector cyhoeddus. Mae'n parhau hefyd â'i gyfraniad i'r Bwrdd Gwasanaethau Cyhoeddus, corff Cytundeb Sir y Fflint, y Bwrdd Iechyd, Lles ac Annibyniaeth, ac i bartneriaethau cydweithio rhanbarthol.

Yr e-Fwletin Iechyd a Gofal Cymdeithasol yn mynd i fwy na 250 o wahanol lefydd bob wythnos

Mae Rhwydwaith Lles Sir y Fflint yn gweithredu drwy'r Cyngor Gwirfoddoli. Mae'n cyhoeddi e-fwletin wythnosol sydd i'w gael ar wefan y Cyngor Gwirfoddoli ac yn mynd i mwy na 250 o wahanol aelodau o bob sector. Mae cyfeirlyfr lles y Cyngor Gwirfoddoli'n parhau i fod ar gael ar y we. Yn 2015 bydd y cyfeirlyfr yn dod yn rhan o gyfeirlyfr gwasanaethau DEWIS Cymru. Mae cyfeirlyfr y gogledd yn cael ei ddatblygu fel rhan o'r rhaglen Trawsnewid Mynediad sydd y tu cefn i dimau un pwynt mynediad iechyd a gofal cymdeithasol pob sir. Bydd y cyfeirlyfr yn ffynhonnell wybodaeth ar y we i weithwyr proffesiynol a'r cyhoedd fel ei gilydd. I gael gwybod sut i fod yn y cyfeirlyfr a sut i'w ddefnyddio cysylltwch â ni. Mae'r Cyngor Gwirfoddoli'n parhau i gydweithio'n agos â'n partneriaid iechyd a gofal cymdeithasol ac yn rhoi blaenoriaeth i'r meysydd canlynol :

- **codi ymwybyddiaeth pobl o wasanaethau trydydd sector sy'n galluogi pobl i barhau'n annibynnol yn eu cartrefi eu hunain;**
- **gwella'r proses sy'n cyfeirio pobl o wasanaethau gofal sylfaenol at ddarpariaeth trydydd sector;**
- **cyfrannu at ddatblygiad cynlluniau strategol yn Sir y Fflint, a chynorthwyo timau comisiynu o'r Cyngor Sir a Bwrdd Iechyd Betsi Cadwaladr i gydweithio â'r trydydd sector a chaffael gwasanaethau ganddo.**

Prosiect Meddyg y Trydydd Sector

Mae prosiect Meddyg y Trydydd Sector yn brosiect ar y cyd rhwng AVOW a Chyngor Gwirfoddoli Sir y Fflint. Mae'r prosiect wedi ei ariannu gan y Loteri Fawr ac yn cynnig arweiniad a chefnogaeth i grwpiau'r trydydd sector.

Dyma amcanion y prosiect :

- **helpu delio â materion o bwys neu broblemau a'u cadw rhag troi'n argyfwng**
- **a lle bo angen, rhoi cefnogaeth mewn argyfwng.**

Mae gweithwyr y prosiect yn gweithio gydag Ymddiriedolwyr a Byrddau Rheoli i'w helpu i fagu'r sgiliau sydd eu hangen i wella 'iechyd' a rheolaeth eu grŵp a'r gwasanaethau mae'n eu cynnig.

68 o gyrff a grwpiau gymorth oddi wrth y Meddyg Trydydd Sector. Gwelwyd gwelliant yn eu llywodraethiant, eu cynaliadwyedd a'u gallu i ffurfio partneriaethau newydd.

Mae mentor cynaliadwyedd wedi eu hadnabod a'u hyfforddi (sef pobl all roi cymorth proffesiynol a chyngor arbenigol i'r grwpiau). Cynhaliwyd 9 digwyddiad rhwydweithio a hyfforddiant er mwyn helpu cyrff trydydd sector ddeall pwysigrwydd cynaliadwyedd a llywodraethiant.

Mae dau aelod staff cyflogedig ac mae'r rhain yn rhannu eu hamser rhwng cyrff Siroedd y Fflint a Wrecsam.

Grwpiau Gwirfoddol a Chymunedol a'u partneriaid

Mae gan Sir y Fflint fwy na 1200 o grwpiau gwirfoddol a chymunedol. Mae Cytundeb Isadeiledd Llywodraeth Cymru yn ein galluogi i gynnig y gwasanaethau canlynol iddyn nhw:

- **Gwybodaeth, cyngor a hyfforddiant ar faterion llywodraethiant ac ariannu**
- **Datblygu a rhannu gwasanaethau gwirfoddoli effeithiol, yn cynnwys lleoli gwirfoddolwyr, darparu hyfforddiant a rhannu arfer da ym meysydd recriwtio, rheoli a chefnogi gwirfoddolwyr.**
- **Adnabod anghenion y Trydydd Sector a threfnu hyfforddiant i ddelio â nhw**
- **Adnabod materion o bwys, eu cynrychioli a'u cyflwyno ynghyd â barn a phryderon y sector gwirfoddol i bobl ddylanwadol.**
- **Datblygu partneriaethau gyda chyrff gwirfoddol a statudol.**
- **Cydweithio ag asiantaethau eraill i ddatblygu prosiectau sy'n ymateb i anghenion cymunedau.**

Mae Cyngor Gwirfoddoli Sir y Fflint yn falch hefyd o'i allu i gynnig :

- **Gwasanaeth cefnogi wedi ei lunio'n benodol ar gyfer Grwpiau Cymunedol sy'n rhan o Raglen Trosglwyddo Asedau Cymunedol Cyngor Sir y Fflint**
- **Gwasanaeth 'Meddyg' Trydydd Sector, ar y cyd ag AVOW (Cyngor Gwasanaethau Gwirfoddol Wrecsam), i gynorthwyo cyrff trydydd sector yn y meysydd llywodraethiant, polisi ac ymarfer, er mwyn cefnogi eu datblygiad a'u help i osgoi mynd i drafferth.**
- **Swydd yn y trydydd sector ar gyfer Prosiect Un Man Mynediad Sir y Fflint (ffordd newydd rwydd i oedolion gael cyngor, asesiadau, gwybodaeth a gwasanaethau Iechyd a Gofal Cymdeithasol Cymunedol cydlynus drwy ffonio un rhif ffôn).**
- **Cyfleusterau sy'n hyrwyddo Cynhwysedd Digidol (drwy gydweithio gyda Chanolfan Cydweithredol Cymru a Chymunedau Digidol Cymru fe allwn ni gynnig defnydd ystafell TG ar gyfer hyd at 12 o bobl).**
- **Amrywiaeth o Fforymau a Digwyddiadau Hyfforddiant ar gyfer cyrff trydydd sector gyda'r bwriad o hwyluso dysgu, rhannu arfer da a chydweithio mewn partneriaethau.**

Yn y GORLAN, ein Canolfan Trydydd Sector, rydyn ni hefyd yn cynnig :

- **Gofod swyddfa ar rent i grwpiau trydydd sector**
- **Ystafelloedd hyfforddiant am gyn lleied â £1.75 yr awr**
- **Gwasanaeth copïo ac argraffu - Mae Printroom y Gorlan yn cynnig nifer o wasanaethau copïo ac argraffu, yn cynnwys argraffu baneri a phosteri. Ffoniwch ni os oes gennych chi angen argraffu neu greu deunyddiau cyhoeddusrwydd ar gyfer eich grŵp neu ddigwyddiad. Prisiau gostyngol ar gyfer aelodau Cyngor Gwirfoddoli Sir y Fflint**

Cyngor Gwirfoddol Lleol Sir Fflint

Y Weledigaeth

Sector gwirfoddol a chymunedol cryf, cynaliadwy ac effeithiol, sy'n rhoi rhan weithredol a gwasanaeth i bobl Sir y Fflint.

Y Genhadaeth

Cefnogi, datblygu a hyrwyddo gweithgarwch gwirfoddol a chymunedol yn Sir y Fflint, ac ategu gallu grwpiau gwirfoddol a chymunedol i gyfrannu at ansawdd bywyd pobl y Sir a'i chymunedau.

Angen help?

Unigolion

Amser sbâr gennych chi? Awydd gwirfoddoli i helpu'ch cymuned?

Gall y Ganolfan Wirfoddoli drefnu lleoliad i chi fydd yn ateb eich gofynion - ar hyn o bryd mae ganddi fanylion 350 o wahanol gyrff sydd ag angen gwirfoddolwyr yn y meysydd:

Iechyd a Gofal Cymdeithasol

- **Addysg a Hyfforddiant**
- **Dinasyddiaeth a Datblygu Cymunedol**
- **Y Celfyddydau, Diwylliant, Treftadaeth neu Wyddoniaeth**
- **Chwaraeon a Hamdden**
- **Lles Anifeiliaid**
- **Gwarchod a Gwella'r Amgylchedd**

Rhowch ganiad i'r Ganolfan i gael sgwrs efo Emma, Jill, Chris, Matt neu Rachael am y maes yr hoffech chi weithio ynddo ac am faint o amser allwch chi ei roi i'r gwaith.

Prosiectau gwirfoddoli â ffocws penodol

Mae'r Ganolfan Wirfoddoli'n hyrwyddo gwirfoddoli gan bobl ifanc drwy nifer o brosiectau'n cynnwys prosiect Ieuenctid Gwirvol.

Mae'r prosiect Step Up Step Out yn brosiect i bobl ag angen cymorth iechyd meddwl. Mewn cydweithrediad â Mind, byddwn yn darparu hyfforddiant achrededig, cefnogaeth cyfoed a chyfleoedd i wirfoddoli gyda chefnogaeth, er mwyn helpu'r rhai sy'n mynychu i fagu hyder, deimlo'n llai unig a gwneud mwy gyda'u cymunedau.

Caiff y Prosiect Gwydnwch ei gynnal ar y cyd rhwng FLVC a Gwasanaethau Ieuenctid Sir y Fflint. Amcan y prosiect ydy helpu pobl ifanc sydd ddim mewn addysg, gwaith na hyfforddiant (NEETs) i fagu hyder a gwydnwch. Bydd y prosiect yn gwneud hynny gyda chymorth gweithwyr allweddol sydd wedi'u hyfforddi ym maes gwaith ieuenctid a thrwy gynnig cyfleoedd i'r bobl ifanc ddysgu mewn awyrgylch anffurfiol a thrwy wirfoddoli.

Adroddiad y Prif Swyddog

Mae newidiadau gwleidyddol ac ariannol enfawr wedi bod yn ystod y flwyddyn ddiwethaf. Mae disgwyl y bydd pob gwasanaeth cyhoeddus yn wynebu mwy o bwysau a chyllidebau llai, er hynny rydym ni'n parhau i geisio darparu gwasanaethau craidd o safon. Rydym ni hefyd yn ceisio paratoi at newidiadau'r dyfodol yn ogystal â gwarchod ein cynlluniau a'r gefnogaeth rydym ni'n ei chynnig.

Ni ydy'r corff ymbarél ar gyfer mudiadau cefnogi'r trydydd sector. Er ein bod ni'n prysur baratoi at heriau'r dyfodol mae gennym ni lu o wirfoddolwyr sy'n parhau i roi o'i hamser a'u hegni i wella bywydau pobl ym mhob agwedd o fywyd ein cymunedau. Mae gan fudiadau gwirfoddol a chymunedol ddigon o egni a hyblygrwydd i allu ymateb yn sydyn, yn effeithiol ac yn greadigol i'r heriau a'r anghenion cefnogi sy'n eu hwynebu. Unwaith eto, agwedd bwysicaf ein Cyfarfod Cyffredinol Blynyddol 2015/2016 ydy dathlu gwirfoddoli a chydnabod bod haelioni'r gwirfoddolwyr wedi cael effaith ar fywyd pob un ohonom.

Gwarchod gwasanaethau cefnogi'r trydydd sector – ein cyfrifoldeb ni

Fel cyngor gwirfoddol rydym ni'n rhan o rwydwaith cefnogi'r trydydd sector yng Nghymru - rhwydwaith, wedi'i ariannu gan Lywodraeth Cymru, o fudiadau annibynnol sydd wedi ymaelodi, sy'n darparu gwasanaethau cefnogi i'r trydydd sector yn lleol a thrwy Gymru gyfan.

Ein nod ydy cefnogi, cryfhau a gwneud y gorau o gyfleoedd a dyfodol gweithgareddau bywiog y sector gwirfoddol a chymunedol yng Nghymru. Rydym ni'n anelu at lunio Fframwaith Gwasanaethau Craidd Cenedlaethol fydd yn cynnwys targedau yn y meysydd canlynol:

- **Trigolion yn cymryd rhan mewn gweithgareddau**
- **Trydydd Sector llwyddiannus a chynaliadwy**
- **Polisi effeithiol ar waith**

Eleni, mae Llywodraeth Cymru yn cynnal Adolygiad Strategol cynhwysfawr o'i Gytundeb ar Isadeiledd Trydydd Sector.

Yn dilyn yr adolygiad, mae Llywodraeth Cymru wedi ei gwneud hi'n glir na fydd yn parhau i ariannu ein gwaith fel y mae'n ei wneud ar hyn o bryd. Mae lleisiau dylanwadol eraill y sector a thu hwnt hefyd wedi galw am newidiadau i isadeiledd y trydydd sector. Mae'r rhan fwyaf o brif weithredwyr y cynghorau gwirfoddol yn cytuno bod angen mwy o integreiddio yn ogystal â bod â gwell delwedd gyhoeddus os ydym ni am ymateb i heriau'r dyfodol.

Yma yn FLVC, rydym ni'n awyddus i sicrhau natur leol, wyneb yn wyneb y gefnogaeth mae'r trydydd sector yn ei gynnig, yn ogystal ag i fanteisio ar gyfleoedd i rannu gwasanaethau craidd â'n gilydd a chytuno ar frand cytunedig ar gyfer y trydydd sector yng Nghymru.

Mae pawb sy'n darllen y ddogfen hon yn randdeiliad cynlluniau a pherfformiad Cyngor Gwirfoddol Lleol Sir y Fflint ar gyfer y dyfodol - yn union fel y mae pob un o drigolion Sir y Fflint. Mae croeso ichi ar unrhyw adeg roi gwybod inni am eich barn a'ch syniadau ynglŷn â chydweithio i wella eich cymuned a sut ddylai mudiad fel FLVC gefnogi grwpiau Trydydd Sector.

Dathlu Gwirfoddoli ... rydym i gyd wedi elwa o haelioni ac ymroddiad gwirfoddolwyr...

Ann Woods - Prif Swyddog FLVC
FLVC 01352 744028
ann.woods@flvc.org.uk

Adroddiad y Cadeirydd

Am beth mae FLVC yn sefyll? Mae'n sefyll am Flintshire Local Voluntary Council sef Cyngor Gwirfoddol Lleol Sir Y Fflint. Os edrychwn ni ar y geiriau fesul un fe ddaw hi'n fwy clir beth yn union ydy ein bwriad a'n hamcanion.

Mae FLVC yn gweithio yn Sir Y Fflint - hynny ydy - trwy'r holl sir, o Ronant i Saltney ac o Wernymynydd i Gaergwrle. Mae hefyd yn cefnogi ac yn cynghori dros fil o fudiadau'r trydydd sector sy'n gweithio yn y sir. Rydym ni'n 'lleol' - hynny ydy rydym ni'n deall beth ydy safbwynt y bobl leol ac felly'n gallu eu cefnogi. Rydym ni hefyd yn cydweithio gyda Chynghorau Gwirfoddol Sirol eraill yng ngogledd-ddwyrain a gogledd-orllewin Cymru, gyda Chyngor Gweithredu Gwirfoddol Cymru a Llywodraeth Cymru er mwyn sicrhau bod unrhyw gyngor rydym ni'n ei roi yn berthnasol ac yn gywir.

Pan fydda' i'n meddwl am y gair 'Gwirfoddol' 'dw i'n gweld y miloedd o wirfoddolwyr sy'n rhoi o'u hamser i gefnogi eu mudiad trydydd sector eu hunain, yn ogystal â'n cefnogi ni! Mae eich amser chi'n werthfawr iawn ac mae ei angen o heddiw fwy nac erioed yn yr hinsawdd hon sy'n newid o hyd. Ac yna'r gair 'Cyngor' sydd yn y cyd-destun hwn yn golygu mudiad. Pan fydda' i'n meddwl am y gair hwn mi fydda' i'n meddwl am y gair 'Cymuned' - rydym ni'n bwriadu parhau i gefnogi holl fudiadau'r trydydd sector yn ein cymuned. Fe allwn ni wneud hyn trwy gydweithio â'n gilydd, er gwaethaf yr holl bwysau a'r diffyg arian sy'n ein hwynebu.

Gall FLVC roi cyngor ynglŷn â swyddogaeth y trydydd sector o ran gweithredu Deddf Llesiant Cenedlaethau'r Dyfodol. Rydym ni'n fudiad sy'n cynrychioli'r trydydd sector felly mae gennym ni le ar Fwrdd Gwasanaethau Lleol Sir Y Fflint. Wrth wneud unrhyw benderfyniadau mae angen i Gyrff Cyhoeddus wneud yn siŵr eu bod nhw'n ystyried yr effaith sydd ganddyn nhw ar y bobl sy'n byw yng Nghymru heddiw, ac yn y dyfodol.

Bydd disgwyl iddyn nhw wneud y canlynol:

- **Cydweithio'n well**
- **Cynnwys pobl o bob haen o'r gymdeithas**
- **Ystyried yr hir dymor yn ogystal â chanolbwyntio ar heddiw**
- **Dilyn camau i atal problemau rhag gwaethygu – neu eu rhwystro rhag digwydd yn y lle cyntaf**

Yn y dyfodol bydd cyfleoedd i'r trydydd sector yn sgil pasio'r Ddeddf Gofal Cymdeithasol a Llesiant a bydd mwy o bwyslais ar gefnogi cymunedau. Felly ein nod ydy cydweithio gyda a gweithio er lles mudiadau'r trydydd sector er mwyn iddyn nhw allu cynnig y gwasanaeth a'r gefnogaeth orau posibl.

Mae arnom ni eisiau bod yn agos at y bobl, ac yn hyn o beth byddwn ni'n parhau i gefnogi pobl wyneb yn wyneb fel Cyngor Gwirfoddol Sirol yn ogystal â chydnabod dylanwad Technoleg Ddigidol. Rydym ni'n ymwybodol bod yna lawer o grwpiau bregus sydd ddim yn defnyddio offer digidol. Mi fyddwn ni felly'n ceisio'u cefnogi nhw i ymdopi mewn byd sy'n symud yn gyflym lle mae dulliau cyfathrebu i'w gweld yn newid bron bob dydd.

Un o'r pethau rydym ni wedi bod yn ei wneud yn Sir Y Fflint ydy cefnogi'r broses o Drosglwyddo Asedau Cymunedol ar y cyd â Chyngor Sir Y Fflint. Dyma enghraifft dda o sut mae cydweithio'n effeithiol. Yn ddiweddar mae Llywodraeth Cymru wedi bod yn cynnal adolygiad o'r gefnogaeth sydd ar gael ar draws Cymru er mwyn diogelu gwasanaethau lleol drwy eu cynnig mewn ffyrdd amgen a mwy cynaladwy.

Mae FLVC yma i'ch cefnogi chi. Fe hoffem ni glywed eich barn felly – sut allwn ni weithio'n fwy effeithiol heddiw yn ogystal ag yn y dyfodol?

Marjorie Thomson
Cadeirydd FLVC

Ein nod ydy cydweithio gyda a gweithio er lles mudiadau'r trydydd sector ....

Yr Ymddiriedolwyr ers mis Ebrill 2015

Marjorie Thomson - Cadeirydd	Paul Hinchliffe - Is-gadeirydd
Michael J. Dixon	Wendy Carter
Y diweddar Tom Jones OBE	Clive Bracewell
Liz Holland	Barbara Roberts
Pip Perry MBE	John Hatton
Ole Constantine	Jane Styles
Tim Byram	Amanda Morgan

Y Staff yn eu swyddi ers mis Ebrill 2015

Alison Ussery	Gweinyddwr Dewis Cymru
Ann Woods	Prif Swyddog
Chris Ablett	Swyddog GwirVol
Chris Roberts	Hwylusydd Gofal Iechyd a Chymdeithasol
Emma Gough	Swyddog Datblygu Gwirfoddoli
Jane Hewson	Gweinyddwr Cyfathrebu
Jill Blandford	Swyddog Datblygu Gwirfoddoli (Step Up Step Out)
John Gray	Swyddog Gwybodaeth a Chyngor
June Brady	Swyddog Cyllido Allanol
Karen Peters	Gweinyddwr Gofal Iechyd a Chymdeithasol a Gweinyddwr CA
Kate Howard	Hwylusydd y Trydydd Sector (SPoA)
Kate Newman	Hwylusydd Gofal Iechyd a Chymdeithasol
Lesley Brown	Gweinyddwr Dewis Cymru
Lynne Rowlands	Swyddog Datblygu Gwirfoddoli
Lynze Rogers	Swyddog Trawsnewid Pwynt Cyswllt
Matt Weedall	Swyddog Datblygu Gwirfoddoli (Resilience)
Pam Bebbington	Cefnogi'r Gorlan
Rachael Partington	Gweinyddwr y Ganolfan Wirfoddoli
Shaun Darlington	Hwylusydd Busnes a Chyllid
Sheila Bacon	Cynorthwydd Cyllid

THE PRINTROOM

Irene Langford	Swyddog Datblygu Prosiect yr Ystafell Brintio
Rachael Partington	Ysgrifennydd Gweinyddol Prosiect
Barrie Potter	Ymgynghorydd Technegol

Cyngor Gwirfoddol Lleol Sir y Fflint
Rhif Cwmni Cyfyngedig drwy Warant 3301204
Rhif Cofrestru'r Elusen 1062644

Swyddfa Gofrestredig : CORLAN, Uned 3 Parc Busnes yr Wyddgrug, Ffordd Wrecsam, yr Wyddgrug, Sir y Fflint CH7 1XP
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Cyflwynwyd i Tom Jones, OBE, Ymddiriedolwr Sefydlu FLVC.

524

o unigolion wedi eu cyfweld gan y Ganolfan Gwirfoddoli

319

o grwpiau wedi helpu gydag ymholiadau yn glyn a chyllido

43,000

ymwelydd i'n gwefan

FLVC

Flintshire Local Voluntary Council
Cyngor Gwirfoddol Lleol Sir y Fflint

Adolgiad Blynyddol 2015/16

Dathlu Gwirfoddoli