

**VOLUNTARY  
VOICE**

**20 years!**

**FLVC**  
Flintshire Local Voluntary Council  
Cyngor Gwirfoddol Lleol Sir y Fflint

**Corlan**

**Happy Birthday to Us!  
1997 - 2017**

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YOU CAN BE PART OF  
THIS NEWSLETTER TOO !

If you would like to include  
an article in the next edition of  
**Voluntary Voice** then please forward  
your article to:

Jane Hewson, Communications  
Officer, Corlan, Mold Business Park,  
Wrexham Road, Mold, CH7 1XP  
Email : [info@flvc.org.uk](mailto:info@flvc.org.uk)  
Tel : 01352 744000

*Would you be happy to receive our Voluntary Voice newsletter electronically ?*

Our recent stakeholder survey indicated that over 80% of respondents would be happy to read this document online. We will soon be sending out an email to everyone on our database asking this question.

Printed copies will always be available, and we recognise the importance of hard copies, but if you would like to help us, to reduce costs, and the environment, and are happy to access this publication on line please can you contact Jane Hewson, Communications Officer, email [jane.hewson@flvc.org.uk](mailto:jane.hewson@flvc.org.uk)

## FLINTSHIRE LOCAL VOLUNTARY COUNCIL (FLVC)

### **Our Vision :**

FLVC's vision is of a strong, sustainable and effective voluntary and community sector, involving people and serving Flintshire people.

### **Our Mission :**

FLVC's mission is to support, develop and promote voluntary and community activity in Flintshire and to strengthen the capacity of voluntary and community groups to contribute to the quality of life of Flintshire people and communities.

## UPDATE FROM FLVC

Recent attendance at Flintshire's Public Service Board has focussed on the county's Well Being Assessment and how partners can maximise their effectiveness in meeting agreed well-being objectives. Working within the guidelines of the Well-being of Future Generations (Wales) Act 2015, this assessment will help us to focus our work to improve the environmental, social, economic and cultural well-being of Wales.

Sub-groups of the Public Service Board have focussed specifically of Strengthening Community Resilience and broadening the 'Single Point of Access' model to work with Families and Children through an Early Intervention Hub.

Regional work includes helping to develop a Social Value Forum for North Wales (as part of the requirements of the Social Services and Well Being Act. Work with our colleagues in Mantell Gwynedd (CVC for Gwynedd) will enable us to support Third Sector organisations to evidence in greater detail the full impact of voluntary and community activity. FLVC are also working with WCVA and Care Council for Wales to work with statutory partners to ensure they 'Make the Most of the Third Sector' in their commissioning strategies.

### **"FLVC are working towards an Investing in Volunteers Quality Standard"**

FLVC are working with WCVA and CVCs across Wales to review the Third Sector Support Wales (TSSW) Business Plan – how can TSSW best support the Sector? Please keep us informed about how regionally and nationally we can support your organisation more effectively.

We have been delighted with the response to our Generic Volunteer Induction Training. This 10-hour course provides volunteers from any organisation with an introduction to the principles, practice and responsibilities of volunteering. We cover key policies (Confidentiality, Equal Opportunities, Health and Safety, Safeguarding) and explore the role of

the volunteer and their supporting organisation in developing good practice. All participants have valued the course and given very positive feedback. Contact our volunteer centre for more details on 01352 744017.

FLVC are working towards an Investing in Volunteers Quality Standard. Investing in Volunteers (iV) is the UK quality standard for good practice in volunteer management. For more information about the standard and for support to initiate the process, please email Emma Gough on [emma.gough@flvc.org.uk](mailto:emma.gough@flvc.org.uk). (In addition to supporting the wider Third Sector, FLVC welcomes volunteers to help with administration and our various Supported Volunteer projects (run in collaboration Flintshire Mind, National Autistic Society Cymru and Flintshire Integrated Youth Services))

The Wales Audit Office has published their report into Local Authority funding of Third Sector organisations. Flintshire was one of the 6 local authority areas chosen as part of the review. The document can be accessed via:

<http://www.audit.wales/system/files/publications/Third-sector-funding-eng.pdf>.

And finally...

As you will see from this edition's front cover, 2017 marks FLVC's 20th Birthday. Keep your eyes peeled for celebratory events to come.

Best wishes,



Chief Officer  
01352 744028

[ann.woods@flvc.org.uk](mailto:ann.woods@flvc.org.uk)

# FUNDING

## FLINTSHIRE COMMUNITY CHEST

Applications are now being accepted from organisations that benefit people from Flintshire for a grant up to £1000 for the following initiatives:

- Minor capital projects for example, building repairs and updating internal fixtures and fittings.
- Community events.
- Equipment but not consumables.
- Publicity / marketing.
- Training and awareness events/courses.

Please contact June Brady for an application pack including full criteria and application form.

[june.brady@flvc.org.uk](mailto:june.brady@flvc.org.uk)

## AUSTIN AND HOPE PILKINGTON TRUST

The **Austin and Hope Pilkington Trust** has restructured its funding programme for 2017.

Charitable organisations can apply for funding which directly supports the theme selected by the Trustees for that year. The funding is intended to support organisations undertaking projects in a variety of fields and works on a three-year rotation system, with different fields of interests being funded each year.

The next rounds are -

- Music and the Arts. The application period is 1 - 31 April. Grants of £5,000 will be available for charities with operational income of minimum £1 million.
- Music and the Arts. The application period is 1 - 31 July. Grants of £1,000 will be available to charities with an operational income of minimum £50,000 and maximum £1 million.
- The Elderly. The application period is 1 September to 31 October. Grants of £5,000 will be available to charities with operational income of minimum £1 million.

Charities can only apply for one round per calendar year.

The Trust requests that applications are submitted as early as possible before the deadline so that the Trust has plenty of time to request any additional information if required.

Further details are available from: <https://austin-hope-pilkington.org.uk/> or email: [admin@austin-hope-pilkington.org.uk](mailto:admin@austin-hope-pilkington.org.uk)

## BBC CHILDREN IN NEED

### BBC Children in Need

is providing grants of over £10,000 to support projects for up to three years to not-for-profit organisations that work with children and young people of 18 years and under who are experiencing disadvantage through:

- Illness, distress, abuse of neglect.
- Any kind of disability.
- Behavioural or psychological difficulties.
- Living in poverty or situations of deprivation.

Organisations must be working to combat this disadvantage and to make a real difference to children and young people's lives.

There is no upper limit for Main Grants but very few grants over £120,000 (or £40,000 per year) are made and most grants are for much less.

Deadline dates in 2017 are: 1 June and 13 September.

Places are still available to speak directly to James Bird from Children in Need on 19th April at Flintshire Local Voluntary Council. To book your place please contact June Brady [june.brady@flvc.org.uk](mailto:june.brady@flvc.org.uk)

Further details are available from: <http://www.bbc.co.uk/programmes/articles/60DXIxYvbbtcTDm79Mjryj/main-grants-should-i-apply> or contact the Helpdesk on 0345 609 0015.

## BARCHESTER HEALTHCARE FOUNDATION

**Barchester Healthcare Foundation** is accepting applications from small community groups and small local groups helping adults aged over 18 with mental and physical disabilities, and older people aged over 65.

Barchester's Charitable Foundation is a registered charity based in London. It was created by Barchester Healthcare in 2000 to give something back to communities where the Barchester care homes operate.

The Foundation's priority is continued from 2016: connecting or re-connecting people with others in their local community.



Gyda chefnogaeth/Supported by

**BBC**

**Plant Mewn Angen  
Children in Need**

Applications that combat loneliness and enable people to be active and engaged will receive the highest priority throughout the year.

Grants of between £100 and £5,000 are available to groups in England, Scotland and Wales.

Applications can be submitted online at any time.

Further details are available from: <http://www.bhcfoundation.org.uk/who-we-fund> or contact 0800 328 3328, email: [info@bhcfoundation.org.uk](mailto:info@bhcfoundation.org.uk)

## WELSH GOVERNMENT INVITES NEW APPLICATIONS FOR RURAL COMMUNITY DEVELOPMENT FUND

A further Expression of Interest window opened in February 2017. Grants are primarily aimed at LEADER Local Action Groups and other community-based organisations.

The Rural Community Development Fund has been set up to enable for small-scale infrastructure projects to improve community cohesion in rural areas of Wales.

The Fund is intended to support:

- Improvement or expansion of local basic services.
- Community transport and connectivity.
- Renewable energy projects.
- Village renewal and public amenities.

For support towards drawing up development plans and protection and management plans, the maximum grant contribution will be no more than: 50% of eligible costs. A minimum limit of grant of £400 will apply.

For support for studies and investments for maintenance, restoration and upgrading of cultural and natural heritage, the maximum grant contribution will be no more than: 50% of eligible costs. A minimum limit of grant of £400 will apply.

For facilitating the supply and use of renewable sources of energy, of by-products, wastes and residues and of other non-food raw material the maximum grant contribution will be no more than 80% of the total eligible project costs. A minimum limit of grant of £2,400 will apply.

For small-scale infrastructure investments the maximum grant per project is £128,000 towards a total project cost of £160,000. A support rate of 80% of eligible costs will be provided.

Businesses, public and voluntary, community and social enterprise sector organisations in rural areas of Wales may be eligible to apply.

A new round has opened with applications invited via Expressions of Interest by 31 March 2017.

<http://gov.wales/topics/environmentcountryside/farmingandcountryside/cap/ruraldevelopment/wales-rural-development-programme-2014-2020/rural-community-development-fund/?lang=en>

## ESMÉE FAIRBAIRN FOUNDATION

10,000 young people aged over 16 leave care each year in the UK, a third before their 18th birthday, compared to the general population where 50 per cent are still living with their parents at 24. A half of care-leavers believe they are made to do so too early and say they receive very poor preparation and support for the challenges of adult life.

In response to this, the Esmée Fairbairn Foundation will spend over £2 million a year for at least five years to support young people leaving care to sustain healthy relationships and to receive more consistent and high quality support from the state.

The aim is to:

- Ensure care leavers are more easily able to form healthy relationships that help them make a successful transition to adulthood.
- Ensure young people leaving care receive a consistently high standard of statutory support that has been informed by their views.

Applications can be submitted at any time.

Further details are available from: <http://esmeefairbairn.org.uk/what-we-fund/young-people-leaving-care> or contact 020 7812 3700, email: [info@esmeefairbairn.org.uk](mailto:info@esmeefairbairn.org.uk)

# EVENTS & TRAINING

## NORTH WALES CHRONIC PAIN SUPPORT GROUP

### Helping People living with Chronic Pain

Launch on Monday 3rd April 12.30pm at Holywell Community Hospital.

- Do you or a loved one suffer from or are affected by Chronic Pain?
- Would you like to meet other people, in a friendly, confidential and supportive setting with those who understand.

If so let us know and come along.

The support group meets on Thursday 6th April then every 1st Thursday of the month at 6.30pm held at the large hall in Parkfields Community Centre, Ash Grove, Mold, CH7 1TB (just in front of Mold Community Hospital) or come along to Holywell Community Hospital on Monday 8th May 12.30pm then the meetings will be in the seminar room by the front door on first Monday of each month.

We will be having interesting talks on self-help.

Light refreshments are available. A warm welcome awaits you.

For more information contact Angela email [nwcpsg@gmail.com](mailto:nwcpsg@gmail.com) 01352 756565



CLWYD SPECIAL  
RIDING CENTRE  
IS  
**COLLECTING**  
**STAMPS**

IF YOU HAVE STAMPS  
YOU WOULD LIKE TO  
DONATE PLEASE DROP  
THEM OFF AT CSRC OR  
POST THEM TO:  
Clwyd Special Riding  
Centre, Llanfynydd,  
Flintshire, LL11 5HN

## NATIONAL AUTISTIC SOCIETY

“In 22 years only one person has offered to help. Most stare and make comments.”

It's time to get involved so that we can help prevent experiences like these. Money raised from World Autism Awareness Week (27 March – 2 April) will go towards funding vital campaigns, like Too Much Information, which is helping the public to understand autism, the person and what to do. Together, we can turn autism awareness into autism understanding.

Anything can be turned into a fundraising event, even a sponsored hula hoop or Jengathon!

Visit <http://bit.ly/WAAW2017F> to get your free fundraising guide.

# EVENTS & TRAINING

## ACCREDITED INDUCTION COURSES AVAILABLE FOR YOUR VOLUNTEERS

FLVC are offering the following 2 Volunteer Induction Courses for volunteers/potential volunteers linked to organisations based in Flintshire.

### Course Title: Induction for Volunteers

Level: Entry Level 2 - Credit Value: 2

Day Course : 19th & 23rd June 9.30-3.30

Evening Course : 10th, 17th and 24th May 6.00-9.00

Number of hours: 10 (over two days or three evenings)

Cost per participant: From FREE to £80

(dependent on your organisation's income threshold)

The Course is accredited with WEA Cymru (2 credits at Entry Level 2) and includes general aspects of

- Health and Safety
- Equal Opportunities
- Confidentiality
- Boundaries
- Support and Supervision of Volunteers
- Basics of Safeguarding (very brief introduction)



The course can be adapted to explore the Volunteering roles within the organisations represented by the attendees – (Organisations are asked to share their Volunteer Role Descriptions with FLVC prior to the course).

The course is delivered in a structured, but informal manner and participants are offered the opportunity to complete a short portfolio of evidence to submit for Accreditation of their work (optional) Participants will be supported by the FLVC Volunteer Centre staff team throughout the course.

For more information please contact: Jane Hewson, Communications Officer, FLVC Tel: 01352 744030 [info@flvc.org.uk](mailto:info@flvc.org.uk)

## OTHER COURSES ORGANISED BY FLVC

### All Wales Basic Safeguarding Awareness Course

27th April 2017

Cost £30 non-members / £20 members

### Makaton Beginners Workshop

11th & 18th May 2017

Cost £60 non-members / £40 members

### Strategic Development Workshop

13th July 2017

Cost FREE

For further information or to book onto a course please email Jane Hewson, Communications Officer – FLVC on : [jane.hewson@flvc.org.uk](mailto:jane.hewson@flvc.org.uk)

## PQASSO – QUALITY ASSURANCE IN THIRD SECTOR ORGANISATIONS

Do you want to strengthen governance, deliver better services for users, improve operating practices and better demonstrate outcomes in your third sector organisation?

It is increasingly important for third sector organisations in Wales to demonstrate their performance, effectiveness and impact to funders, commissioners, users and other stakeholders.

**PQASSO** helps third sector organisations take a systematic look at what they do, identify areas where they are doing well and not so well, and decide exactly where improvements are needed.

**PQASSO** covers all aspects of an organisation's work including governance, planning, leadership and management, managing people, managing money and outcomes and impact. Once an organisation has implemented **PQASSO** it can apply for the **PQASSO** Quality Mark, the external accreditation for **PQASSO**, which shows that the organisation has achieved the **PQASSO** quality standard at a particular level.

Find out more about **PQASSO** and the **PQASSO** Quality Mark.

### **PQASSO** Essentials Pilot

Whilst **PQASSO's** flexibility means it can be, and is, used by all types and sizes of third sector organisations, we also know that particularly **small third sector groups and organisations sometimes** need



a step before **PQASSO** to help them review how well their group or organisation is doing and how it can develop and strengthen.

**PQASSO** Essentials is intended to do just that.

**PQASSO** Essentials is intended to help smaller, third sector groups and organisations that:

- May never have reviewed their whole group or organisation and that want to do a basic 'health check' to know which areas they need to develop and strengthen
- Want to start to introduce and embed quality and continuous improvement in their work
- Need a framework to support the development of their group or organisation, and
- Want to be more effective and efficient in how they work.

Find out more about the **PQASSO** Essentials pilot and register to take part.

To find out more about **PQASSO** and **PQASSO** developments in Wales please contact Heledd Kirkbride, **PQASSO** Engagement Officer at [heledd.kirkbride@ncvo.org.uk](mailto:heledd.kirkbride@ncvo.org.uk) or 07890 637865 | 029 2043 1716.

## MENTRAU IAITH SIR Y FFLINT

Try something new in Welsh with Blas ar Bopeth

Do something new in Welsh! That's the message behind the 'Blas ar Bopeth' project, run by Menter Iaith Sir y Fflint. What about learning a new language, or a new skill or craft? Over the coming months Menter Iaith Sir y Fflint will be hosting a series of community workshops, including cooking with Caffi Florence, making jewellery with Gaenor Roberts from TLWS jewellers and learning Spanish or German. The courses will all be taught in Welsh, but learners are invited to come along and practise their Welsh in a fun, informal setting.

Rebecca Roberts, Welsh Language and Heritage Officer for Menter Iaith Sir y Fflint said, 'Blas ar Bopeth is a great opportunity to socialise in Welsh and to try your hand at something new. The Menter is pleased that we can offer learners of all ages a chance to develop skills – it's an especially valuable opportunity to use Welsh outside of a formal classroom setting, and to get to know your local Welsh-speaking community.'

All courses are free but places are limited. Reserve your place by e-mailing [rebecca@misyff.co.uk](mailto:rebecca@misyff.co.uk) or by phoning 01352 744042.

<http://www.mentrauiath-gogledd.com/fflint/prosiectau.html>



# VOLUNTEERING

Well done to Kyle Astbury and Jamie O'Connor for receiving Millennium Volunteer Awards.



Jamie has received his 50 hour certificate, and Kyle his 50 and 100 hour certificates. They both were awarded these for volunteering with the War Memorial Institute and Barnardo's Charity Shop.

They hopefully will go on to work towards their 200 hours certificates now.

Cleveland W Jones receiving his AGM Celebration of Volunteering award at Buckley Train Station.



Over the years Cleveland has got to know the train drivers as they go past him. Here he is with Arriva driver, Dave Nixon, FLVC's Chris Ablett and Councillor Richard Jones.

Cleveland volunteers on the train station nearly every day making the space look inviting for visitors and a welcoming place to be. Cleveland is a dedicated part of Arriva's "Adopt a Station" scheme where he is regularly in touch with Arriva.

# MONEY MATTERS

## NATIONAL MINIMUM WAGE AND NATIONAL LIVING WAGE RATES

YEAR	25 +	21 - 24	18 - 20	< 18	APPRENTICE
2017	£7.50	£7.05	£5.60	£4.05	£3.50
2016	£7.20	£6.95	£5.55	£4.00	£3.40

**NEW NATIONAL LIVING AND MINIMUM WAGE RATES FROM APRIL 1ST.**

## THE PRINTROOM Quality printing for everyone SPRING MADNESS?

GET READY TO ADVERTISE YOUR SPRING EVENTS and take advantage of our EXTRA 10% DISCOUNT on all A5 flyers and A4 posters you have printed during April 2017. Yes, this is in addition to the current 10% members of FLVC currently enjoy on their printing throughout the year!

This means you could have 1,000 A5 flyers for as little as £30! Don't forget our very popular scrim vinyl banners still a bargain at £36 for a 6ft x 2ft banner.

We also have some new products to offer -

beautiful wipe clean menus for your community cafe, and why not transfer your treasured photos onto canvas. Just call in for a chat and some samples.

Why not make The Printroom your first port of call?!

For more information and quotes, please contact us on **01352 744031** or email [theprintroom@flvc.org.uk](mailto:theprintroom@flvc.org.uk)