

VOLUNTARY VOICE

FLVC
Flintshire Local Voluntary Council
Cyngor Gwirfoddol Lleol Sir y Fflint



Issue 01 - 2016
www.flvc.org.uk

Charity No 1062644
Company Limited by Guarantee No 3301204

IN THIS ISSUE

- 2** In This Issue / About FLVC
- 3** Notes From Ann / What's New at FLVC?
- 4** Funding
- 6** Events & Training
- 8** Volunteering
- 10** Awards
- 11** For Info
- 13** Dates for Diary
- 14** Community
- 15** Money Matters
- 16** The Printroom / And Finally...

YOU CAN BE
PART OF THIS
NEWSLETTER TOO !

If you would like to include an article in the next edition of Voluntary Voice then please forward your article to :

Jane Hewson,
Communications Officer,
Corlan, Mold Business Park,
Wrexham Road, Mold
CH7 1XP
Email : info@flvc.org.uk
Tel : 01352 744000

FLINTSHIRE LOCAL VOLUNTARY COUNCIL

Our Vision :

FLVC's vision is of a strong, sustainable and effective voluntary and community sector, involving people and serving Flintshire people.

Our Mission :

FLVC's mission is to support, develop and promote voluntary and community activity in Flintshire and to strengthen the capacity of voluntary and community groups to contribute to the quality of life of Flintshire people and communities.

NOTES FROM ANN

Dear Welsh Government,

I write to you to challenge the proposed cuts to core County Voluntary Council Funding for 2016/17 through the Welsh Government's Third Sector Infrastructure Agreement.

Flintshire Local Voluntary Council is working closely with partners in the Local Authority and Health and Third Sector colleagues to meet the aims of the Social Services and Well Being Act 2014, engaging individuals and communities in seeking and developing more independent approaches to public service delivery and support needs.

At a time when the engagement of volunteers and community groups is most needed, such cuts to ground level support services are counter-productive. Without the protection of our core services, our ability to facilitate and support the more holistic, user-led preventative and cost effective support and services that the Third Sector delivers is devastatingly compromised.

As the Welsh Government is requesting commitment from the Third Sector to explore Alternative Delivery Models for crucial public services, the foundations that exist to develop quality Third Sector services are being decimated.

As an organisation we have developed good relationships with our Local Authority and Health Board partners, offering support to help statutory services to meet the needs of Flintshire residents in a more effective, and cost-effective way. As our core structure becomes more fragile, sadly, our ability to help to enable a change to a more engaged, less dependent society constantly erodes, putting ever increasing pressure back on to statutory services.

Your assistance in challenging this funding strategy would be greatly appreciated.

Regards



Chief Officer

01352 744028

ann.woods@flvc.org.uk

WHAT'S NEW AT FLVC ?

We would like to introduce ourselves. We are a new team called "Resilience" We have been set up to support young people between the ages of 16-25 in Flintshire, who are not currently in Education, Employment or training.

We offer a bespoke package to engage young people and provide a safe learning environment for their first steps into the world of higher education or employment.

We take referrals from other agencies, parents or young people. We meet the young people in their home environment and work to re-engage them into group situations, building on achievements and supporting any setbacks until the young person is able to work independently towards his or her own goals.

For further information or a referral form please feel free to contact any members of the team by telephone or email number below:-

Lisa Roberts NEET Co-ordinator
Rhian Pavitt NEET Keyworker
Anne Lamb NEET Keyworker
Vicky Hunt NEET Keyworker
Matt Weedall NEET Volunteer Co-ordinator



Mob 07920541546 Email resilienceteam@flintshire.gov.uk

FUNDING

FOCUS ON WELSH COUNCIL FOR VOLUNTARY ACTION FUNDING

THE ACTIVE INCLUSION FUND

The Active Inclusion fund is managed by Wales Council for Voluntary Action (WCVA) supported by funding from European Structural Funds. It aims to reduce economic inactivity in Wales and improve the employability of disadvantaged people furthest from the labour market.

WCVA, as an Intermediate Body acting on behalf of the Welsh European Funding Office (WEFO), will offer the following areas of funding covering:

- West Wales and the Valleys for over 25s
- East Wales for over 25s

WCVA are also hoping that the following areas of funding will be available shortly:

- West Wales and the Valleys for 16-24s
- East Wales for 16-24s

The fund will work with those who are designated long term unemployed or economically inactive and have complex barriers to employment. Further details can be found in the information sheets which can be downloaded from the 'More Information' section on the right of this page.

Active Inclusion will be delivered through two complementary strands:

Strand 1: Include

Strand 1 activity will focus on engaging those participants furthest from the labour market and will act as a 'first step' in the participants' journey to employment. It will include a

vast range of activities such as basic skills training, volunteering, money management and social skills.

Strand 2: Achieve

Strand 2 will offer paid supported employment opportunities for up to 26 weeks and 35 hours per week. Participants will be paid at least the National Minimum Wage. Activities will include essential skills training, actual work experience, financial management training, and job search.



How much money can Active Inclusion invest in organisations?

Grants will be offered at the following levels:

- Level 1 will offer project grants of up to £25,000 (Strand 1 only)
- Level 2 will offer project grants of between £25,001-£75,000
- Level 3 will offer project grants of between £75,001 - £150,000
- Level 4 will offer project grants of £150,001 - £400,000 (Strand 2 only)

Match funding will be required and will be specified in each grant specification.

For further information please contact WCVA Helpdesk on 0800 2888 329 or email: cif@wcva.org.uk

SOCIAL INVESTMENT

Social investment is helping the third sector grow by providing access to loan finance not available commercially.

Through WCVA, third sector organisations can access between £1,000 and £5 million - and almost £5 million in finance has already been invested in organisations all over Wales.

WCVA have invested in organisations that are expanding their income-generating activities, their range of services and also organisations that have struggled to attract grant funding for new projects.

WCVA's social investment portfolio includes the following options :

MICRO BUSINESS LOAN FUND

- Partnership with Finance Wales, Credit Unions and Coalfields Regeneration Trust
- All Wales
- Loan size £1,000 to £50,000
- Maximum term 5 years
- Interest rate 10%
- Fee £200



COMMUNITIES INVESTMENT FUND

- Loan size £20,000 to £250,000
- Maximum term 25 years
- Interest rate around 7.5%

PROPERTY LOAN FUND

- Partnership with Unity Trust Bank
- All Wales
- Loan size £250,000 to £5 million
- Maximum term 30 years
- Interest rate currently around 4.5%
- 1.5% fee
- 75% loan to value

If you are interested in WCVA's social investment options, contact Matt Brown or Alun Jones for a preliminary discussion through the WCVA Helpdesk on 0800 2888 329 or email:

cif@wcva.org.uk

RUGBY WORLD CUP LEGACY GRANTS SCHEME 2016

Trustees of the Millennium Stadium Charitable Trust have decided to celebrate the success of the 2015 Rugby World Cup by creating a one off grant scheme called The MSCT World Cup Legacy Grants Scheme in SPORT.

Projects must only be for capital or equipment and must leave a legacy. The organisation applying does not necessarily need to be a sporting organisation but the project must be a sports project requiring capital / equipment funding.

A maximum grant of £5,000 is available to both local and regional projects.

The Grant Scheme will be open until 11th April 2016



EVENTS & TRAINING

JOBS, SKILLS & TRAINING EVENT

Communities First in partnership with Job Centre Plus and Careers Wales have organised a Jobs, Skills & Training Event. The Event will give an excellent opportunity to promote your services and any upcoming Volunteering/Employment opportunities.

Thursday 14th April 2016

10.00am – 3.00pm

Civic Hall, Connah's Quay

For further information or to reserve a stand at the Event for your organisation, please contact Nia Parry 01352 703024 or Kate Thew 01244 846090.



Llywodraeth Cymru
Welsh Government



HERITAGE LOTTERY FUND 1-2-1 FUNDING MEETINGS

At the Heritage Lottery Fund (HLF) we know that some community and voluntary groups are nervous of filling in grant application forms. This is why we offer a one-to-one advice service where you can meet officer's and talk through your project and the process of applying for a grant.

We fund heritage projects but that doesn't just mean old buildings. It can also include history and heritage reflected through communities, people's memories and stories and working with young people to explore ideas of identity and place.

Julie Hughes, Development Officer at HLF, will be available between 9.30 and 16.30 at the FLVC Offices, Mold, on Tuesday 19th April 2016

Flintshire is a Priority Development Area for the HLF. This means that we are keen to receive more grant applications from the area and help create opportunities for new heritage projects.



If you would like to book a meeting, please contact the Development Team on 02920 343413 or Wales@hlf.org.uk by Tuesday 12th April 2016. In order to make the most of the meeting, you will be required to register on our website and complete a Project Enquiry Form before a meeting can be confirmed.

EVENTS & TRAINING

COURSES ORGANISED BY FLVC



2016

18 April..... First Aid for Adults

9 May First Aid for Babies and Children

20 Sept..... First Aid for Adults

For further information or to book on to any of these courses please email Jane Hewson, Communications Officer - FLVC on:

jane.hewson@flvc.org.uk



VOLUNTEER ORGANISERS' NETWORK MEETING

- Are you involved with a Third Sector organisation based in Flintshire?
- Would you like to meet representatives from other organisations to share learning/good practice?

Next event :

Thursday 19th May 2016 9.30am to 12 Noon CORLAN in Mold

Please contact Jane Hewson at FLVC to confirm your attendance and to note any dietary requirements. Spaces are limited so booking is essential.

Tel 01352 744030 jane.hewson@flvc.org.uk

VOLUNTEERING

VOLUNTEERING WALES WEBSITE

The Volunteering Wales website will give you information and advice about getting involved in volunteering. You may be thinking about volunteering for the first time, you might have volunteered before and be looking to broaden your experiences or perhaps you work for

an organisation that is involving volunteers.

On the pages you will find tips and guidance about volunteering and what it could mean for you, get an idea of the wide range of choices available and find out how to get started.

You can search online for volunteering

opportunities in your geographical area or be put in touch with your local volunteer centre whose friendly team will give you support and advice about your local community.

<http://www.volunteering-wales.net/volunteering/>



GET SET EVENT

The GET SET event was organised by Next Steps and Flintshire Volunteer Centre, to provide people with information and advice to kick start the New year. The event was held on 22nd January at Mold Methodist Church. Local organisations shared information & Deeside College offered relaxing hand treatments and facials. Our workshops this year included a Nature and Sensory Connections workshop (run by North East Wales Wildlife), 'Relaxation Techniques' as well as 'Cooking Healthy Food on a Budget' workshop. Over 70 people attended and enjoyed the afternoon, as well as the tea & cake!



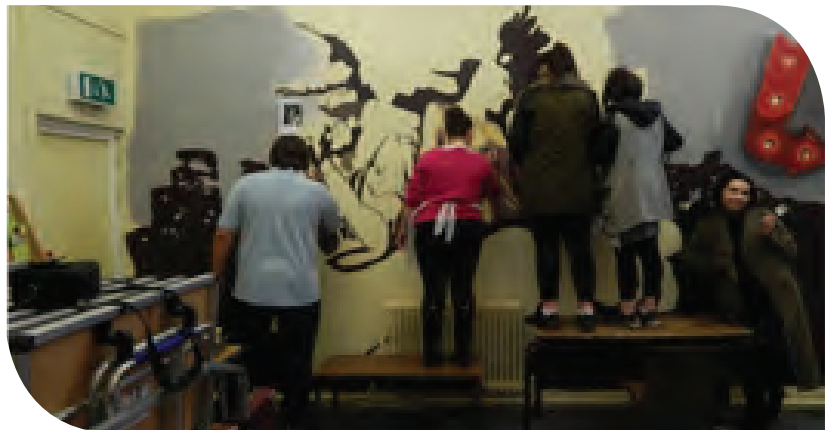
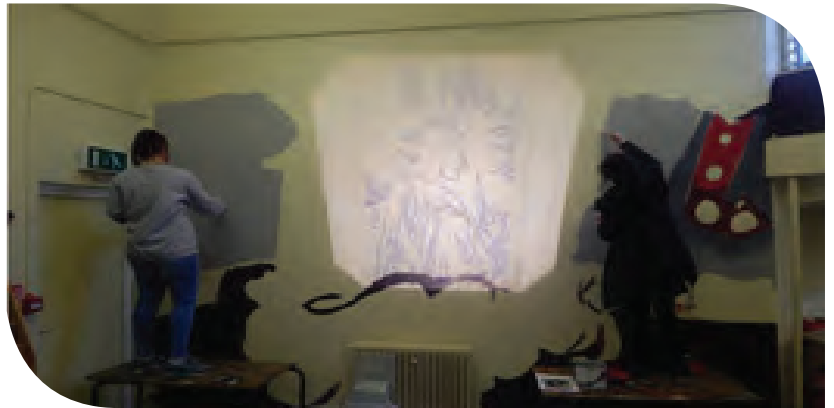
VOLUNTEERING STREET ART AT MOLD

The young people from the Resilience project have been working on a mural in Mold.

Resilience is a youth work / volunteering project to build confidence, learning and work based skills.

The photos show their progress so far. Seven young people from the local area have been part of the planning, drawing out and painting of the large mural at the Glanrafon Centre.

For further details on the project please contact Matt Weedall on 01352 744014.



AWARDS

COMMUNITY ACTION AWARD WINNERS

North Wales Energy Advice Centre (NWEAC), and their project partners Flintshire County Council, are celebrating after their Affordable Warmth project was named Community Action Award Winner.

The Community Action Awards, which are run by national fuel poverty charity NEA in partnership with the Department of Energy and Climate Change (DECC) and British Gas, recognise excellence and innovation in tackling fuel poverty and improving energy efficiency amongst vulnerable households.

A third of the population in Wales are believed to be living in fuel poverty. Of the approximate 63,781 (2011 Census) households in Flintshire, as many as 21,048 households may be struggling to pay their fuel bills. North Wales Energy Advice Centre are helping to tackle this by providing 'free and impartial' guidance and support on all

aspects of energy use within the home. This may include a full, in-home assessment to identify energy savings, find the best tariff and help to switch supplier. If the household is in fuel debt, negotiate with the energy company to reduce the debt, and help budget for future bills. Where grants are available to implement energy measures such as a new boiler, help with grant applications and/or access crisis funding if the household is living in fuel poverty, or deemed vulnerable and in need.

NWEAC are absolutely thrilled to receive this award, and celebrated earlier this month with a ceremony at the Gronant Institute. The prize fund of £1,500, will be used to kick

start a new Community Hub project designed to reach out to over 3,200 properties within Rural North Flintshire. Rural communities, for a variety of reasons are often disproportionately affected by fuel poverty. Via a combination of mail shots and community engagement events, the project aims to raise awareness of, access to and take-up of vital services. Feedback received will help identify need, gaps in provision, and in turn help influence the direction of this and future projects.

If you would like to know more, or if you think NWEAC can be of any assistance to you, please contact Steve Woosey at NWEAC on 01352 876 040 or steve@nweac.org.uk



(From left to right) Cllr Kevin Jones, Cabinet Member for Waste Strategy, Public Protection and Leisure at Flintshire County Council, Christine Tate, Head of Corporate Responsibility, British Gas, Steve Woosey, Operations Manager at North Wales Energy Advice Centre, Carole Morgan-Jones, Director of NEA Cymru and David Hanson, Member of Parliament for Delyn at the event in Gronant.

WHAT'S HAPPENING FOR YOUNG PEOPLE IN FLINTSHIRE BLOG

Check out the What's Happening Flintshire blog!

The blog currently contains everything from art to photography to volunteering to cookery. All content relates to things that young people are doing in the county of Flintshire.

The blog is located at: <http://whatshappeningflintshire.blogspot.co.uk/>

If you have any ideas for the blog, please drop us an email at: young.persons.flvc@gmail.com

with a subject heading of: "WHF Blog Post"

THE THIRD SECTOR DOCTOR PROJECT

The **THIRD SECTOR DOCTOR** Project is a Big Lottery funded initiative which supports third sector (voluntary, charitable and community) organisations with their governance and operational policies and procedures, enabling them to become more resilient and self-reliant.

The TSD Project has recruited a team of specialist volunteer mentors with a wealth of knowledge, who are able to use their personal experiences to support organisations with specific situations. This is a bespoke service as every organisation has different needs. TSD staff will conduct an initial organisational health-check, which will highlight strong and best practice, along with areas for development, identified in an action plan. As part of this, a mentor would then be able to provide specialist support.

Topics covered by our service, but not limited to, are:

- Governance
- Business planning & cash flow forecasting
- Crisis intervention
- HR support
- Fund raising, bid writing and contract tendering

- Compliance
- Project management
- Marketing
- Risk assessment
- Change management
- Information Technology

We can meet with project managers and/or boards of trustees either on a one to one basis or as groups to provide bespoke information or deliver informed presentations.

This is a free service for organisations in the voluntary and charitable third sector that are located and operate in the Flintshire and Wrexham areas. All our staff and mentors are friendly, professional and approachable. We can visit you on site or arrange an appointment at either our Mold or Wrexham offices. All information is confidential and subject to our strict code of data protection.

For further details please contact: Kate Harcus or David Foulds on 01978 312556 or email tsd@avow.org



FOR INFO

FLINTSHIRE COMMUNITY CHEST UPDATE

Citizens Advice Flintshire (CAF) recently received a Flintshire County Council Community Chest grant of £1000 towards the upgrading of their website which will now enable people in Flintshire to access the CAF services digitally. The new website is being developed to enable them to help more people living in Flintshire by addressing the needs of those people who often need urgent advice on debt, fuel poverty, advice on energy efficiency, welfare benefits, discrimination or other areas affecting people's quality of life.

The new website will enable users to access a more responsive site allowing the user to browse via smartphones and tablet PC's. As more people are using the services of the CAF, they are wanting to ensure that their services are accessible to all. The inclusion of email and webchat will enable new enquiries to come from people in full-

time employment working traditional office hours, disabled people, carers and other groups who currently find it difficult to access the CAF services.

Alongside grants from Western Link, the Westernlink Partners, National Grid and Scottish Power Transmission, the projects construction partners Siemens and Prysmain and The Williams Family Foundation it is hoped that the site will go live later in the year.

For further information tel 01352 706841



At a final grants panel for the period 2015/16 awards totalling £4205 were distributed between 8 local voluntary organisations.

The following groups were successful :

Penyffordd & Penymynydd Bowling Club	£300 for equipment
Eye2Eye	£310 for community events
Caerwys Agricultural Show	£331 for publicity & marketing
1 st Bistre Scout Group	£1000 for minibus trailer training
Flintshare	£130 for fencing
North East Wales Heritage Forum	£500 event funding
1 st Kinnerton Scout Group	£634 for camping equipment
Tandem Cymru	£1000 for community events

The Community Chest is a grant scheme funded by Flintshire County Council and administered by FLVC to support community activity in Flintshire.

To check eligibility and to request an application pack, please contact :
June Brady at june.brady@flvc.org.uk

HOME LIFE - A CONFERENCE AIMED AT PRACTITIONERS WORKING WITH CHILDREN AND FAMILIES

Play Wales Chwarae Cymru are pleased to invite you to a North Wales conference aimed at improving the home lives of children and their families through an increased understanding and experience of play. The conference will focus on ways in which we might create the conditions for more playful parenting and identify ways of better supporting parents to improve opportunities for playing.

Date : Friday 22nd April OR Saturday 23rd April 2016

Venue : Conwy Business Centre, Llandudno



We have all played and as such we know that in some way it contributed significantly to make us the people we are today. Playing helped us consolidate that which we were taught, play helped compliment that which we were developing, play exposed us to new experiences and was the way we worked through ones we found difficult. Play was the way we built attachments with people and places. Most significantly, through playing, we developed social and emotional intelligence, self-regulation, engaged cognitively and creatively with the world around us and it was fun, motivating and rewarding.

This conference will explore attitudes and approaches to childhood, consider issues around child development and explore notions of play, its role and function. We will identify some of the competing demands and issues that negatively impact on the conditions that could support a more playful home life and ways in

which those demands might be re-balanced.

In February 2013 United Nations Committee on the Rights of the Child published General Comment 17 clarifying the right children have to play, what is meant by the term play and demonstrating the complexities and both immediate and longer term benefits of play. Most worryingly, it presented a comprehensive discussion of a range of competing demands negatively influencing how play is viewed, provided and in turn experienced by children. In July 2014 the Welsh Government introduced a statutory duty on local authorities to secure sufficient play opportunities for children living in their areas. This duty is concerned with increasing and protecting the time, space and permission children have to play throughout all aspects of their lives. As such it is of significant importance that the home, where children

spend the most significant amount of their daily lives and those that support home and family life are appreciative of the nature and benefits of play and are capable of creating the conditions to support it.

This is a free conference and lunch will be provided, however places are initially limited to 15 per county and will be allocated on a first come, first served basis.

To book your FREE place visit www.playwales.org/events This is a ONE day conference, this conference will run on Friday or Saturday to enable practitioners and parents to attend at the weekend if it is more convenient, attendance is only necessary on one day.

Please contact the Family Information Service on 01352 703500 if you require any further information.

COMMUNITY

THE OLD COURT HOUSE WINS HERITAGE LOTTERY FUND SUPPORT

The Old Court House café in Flint has been awarded a Heritage Lottery Fund grant which has been supported by Flintshire County Council, to provide a wide range of community activities linked with the history of the town.

The property, in Church Street, which is the oldest building in the Flint, except for the Castle, has been developed as a high-end coffee shop and community hub by the Pennaf Housing Group.

The development is a partnership initiative supported by the Flint Townscape Heritage Initiative (THI) – a partnership funded by the Heritage Lottery Fund, CADW, Flint Town Council and Flintshire County Council - and the Heritage Lottery Fund this week announced a £48,200 grant to create a community heritage hub within the building. The grant includes a £7,000 contribution from Flintshire County Council.

“We are absolutely delighted at the grant, which will enable us to progress with a whole range of activities,” said Paul Moore, Social Enterprise Officer with Pennaf.

“We will be training staff in the historical aspects of the site and will then work with pupils from Ysgol Gwynedd to create a timeline of the history of the town.

“We’ll be able to recruit volunteers of all ages to join us in this vital work, making sure that the Old Court House becomes a central hub, celebrating the whole area. Telling the story of the Old Court House really is something that will involve people across the generations,” said Paul who added that the grant will enable a drama specialist and

community support officer to work on the initiative.

“The interpretation centre at the Old Court House will be fully bilingual and as well as the timeline display panels and activity sheets, we will also engage a heritage consultant and storyteller to work with volunteers at the Urdd Eisteddfod in Flint next year.”

For further information on the Old Court House contact Pennaf Housing group on 01745 536914



GROUNDWORK OFFER FREE GREEN DOCTOR SERVICE

If you work with families or individuals in Wrexham and Flintshire who are finding it difficult to keep warm, we can help. We are offering a free Green Doctor service to households where they can receive free advice, have free draught proofing installed and get help saving money on their energy bills. Call Groundwork on 01978 757524 for further info.



It's a cracking April ...



CHARITY COMMISSION

- Campaign to launch in January targeting charities in default.
- Filing accounts is key to transparency and public trust in charities.

Despite all charities with income over £25,000 being required to submit accounts, thousands are in default. Excuses received by the commission include: "I don't have access to the internet" [sent via email], "I'm not involved with this charity's requirements, I am a trustee"; and "I already did it...last year".

Employment Allowance up to £3000

Increase in the National Insurance contributions (NICs) employment allowance from £2000 to £3000. From April 2014, every business, charity and community amateur sports club has been entitled to an annual 'employment allowance' to reduce their liability for Class 1 secondary NICs – payable on earnings over £8112pa/£156pw.

And Apprentice NIC reductions too

Similarly from April 2016 employers of apprentices under the age of 25 will no longer be required to pay secondary Class 1 (employer) NICs on earnings up to the Upper Earnings Limit, for those employees.

Living wage!!!!

From April 2016, the Government will introduce a new mandatory National Living Wage (NLW) for workers aged 25 and above, initially set at £7.20 – a rise of 50p relative to the current National Minimum Wage (NMW) rate. That's a £910 per annum increase in earnings for a full-time worker (35hrs) on the current NMW.

Charity Commission

- Nearly one-third of charities' accounts filed of 'unacceptable quality'.

Flintshire County Council – Withdrawal of Discretionary Rate Relief

FCC has recently launched a review of this Non Domestic Rate (NDR) relief which threatens to remove up



to 100% of the current rate relief. Although Charities and CASCs, plus Village Halls and similar, will maintain their 80% Mandatory relief as it is funded centrally. This may, however, make a big difference to the not for profit organisations such as sporting clubs, societies or other organisations who use premises for the purpose of recreational or social welfare. You can check your potential bill by finding the rateable value from the Valuation Office Agency www.voa.gov.uk then multiplying it by the so called annual 'multiplier' which is currently 48.6 for 2016/17 per £.



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GET READY TO ADVERTISE YOUR SPRING EVENTS and take advantage of our EXTRA 15% DISCOUNT on all A5 flyers and A4 posters you have printed during April 2016. Yes, this is *in addition* to the current 10% members of FLVC currently enjoy on their printing throughout the year!

This means you could have 1,000 A5 flyers for as little as £30! Don't forget our very popular scrim vinyl banners still a bargain at £36 for a 6ft x 2ft banner.

We also have some new products to offer - beautiful wipe clean menus for your community cafe, and why not transfer your treasured photos onto canvas. Just call in for a chat and some samples.

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FLVC Supporting Promoting Developing

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FLVC Supporting Promoting Developing

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Supporting
Promoting
Developing

For more information and quotes, please contact us on
01352 744031 or email theprintroom@flvc.org.uk

AND FINALLY...

Good luck to Lynze Rogers (former Third Sector Coordinator SPoA) in her new role with Prime Cymru, and welcome to David Foulds who will be working with the Third Sector Doctor Project. Welcome also to Ali Ussery and Lesley Brown, new Development Officers for SPoA North Wales.

As a final point FLVC would like to congratulate Vicky Holberry (Third Sector Doctor Coordinator) on the birth of her beautiful baby, Holly.

LLAIS GWIRFODDOL

FLVC

Flintshire Local Voluntary Council
Cyngor Gwirfoddol Lleol Sir y Fflint



YN Y RHIFYN HWN

- 2 Yn y Rhifyn Hwn / Am FLVC
- 3 Nodiadau gan Ann / Beth Sy'n Newydd yn FLVC?
- 4 Ariannu
- 6 Digwyddiadau a Hyfforddiant
- 8 Gwirfoddoli
- 10 Gwobrau
- 11 Er Gwybodaeth
- 13 Dyddiadau i'r Dyddiadur
- 14 Y Gymuned
- 15 Materion Ariannol
- 16 The Printroom / Ac yn Olaf

GALLWCH
FOD YN RHAN O'R
CYLCHLYTHYR HEFYD !

Os hoffech gyfrannu
erthygl i rifyn nesaf Llais
Gwirfoddol yna ebostiwch
eich erthygl atom :

Jane Hewson, Swyddog
Cyfathrebu, Corlan, Parc
Business yr Wyddgrug, Ffordd
Wreccsam Yr Wyddgrug,
Sir y Fflint CH7 1XP

info@flvc.org.uk
01352 744000

CYNGOR GWIRFODDOL LLEOL SIR Y FFLINT (FLVC)

Ein Gweledigaeth :

Gweledigaeth FLVC yw sector gwirfoddol a chymunedol cryf, cynaliadwy ac effeithiol, sy'n cynnwys pobl ac yn gwasanaethu pobl Sir y Fflint.

Ein Cenhadaeth :

Cenhadaeth FLVC yw cefnogi, datblygu a hyrwyddo gweithgareddau gwirfoddol a chymunedol yn Sir y Fflint a chryfhau gallu grwpiau gwirfoddol a chymunedol i gyfrannu at ansawdd bywyd pobl a chymunedau Sir y Fflint.

NODIADAU GAN ANN

Annwyl Lywodraeth Cymru,

Ysgrifennaf atoch i herio eich bwriad i dorri'r Arian Craidd y byddwch yn ei ddarparu yn 2016/17 ar gyfer y Cynghorau Gwirfoddol Sirol drwy eich Cytundeb Isadeiledd Trydydd Sector.

Mae Cyngor Gwirfoddol Lleol Sir Fflint yn cydweithio'n agos â'i bartneriaid yn yr Awdurdodau Lleol ac Iechyd ac yn y Trydydd Sector i gwrdd ag amcanion Deddf Gwasanaethau Cymdeithsol a Llesiant 2014, ac yn gwneud hynny drwy weithio gydag unigolion a chymunedau i greu a datblygu ffyrdd mwy annibynnol oddi ar y wladwriaeth o dderbyn eu gwasanaethau a'u cefnogaeth.

Ar adeg fel hon pan fo'r angen am gymorth gwirfoddolwyr a chymunedau ar ei fwyaf, mae toriadau o'r fath i wasanaethau cefnogaeth llawr gwlad yn wrthgynhyrchol. O fod heb gynhaliaeth ein gwasanaethau craidd, bydd ein gallu i hwyluso a chefnogi'r gwasanaethau atal a chefnogi sydd wedi eu harwain gan ddefnyddwyr, gwasanaethau cyfannol a chost effeithiol y mae'r Trydydd Sector yn eu darparu, dan fygythiad dybryd.

Rydych yn gofyn am ymrwymiad gan y Trydydd Sector i edrych ar ffyrdd amgen o ddarparu gwasanaethau cyhoeddus hanfodol, ond bydd y toriadau arfaethedig yn tansilio'r adeiladwaith a grewyd i ddatblygu gwasanaethau Trydydd Sector o safon.

Mae gennym ni fel corff berthynas dda â'n partneriaid yn yr Awdurdodau Lleol ac Iechyd, rydym yn cynnig cefnogaeth i'r gwasanaethau statudol gwrdd yn fwy effeithiol a chost-effeithiol ag anghenion trigolion Sir y Fflint. Bydd breuo ein trefniadaeth graidd a'n gallu i newid cymdeithas i fod yn un sy'n dibynnu mwy ar ei hadnoddau a'i doniau ei hun yn cynyddu unwaith eto'r pwysau ar y gwasanaethau statudol.

Byddwn yn gwerthfawrogi'n fawr eich cymorth i herio'r strategaeth ariannu newydd hwn.

Yn gywir



Prif Swyddog

01352 744028

ann.woods@flvc.org.uk

BETH SY'N NEWYDD YN FLVC ?

Sut mae? Ni ydi tîm newydd "Resilience". Ein gwaith ni ydi cefnogi pobl ifanc 16-25 mlwydd oed yn Sir y Fflint sydd ddim mewn ysgol neu goleg na gwaith, nac yn derbyn hyfforddiant (pobl ifanc NEET).

Yr hyn fyddwn ni'n ei wneud ydi darparu amgylchedd dysgu diogel i bobl ifanc allu cymryd eu camau cyntaf tuag at gwrs addysg uwch neu waith cyflogedig.

Byddwn ni'n cymryd pobl ifanc sy'n cael eu cyfeirio atom ni o asiantaethau eraill, gan rieni neu gan y bobl ifanc eu hunain. Byddwn ni'n cyfarfod â'r bobl ifanc yn eu cartrefi ac yna'n eu cyflwyno i sefyllfa grwp, gan adeiladu ar eu llwyddiannau a'u cefnogi drwy adegau anodd nes eu bod yn gallu gweithio'n annibynnol tuag at eu nodau eu hunain.

Mae croeso i chi gysylltu ag unrhyw un o aelodau'r tîm - dros y ffôn neu drwy e-bost - i gael mwy o wybodaeth neu ffurflen gyfeirio. Dyma'r tîm:

Lisa Roberts	Cydgordiwr
Rhian Pavitt	Gweithiwr Allweddol
Anne Lamb	Gweithiwr Allweddol
Vicky Hunt	Gweithiwr Allweddol
Matt Weedall	Cydgordiwr Gwirfoddolwyr

Ffôn: 07920541546 E-bost: resilienceteam@flintshire.gov.uk



ARIANNU

CYNLLUNIAU ARIANNU CYNGOR GWEITHREDU GWIRFODDOL CYMRU

Y GRONFA CYNHWYSIANT GWEITHREDOL

Mae'r Gronfa Cynhwysiant Gweithredol yn gronfa wedi ei reoli gan Gyngor Gweithredu Gwirfoddol Cymru (CGGC) a'i gefnogi gydag arian o Gronfeydd Strwythurol Ewrop. Amcan y gronfa ydi lleihau anweithrededd economaidd ymhlith pobl Cymru a gwella cyflogadwyedd y bobl dan anfantais hynny sydd bellaf oddi wrth y farchnad lafur.

Bydd y Cyngor yn gweithio fel cyfryngwr ar ran Swyddfa Arian Ewrop Cymru (WEFO) ac yn darparu arian ar gyfer y cynlluniau canlynol:

- Cynllun Gorllewin Cymru a'r Cymoedd ar gyfer pobl dros 25 oed
- Cynllun Dwyrain Cymru ar gyfer pobl dros 25 oed

Mae'r Cyngor yn gobeithio hefyd y bydd arian ar gael yn fuan ar gyfer y cynlluniau canlynol:

- Cynllun Gorllewin Cymru a'r Cymoedd i bobl rhwng 16-24 oed
- Cynllun Dwyrain Cymru i bobl rhwng 16-24 oed

Bydd y gronfa'n darparu ar gyfer pobl sydd wedi eu dynodi'n ddi-waith neu'n economaidd anweithredol ers hir dymor ac sydd â'r rhwystrau i'w cyflogaeth yn gymhleth. Mae manylion pellach i'w cael yn y taflenni gwybodaeth sydd i'w cael o'r adran 'Gwybodaeth Bellach' ar ochr dde'r dudalen hon.

Bydd dwy 'linyn gyflwyno' i'r cynllun Cynhwysiant Gweithredol:

Llinyn 1: Cynnwys

Gwaith Llinyn 1 fydd canolbwyntio ar gyrraedd a chynnwys y bobl hynny sydd bellaf oddi wrth y farchnad lafur; bydd yn gam cyntaf iddyn nhw tuag at waith cyflogedig. Bydd yn cynnig dewis mawr o weithgareddau yn cynnwys hyfforddiant sgiliau sylfaenol, gwirfoddoli, sgiliau rheoli arian a sgiliau cymdeithasol

Llinyn 2: Cyflawni

Bydd Llinyn 2 yn cynnig cyfleoedd gwaith gyda thâl a chefnogaeth am hyd at 26 wythnos a 35 awr yr wythnos. Bydd y rhai sy'n cymryd rhan yn cael eu talu o leiaf y Lleiafswm Cyflog Cenedlaethol. Bydd y gweithgareddau'n cynnwys hyfforddiant sgiliau hanfodol, profiad o waith go iawn, hyfforddiant rheoli arian, a chwilio am waith.

Faint o arian all y cynllun Cynhwysiant Gweithredol ei fuddsoddi?

Bydd grantiau i'w cael fel a ganlyn:

- Bydd Lefel 1 yn cynnig grantiau o hyd at £25,000 (Llinyn 1 yn unig)
- Bydd Lefel 2 yn cynnig grantiau prosiect am symiau o £25,001 - £75,000
- Bydd Lefel 3 yn cynnig grantiau prosiect am symiau o £75,001 - £150,000
- Bydd Lefel 4 yn cynnig grantiau prosiect o £150,001 - £400,000 (Llinyn 2 yn unig)

Bydd angen bod ag arian cyfatebol (sydd i'w nodi ymhob manyleb grant).

Am fwy o wybodaeth cysylltwch â Desg Gymorth CGGC ar 0800 2888 329 neu e-bostiwch cif@wcva.org.uk



BUDDSODDI CYMDEITHASOL

Mae buddsoddi cymdeithasol yn cynorthwyo twf y trydydd sector drwy ddarparu arian i'w fenthyg lle nad ydi o ar gael o ffynonellau masnachol.

Mae grantiau o rhwng £1,000 a £5 miliwn ar gael drwy CGGC i gyrrff Trydydd Sector - ac mae bron i £5 miliwn wedi ei fuddsoddi eisoes mewn gwahanol gyrrff ar hyd a lled Cymru.

Mae'r Cyngor wedi buddsoddi mewn cyrrff sy'n ychwanegu at eu gweithgareddau creu incwm neu wasanaethau ac hefyd mewn cyrrff sydd wedi cael trafferth yn denu arian grant ar gyfer prosiectau newydd.

Mae portffolio buddsoddi cymdeithasol y Cyngor yn cynnwys y dewisiadau canlynol:

Y GRONFA BENTHYCIADAU MEICRO-FUSNES

- Mewn partneriaeth â Chyllid Cymru, Undebau Credyd ac Ymddiriedolaeth Adfywio'r Meysydd Glo
- Ar gael drwy Gymru gyfan
- Maint y benthyciad - £1,000 i £50,000
- Cyfnod talu'n ôl y benthyciad - hyd at 5 mlynedd
- Cyfradd llog - 10%
- Ffi - £200



Y GRONFA BUDDSODDIADAU CYMUNEDOL

- Maint y benthyciad - £20,000 i £250,000
- Cyfnod talu'n ôl y benthyciad - hyd at 25 mlynedd
- Cyfradd llog - oddeutu 7.5%

Y GRONFA BENTHYCIADAU EIDDO

- Mewn partneriaeth â Banc Unity Trust
- Ar gael drwy Gymru gyfan
- Maint y benthyciad - £250,000 i £5 miliwn
- Cyfnod talu'n ôl y benthyciad - hyd at 30 mlynedd
- Y gyfradd llog - ar hyn o bryd oddeutu 4.5%
- Ffi - 1.5%
- Cyfradd benthyciad i werth yr eiddo - 75%

Os oes gennych chi ddiddordeb yn un o gynlluniau buddsoddi cymdeithasol CGGC, cysylltwch â Matt Brown neu Alun Jones drwy Ddesg Gymorth CGGC (0800 2888 329 neu e-bost cif@wcva.org.uk) i gael sgwrs gychwynnol.

CYNLLUN GRANTIAU CWPAN RYGBI'R BYD 2016

Mae ymddiriedolwyr Ymddiriedolaeth Elusennol Stadiwm y Mileniwm wedi penderfynu dathlu llwyddiant Cwpan Rygbi'r Byd 2015 drwy greu cynllun grantiau o'r enw The MSCT World Cup Legacy Grants Scheme in SPORT.

Mae'n rhaid i'r grant fod ar gyfer gwariant cyfalaf fydd yn rhoi gwerth tymor hir. Does dim rhaid i'r corff sy'n gwneud cais am grant fod yn gorff chwaraeon ond mae'n rhaid i'r prosiect ei hun fod yn brosiect chwaraeon sydd ag angen arian cyfalaf a/neu offer.

Mae grant o hyd at £5,000 ar gael ar gyfer prosiectau lleol a rhanbarthol.

Gellir cyflwyno ceisiadau am y grant tan yr 11eg o Ebrill 2016.



DIGWYDDIADAU A HYFFORDDIANT

DIGWYDDIAD SWYDDI, SGILIAU A HYFFORDDIANT

Mae Cymunedau'n Gyntaf mewn partneriaeth â'r Ganolfan Byd Gwaith a Gyrfa Cymru wedi trefnu digwyddiad Swyddi, Sgiliau a Hyfforddiant. Bydd y digwyddiad yn gyfle rhagorol i ddweud wrth bobl am eich gwasanaethau a chyfleoedd gwirfoddoli a/neu gyflogaeth.

Dydd Iau'r 14eg o Ebrill 2016

10.00yb – 3.00yp

Neuadd y Dref, Cei Connah

I gael mwy o wybodaeth am y Digwyddiad neu i gadw lle ar gyfer eich stondin, cysylltwch â Nia Parry ar 01352 703024 neu Kate Thew ar 01244 846090.



Llywodraeth Cymru
Welsh Government



CYFARFODYDD ARIANNU UN-I-UN CRONFA DREFTADAETH Y LOTERI

Yng Nghronfa Dreftadaeth y Loteri (CDL) rydym yn ymwybodol fod rhai grwpiau cymunedol a gwirfoddol yn nerfus am lenwi ffurflenni a gwneud ceisiadau am arian. Dyna pam yr ydym yn cynnig gwasanaeth cyngori un-i-un lle y gallwch gyfarfod swyddogion a thrafod eich prosiect.

Mae gennym ffocws dreftadaeth clir ond nid yw hyn yn golygu dim ond adeiladau a chadwraeth, gall hefyd gynnwys hanes a threftadaeth a adlewyrchir drwy gymunedau, straeon ac atgofion pobl a gweithio gyda phobl ifanc i archwilio syniadau o hunaniaeth a lle.

Bydd Julie Hughes, Swyddog Datblygu yn CDL, ar gael rhwng 9.30 a 16.30 yn Cyngor Gwirfoddol Lleol Sir y Fflint yn Yr Wyddgrug ar dydd Mawrth 19 Ebrill 2016.

Mae Sir-y-Fflint yn Ardal Datblygu Blaenoriaethol ar gyfer y CDL. Mae hyn yn golygu ein bod yn awyddus i dderbyn mwy o geisiadau grant o'r ardal a helpu i greu cyfleoedd ar gyfer prosiectau treftadaeth newydd.

Os hoffech drefnu cyfarfod, cysylltwch â Tim Datblygu ar 029 2034 3413 cyn Dydd Mawrth 12 Ebrill 2016. Er mwyn gwneud y mwyaf o'r cyfarfod, bydd angen i chi gofrestru ar ein wefan a cwblhau ffurflen ymholiad prosiect cyn y gellir cadarnhau cyfarfod.



DIGWYDDIADAU A HYFFORDDIANT

CURSIAU A DREFNWYD GAN FLVC



2016

18 Ebrill Cymorth Cyntaf i Oedolion

9 Mai Cymorth Cyntaf i Fabanod a Phlant

20 Medi Cymorth Cyntaf i Oedolion

Os hoffech gael mwy o wybodaeth neu archebu lle ar unrhyw gwrs, anfonwch neges ebost at Jane Hewson, Swyddog Cyfathrebu - FLVC :



jane.hewson@flvc.org.uk

CYFARFOD RHWYDWEITHIO I DREFNWYR GWIRFODDOLWYR

- Ydych chi'n ymwneud a mudiad Trydydd Sector yn Sir y Fflint ?
- A fydddech chi'n hoffi cyfarfod cynrychiolwyr mudiadau eraill i rannu dysgu / arferion da ?

Digwyddiad nesaf :

Dydd Iau 19 Mai 2016 9.30-12.00 CORLAN, Yr Wyddgrug

Cysylltwch a Jane Hewson yn FLVC i gadarnhau eich lle a nodi unrhyw anghenion bwyd. Nifer cyfyngedig o leoedd sydd ar gael felly mae'n bwysig eich bod yn archebu lle.

Ffon: 01352 744030 jane.hewson@flvc.org.uk

GWIRFODDOLI

GWEFAN GWIRFODDOLI CYMRU

Gwefan Gwirfoddoli Cymru ydi'r lle i fynd i gael gwybodaeth am sut i wirfoddoli. Efallai mai dyma'r tro cyntaf i chi feddwl am fynd yn wirfoddolwr, efallai i chi wneud gwaith gwirfoddol rwydro o'r blaen ac am gael profiad ehangach, neu efallai eich bod chi'n gweithio i grŵp neu gorff sydd

eisoes yn defnyddio gwirfoddolwyr.

Mae tudalennau'r wefan yn cynnwys cymorth, cynghorion ac arweiniad ynghylch gwirfoddoli a'r hyn y gall hynny ei olygu i chi, ynghyd â syniad o'r dewis eang o gyfleoedd sydd ar gael a sut i ddechrau arni.

Fe allwch chi chwilio'r we am gyfleoedd gwirfoddoli cyfleus neu ddod i gysylltiad â'ch canolfan wirfoddoli lleol lle gewch chi gefnogaeth a gwybodaeth am eich cymuned leol.

<http://www.volunteering-wales.net/volunteering/>



DIGWYDDIAD GET SET

Fe drefnwyd digwyddiad GET SET gan Next Steps a Chanolfan Wirfoddoli Sir y Fflint, er mwyn rhoi gwybodaeth a chynghor a fyddai'n helpu pobl i ddechrau'r flwyddyn newydd ar y droed cywir. Fe gynhaliwyd y digwyddiad ar yr 22ain o Ionawr yng Eglwys Fethodistaidd yr Wyddgrug. Daeth grwpiau a chyrff lleol yno i rannu gwybodaeth a chafwyd triniaethau ymlaciol ar gyfer dwylo ac wyneb gan fyfyrwyr Coleg Glannau Dyfrdwy. Ymhlith y gweithdai eleni roedd un ar Gysylltiadau Natur a Synhwyrdd gan grŵp Bywyd Gwyllt Gogledd-ddwyrain Cymru, un ar 'Dechnegau Ymlacio' ac un ar 'Goginio Bwyd Iach yn Rhad'. Bu i dros 70 o bobl ddod i'r digwyddiad a'i fwynhau.



GWIRFODDOLI

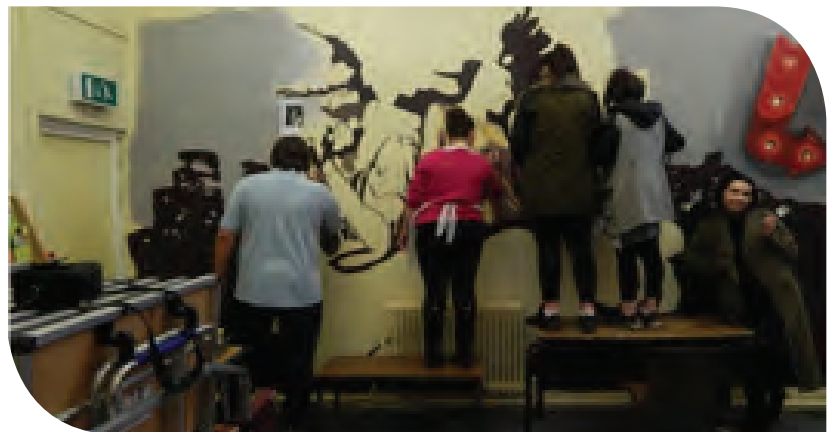
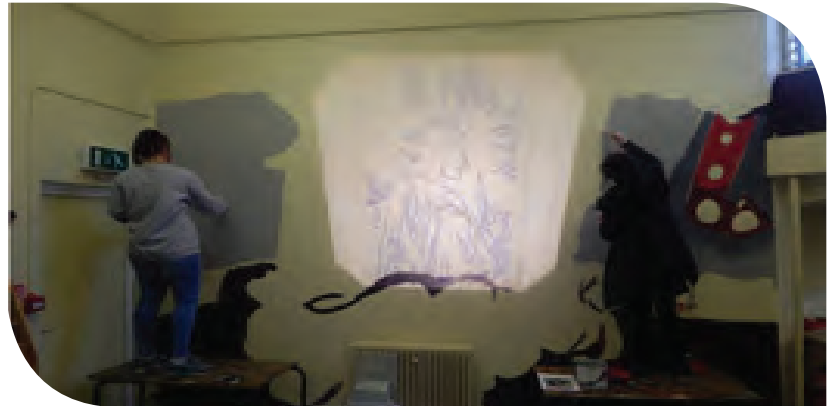
CELFYDDYD STRYD YN YR WYDDGRUG

Mae pobl ifanc prosiect Resilience wedi bod yn creu murlun yn yr Wyddgrug.

Mae Resilience yn brosiect gwaith ieuencid a gwirfoddoli sy'n adeiladu hyder, yn dysgu, ac yn rhoi sgiliau gwaith.

Yn y lluniau fe welwch chi'r cynnyddawnaethpwyd hyd yn hyn. Daeth saith o bobl ifanc lleol at ei gilydd i gynllunio, amlinellu a phaentio'r murlun mawr yma yng Nghanolfan Glanrafon.

Mae mwy o fanylion ynglyn â'r prosiect i'w cael gan Matt Weedall ar 01352 744014.



ENILLWYR GWOBRAU GWEITHREDU CYMUNEDOL

Mae Canolfan Cyngor Ynni Gogledd Cymru (NWEAC) a'i phartneriaid prosiect Cyngor Sir y Fflint yn dathlu ar ôl i'w prosiect Cynhesrwydd Fforddiadwy ennill Gwobr Gweithredu Cymunedol.

Amcan y Gwobrau Gweithredu Cymunedol, sy'n cael eu trefnu gan yr elusen tlodi tanwydd NEA Cymru mewn partneriaeth ag Adran Ynni a Newid Hinsawdd Llywodraeth Prydain a Nwy Prydain, ydi cydnabod rhagoriaeth ac arloesedd wrth fynd i'r afael â thlodi tanwydd a gwella effeithlonrwydd ynni mewn cartrefi bregus.

Fe dybir fod traean o bobl Cymru'n byw mewn tlodi tanwydd. Felly o'r oddeutu 63,781 (Censws 2011) o gartrefi sydd yn Sir y Fflint, fe all fod cymaint â 21,048 sy'n cael trafferth talu biliau tanwydd. Mae'r Ganolfan Cyngor Ynni'n helpu pobl i ddelio â'r broblem drwy gynnig cyngor rhad a diduedd ar bob agwedd o ddefnydd ynni yn y cartref. Fe all hyn olygu asesiad arbed ynni o bob agwedd o fywyd y cartref,

canfod y tariff gorau, a help i newid cyflenwr. Os ydi'r cartref mewn dyled ynni, mae gweithwyr y Ganolfan yn gallu trafod lleihau'r ddyled gyda'r cwmni a'i helpu i drefnu ar gyfer biliau'r dyfodol. Lle mae grantiau ar gael i weithredu mesurau arbed ynni megis boelar newydd, mae'r Ganolfan yn gallu helpu pobl i wneud cais am y grantiau a/neu gael pres argyfwng os ydi'r cartref mewn dyled ynni, neu'n gartref a ystyrir yn fregus ac mewn angen.

Mae gweithwyr y Ganolfan wrth eu bodd o fod wedi derbyn y wobwr, ac fe fu iddyn nhw ddathlu'r achlysur mewn seremoni'n gynharach yn y mis yn Stiwt Gronant. Bydd y wobwr ariannol o £1,500 yn cael ei defnyddio i ddechrau prosiect Hwb Cymunedol newydd fydd yn estyn y gwasanaeth i fwy na 3,200 o gartrefi yng nghefn

gwlad gogledd Sir y Fflint. Mae cymunedau cefn gwlad yn dioddef - am sawl rheswm - yn waeth o dlodi tanwydd na chymunedau trefol. Amcan y prosiect ydi defnyddio llythyrau gwybodaeth a digwyddiadau yn y cymunedau i godi ymwybyddiaeth pobl o wasanaethau hanfodol a chynyddu'r nifer sy'n manteisio arnyn nhw. Bydd yr adborth i'r llythyrau a'r digwyddiadau'n gymorth i adnabod bylchau yn y ddarpariaeth, ac hefyd yn dylanwadu ar gyfeiriad y prosiect hwn a phrosiectau'r dyfodol.

I wybod mwy, neu os ydych chi'n meddwl y gall y Ganolfan Cyngor Ynni (NWEAC) fod o gymorth i chi, cysylltwch â Steve Woosey yn NWEAC ar 01352 876 040 neu steve@nweac.org.uk



Yn y digwyddiad yng Ngronant (chwith i'r dde): y Cyng. Kevin Jones, Aelod Cabinet Strategaeth Wastraff, Gwarchod y Cyhoedd a Hamdden, Cyngor Sir y Fflint. Christine Tate, Pennaeth Cyfrifoldeb Corfforaethol, Nwy Prydain. Steve Woosey, Rheolwr Gweithredu Canolfan Cyngor Ynni Gogledd Cymru. Carole Morgan-Jones, Cyfarwyddwraig NEA Cymru. David Hanson AS Delyn.

ER GWYBODAETH

BLOG 'BETH SY'N DIGWYDD' POBL IFANC SIR Y FFLINT

Cymrwch olwg ar Flog Beth Sy'n Digwydd yn Sir y Fflint!

Mae'r blog yn cynnwys popeth o arlunio i ffotograffiaeth, o wirfoddoli i goginio. Mae'r cynnwys i gyd am bethau mae pobl ifanc yn eu gwneud yn Sir y Fflint.

Cyfeiriad y blog: <http://whatshappeningflintshire.blogspot.co.uk/>

Os oes gennych chi rywbeth i'w gynnwys yn y blog, gyrrwch e-bost at:
at: young.persons.flvc@gmail.com

a rhwch: "WHF Blog Post" yn y blwch testun

PROSIECT Y DOCTOR TRYDYDD SECTOR

Mae prosiect **Y DOCTOR TRYDYDD SECTOR** yn brosiect wedi ei ariannu gan y Loteri Fawr sy'n helpu cyrff trydydd sector (cyrff gwirfoddol, elusennol a chymunedol) i gadw trefn ar eu llywodraethiant a'u polisiau a gweithdrefnau, a thrwy hynny datblygu'n gyrrff gwytnach a llai dibynnol.

Mae'r Prosiect DTS wedi recriwtio tîm o fentoriaid arbenigol gwirfoddol, pobl â chyfoeth o wybodaeth, sy'n fodlon rhoi o'u profiad personol i gefnogi cyrff mewn sefyllfaoedd penodol. Mae hwn yn wasanaeth wedi ei deilwra, a hynny oherwydd bod gan bob corff, grŵp a mudiad ei hanghenion penodol ei hun. Bydd staff DTS yn cynnal 'gwiriad iechyd' cychwynnol o'r corff neu grŵp gyda'r bwriad o amlygu arfer da a llefydd i'w datblygu, a bydd rhain yn cael eu cynnwys mewn cynllun gweithredu. Fel rhan o'r cynllun bydd y mentor wedyn yn cynnig cyngor a chefnogaeth arbenigol.

Dyma'r math o faes y mae gweithwyr y prosiect yn delio â nhw (mae rhai eraill - holwch):

- Llywodraethiant
- Cynllunio busnes a rhagfynegi'r llif arian
- Ymyrryd adeg argyfwng
- Cefnogaeth personél
- Codi arian, llunio ceisiadau a thendro ar gyfer cytundebau

- Cydymffurfio â'r ddeddf
- Rheoli prosiect
- Marchnata
- Asesu risg
- Rheoli newid
- Technoleg gwybodaeth

Mae gweithwyr y prosiect yn gallu dod i gyfarfodydd un i un efo rheolwyr prosiect a/neu byrddau ymddiriedolwyr neu i gyfarfodydd grŵp i gynnig gwybodaeth wedi ei deilwra neu roi cyflwyniad gwybodus.

Mae hwn yn wasanaeth rhad ac ddim i gyrrff trydydd sector Siroedd y Fflint a Wrecsam. Mae pob un o'r mentoriaid yn bobl gyfeillgar, proffesiynol a hawdd gwneud â nhw. Maen nhw'n fodlon dod i'ch cyfarfod chi neu drefnu apwyntiad ar eich cyfer yn swyddfeydd yr Wyddgrug neu Wrecsam. Mae pob gwybodaeth yn gyfrinachol ac yn ddarostyngedig i'n côd gwarchod data llym.

Am fwy o wybodaeth cysylltwch â Kate Marcus neu David Foulds ar 01978 312556 neu e-bost tsd@avow.org



ER GWYBODAETH

CIST CYMUNEDOL SIR Y FFLINT

Yn ddiweddar fe gafodd Cyngor Ar Bopeth Sir y Fflint grant Cist Cymunedol o £1000 tuag at uwchraddio eu gwefan. O ganlyniad i'r grant bydd pobl Sir y Fflint yn cael mynediad digidol i wasanaethau CAB y Fflint. Pwrpas y wefan newydd ydi darparu cyngor brys ar faterion yn ymwneud â dyled a thlodi tanwydd, a chyngor ar effeithlonrwydd ynni, budd-daliadau lles, camwahaniaethu a materion eraill sy'n effeithio ar ansawdd bywyd pobl.

Bydd yn haws cael mynediad i'r wefan newydd gan y bydd modd cysylltu â hi gyda ffôn clyfar a chyfrifiaduron llechen (e.e. iPad). Gyda bod mwy a mwy yn defnyddio gwasanaethau CAB, mae'n bwysig bod y gwasanaethau ar gael i bawb. Mae cynnwys e-bost a gwe-sgwrs yn gwneud y gwasaneth yn fwy hwylus i bobl sydd mewn gwaith llawn

amser ac yn gweithio oriau swyddfa, i bobl anabl a gofalwyr, ac i bobl eraill sy'n ei chael yn anodd cyrraedd swyddfa CAB.

Mae'r wefan wedi derbyn cymorth hefyd oddi wrth gwmnïau Western Link, Westernlink Partners, y Grid Cenedlaethol a Scottish Power Transmission, a phartneriaid y prosiect Siemens and Prysmain a Sefydliad Teulu Williams. Y gobaith ydi y bydd ar waith yn ddiweddarach eleni.

Am fwy o wybodaeth ffoniwch 01352 706841



Bu i banel grantiau olaf y cyfnod 2015/16 ddsbarthu cyfanswm o £4205 i wyth o wahanol gyrff gwirfoddol lleol. Dyma'r cyrff/grwpiau/clybiau llwyddiannus :

Clwb Bowlio Penyffordd a Phenymynydd	£300 - i brynu offer
Eye2Eye	£310 - digwyddiadau cymunedol
Sioe Amaethyddol Caerwys	£331 - hysbysebu a marchnata
Grŵp 1af Sgowtiaid Bistre	£1000 - hyfforddiant trol bws mini
Flintshare	£130 - deunyddiau ffensio
Fforwm Treftadaeth Gog-ddwyrain Cymru	£500 - ariannu digwyddiadau
Grŵp 1af Sgowtiaid Kinnerton	£634 - cyfarpar gwersylla
Tandem Cymru	£1000 - digwyddiadau cymunedol

Mae'r Gist Cymunedol yn gynllun grant Cyngor Sir y Fflint sy'n cael ei weinyddu gan FLVC ac yn cefnogi gweithgarwch cymunedol yn Sir y Fflint.

I weld ydych chi'n gwmwys i dderbyn arian Cist Cymunedol ac i gael pecyn cais, cysylltwch â June Brady june.brady@flvc.org.uk

DYDDIADAU I'R DYDDIADUR

HOME LIFE - CYNHADLEDD AR GYFER YMARFERWYR SY'N GWEITHIO GYDA PHLANT A THEULUEDD

Mae Play Wales Chwarae Cymru yn estyn gwahoddiad i chi i'w gynhadledd. Testun y gynhadledd ydi gwella bywyd cartref plant a'u teuluoedd drwy gynyddu'r dealltwriaeth o werth chwarae a thrwy wella'r profiad ohono. Bydd y sylw ar ffyrdd o alluogi rhieni i roi mwy o le i chwarae wrth fagu eu plant, ac i adnabod ffyrdd o gefnogi rhieni i roi mwy o gyfle i'w plant chwarae.

Dyddiad y gynhadledd : Dydd Gwener 22ain Ebrill NEU
Dydd Sadwrn 23ain Ebrill 2016

Lleoliad : Canolfan Fusnes Conwy, Cyffordd Llandudno



Mae pawb ohonom ni wedi chwarae a phawb ohonom ni'n gwybod faint y mae o wedi ei gyfrannu at ein gwneud ni'r hyn ydym ni heddiw. Roedd chwarae'n ein helpu i atgyfnerthu'r hyn ddysgwyd i ni, yn helpu ategu'r hyn roeddem ni'n ei ddatblygu, yn ein cyflwyno i brofiadau newydd ac yn fodd i ddod i delerau â phrofiadau heriol. Drwy chwarae byddwn ni hefyd yn datblygu ein cysylltiadau â phobl a lle. Ond yn fwyaf arwyddocaol byddem ni, drwy chwarae, yn datblygu deallusrwydd cymdeithasol ac emosiynol, ein hunan-ddisgyblaeth, a'n ymwneud gwybyddol a chreadigol â'r byd o'n cwmpas. Ac roedd o'n hwyl ac yn dod â boddhad a bodlonrwydd i ni.

Byddwn yn trafod gwahanol agweddau ar blentynod a materion yn ymwneud â datblygiad y plentyn, byddwn yn edrych ar syniadau ynghylch chwarae, ei swyddogaeth a'i bwrpas, byddwn yn adnabod rhai o'r pethau sy'n effeithio'n andwyol ar allu pobl i fod â

bywyd cartref sy'n cynnwys chwarae a byddwn yn edrych ar ffyrdd o wrthbwysu rhai o'r pethau hynny.

Ym mis Chwefror 2013 fe gyhoeddodd Bwyllgor y Cenhedloedd Unedig ar Hawliau'r Plentyn ei Sylw Cyffredinol 17 a eglurodd hawl plentyn i chwarae a'r hyn a olygir wrth y term 'chwarae', hefyd peth mor gymhleth ydi chwarae a'r gwerth a'r budd tymor byr a thymor hirach sydd i'w cael o chwarae. Trawodd nodyn pryderus hefyd yn ei drafodaeth gynhwysfawr o'r gwahanol ofynion sy'n effeithio'n andwyol ar agweddau pobl tuag at chwarae ac at y ffordd y mae'n cael ei ddarparu ac yn ei dro y profiad ohono y bydd plant yn ei gael. Ym mis Gorffennaf 2014 fe roddodd Llywodraeth Cymru ddyletswydd statudol ar lywodraeth leol i sicrhau bod digon o gyfleoedd i blant chwarae yn eu hardal leol. Y bwriad yn hyn o beth oedd gwarchod a chynyddu'r amser, y lle a'r cantiatâd sydd ar gael i blant chwarae ar bob adeg

o'u bywydau. O ganlyniad, mae o bwys mawr bod cartref plentyn - lle mae'r plentyn yn treulio rhan sylweddol o bob dydd - a'r rhai sy'n cefnogi bywyd y cartref a'r teulu yn deall ac yn gwerthfawrogi natur a gwerth chwarae, ac yn gallu creu'r amgylchiadau sy'n ei gynnal.

Mae'r gynhadledd yn rhad ac am ddim, a bydd cinio hefyd. Sylwch, fodd bynnag, nad oes ond 15 lle ar gael i bob sir a bydd y rhain yn cael eu rhannu i'r rhai cyntaf sy'n gwneud cais amdany'n nhw.

I gael lle RHAD AC AM DDIM yn y gynhadledd ewch i www.playwales.org/events Mae hwn yn gynhadledd UNdydd, ac yn cael ei gynnal ar y dydd Gwener a'r dydd Sadwrn er mwyn rhoi cyfle i ymarferwyr a rhieni ddod ar y penwythnos os ydi hynny'n fwy cyfleus iddyn nhw. Does ond angen dod i un diwrnod.

Am fwy o wybodaeth, cysylltwch â'r Gwasanaeth Gwybodaeth i Deuluoedd ar 01352 703500

CYMUNEDOL

CAFFI'R HEN LYS BARN YN DERBYN ARIAN CRONFA TREFTADAETH Y LOTERI

Mae Caffi'r Hen Lys Barn yn nhre'r Fflint wedi derbyn grant Cronfa Treftadaeth y Loteri, gafwyd gyda chefnogaeth Cyngor Sir y Fflint, i gynnig rhaglen eang o weithgareddau cymunedol cysylltiedig â hanes y dref.

Yr Hen Lys Barn yn Stryd yr Eglwys ydi'r adeilad hynaf yn y dref, ac eithrio'r castell, ac wedi ei droi'n d coffi moethus a chanolfan gymunedol gan Grwp Tai Pennaf.

Mae'r datblygiad yn fenter partneriaeth gan Fenter Tirlun Treftadaeth Tre'r Fflint (THI) – partneriaeth sydd wedi ei ariannu gan Gronfa Treftadaeth y Loteri, CADW, Cyngor Tre'r Fflint a Chyngor Sir y Fflint - a'r wythnos yma fe fu i Gronfa Treftadaeth y Loteri gyhoeddi ei bod yn rhoi £48,200 tuag at greu canolfan treftadaeth gymunedol yn yr adeilad. Mae'r grant yn

cynnwys cyfraniad o £7,000 oddi wrth Gyngor Sir y Fflint.

“Rydyn ni wrth ein bodd gyda'r grant, fydd yn ein galluogi i gynnal pob math o weithgareddau,” meddai Paul Moore, Swyddog Menter Cymdeithasol cwmni Pennaf.

“Byddwn ni'n rhoi hyfforddiant i aelodau staff ar agweddau hanesyddol y lle ac yna'n gweithio gyda phlant Ysgol Gwynedd i greu llinell amser o hanes y dref.

“Byddwn ni'n gallu recriwtio gwirfoddolwyr o bob oed i ymuno â ni yn y gwaith hanfodol yma, fydd yn sicrhau bod yr Hen Lys yn dod yn ganolfan allweddol sy'n dathlu'r ardal i gyd. Mae dweud hanes yr Hen Lys Barn yn waith fydd yn cynnwys pobl o bob cenhedlaeth,”

meddai Paul gan ychwanegu y bydd y grant yn ei gwneud yn bosibl i gyflogi arbenigwr drama a swyddog cefnogi cymuned i weithio yno.

“Bydd canolfan ddehongli'r Hen Lys Barn yn gwbl ddwyieithog, yn yr un modd â phaneli'r llinell amser a'r taflenni gwaith. Byddwn ni hefyd yn cyflogi ymgynghorydd treftadaeth a storiwr i weithio gyda'r gwirfoddolwyr yn Eistedfod yr Urdd sy'n dod i'r Fflint y flwyddyn nesaf.”

Am fwy o wybodaeth ynglyn â'r Hen Lys Barn, cysylltwch â grwp Tai Pennaf ar 01745 536914



GROUNDWORK YN CYNNIG GWASANAETH MEDDYG GWYRDD YN RHAD AC AM DDIM



Y Meddyg Gwyrdd

Os ydych chi'n gweithio gyda theuluoedd neu unigolion yn siroedd Wrecsam neu'r Fflint sy'n ei gael yn anodd cadw eu tŷ'n gynnes, fe allwn ni helpu. Rydyn ni'n cynnig gwasanaeth Meddyg Gwyrdd sy'n rhoi cyngor am ddim, yn gwneud gwaith atal drafftiau am ddim ac yn dangos lle i gael help i leihau biliau ynni. I wybod mwy, ffoniwch Groundwork ar 01978 757524.

CAWODYDD EBRILL ...



Lwfans Cyflogaeth i fyny i £3000

Mae cynnydd wedi bod yn Lwfans Cyflogaeth y cyfraniadau Yswiriant Cenedlaethol (NICs) o £2000 i £3000. Ers mis Ebrill 2014, mae gan bob busnes, elusen a chlwb chwaraeon amatur cymunedol yr hawl i 'lwfans cyflogaeth' blynyddol fydd yn lleihau eu taliadau NICs eilaidd Dosbarth 1 (taladwy ar enillion dros £8112 y flwyddyn/£156 yr wythnos).

Taliadau NIC Prentisiaid yn llai hefyd

Yn yr un modd bydd dim angen i gyflogwyr prentisiaid dan 25 oed dalu NICs eilaidd Dosbarth 1 (cyflogwr) ar enillion llai na'r Trothwy Enillion Uwch ar gyfer y prentisiaid hynny o fis Ebrill 2016 ymlaen.

Cyflog byw!!!!

Ym mis Ebrill 2016 bydd Llywodraeth Prydain yn cyflwyno Cyflog Byw Cenedlaethol gorfodol ar gyfer gweithwyr dros 25 oed. Bydd hwn i gychwyn yn £7.20 – codiad o 50c o'i gymharu â'r Lleiafswm Cyflog cyfredol. Mae hynny'n godiad o £910 y flwyddyn yng nghyflog gweithiwr llawn amser (35 awr yr wythnos) fyddai fel arall ar y Lleiafswm Cyflog cyfredol.

Y Comisiwn Elusennau

- Roedd cyfrifon bron i draean elusennau Prydain o safon 'anfodhaol'.
- Bydd ymgyrch ym mis Ionawr i dargedu'r elusennau diffygiol.
- Mae cyflwyno cyfrifon cywir yn allweddol i dryloywder a chynnal ffydd y cyhoedd mewn elusennau.

CHARITY COMMISSION

Er bod gofyn i bob elusen sydd ag incwm dros £25,000 gyflwyno cyfrifon, mae miloedd heb wneud. Y math o esgus a gafwyd dros beidio oedd: "Does gen i ddim cyswllt â'r we" [neges a anfonwyd ar e-bost]; "Does gen i ddim cyfrifoldeb dros yr elusen hon, rydw i'n un o'r Ymddiriedolwyr"; ac "Rydw i eisoes wedi eu cyflwyno nhw... y llynedd".

Cyngor Sir y Fflint – Dileu Rhyddhad Treth Dewisol

Bu i'r Cyngor Sir yn ddiweddar lansio adolygiad o'r rhyddhad treth annomestig yma, adolygiad sy'n bygwth gwneud



i ffwrdd â hyd at 100% o'r rhyddhad treth cyfredol. Bydd elusennau a chlybiau chwaraeon amatur cymunedol, neuaddau pentref ac ati, yn parhau i dderbyn rhyddhad ar y raddfa gyfredol o 80% gan fod hwn wedi ei ariannu o ffynonellau canolog. Fe all, fodd bynnag, wneud gwahaniaeth mawr i sefyllfa cyrff nid-er-elw megis clybiau chwaraeon, cymdeithasau a chyrff eraill sydd â maes chwarae neu adeilad ar gyfer eu gweithgareddau hamdden neu gymdeithasol. Fe allwch gael syniad o'r hyn fydd eich bil drwy gael gwerth trethadwy eich safle neu adeilad gan Asiantaeth y Swyddfa Brisio www.voa.gov.uk ac yna lluosu'r gwerth trethadwy gyda'r 'lluoswr' blynyddol, sydd yn 48.6 y £ yn ystod 2016/17



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Ydych chi'n barod i hysbysebu eich digwyddiadau gwanwyn? Os felly, beth am fanteisio ar ein gostyngiad ychwanegol o 15% ar bob set o daflenni A5 a phosteri A4 y byddwn ni'n eu hargraffu i chi yn ystod mis Ebrill 2016. Ydi, mae hyn ar ben y 10% y byddwn ni eisoes yn ei roi drwy'r flwyddyn i aelodau FLVC!

Mae hyn yn golygu y gallech chi gael 1000 o daflenni A5 am gyn lleied â £30! A pheidiwch ag anghofio am ein baneri feynyl sy'n fargen o hyd am £36 am faner 6 troedfedd wrth 2 droedfedd.

Mae gennym ni hefyd nifer o eitemau newydd e.e. bwydlenni y gallwch chi eu sychu â chadach, a beth am roi rhai o'ch hoff ffotograffau ar gynfas. Galwch heibio am sgwrs ac i weld samplau.

Beth am wneud y Printroom yn ddewis cyntaf ar gyfer eich holl anghenion argraffu?!

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AC YN OLAF...

Pob lwc i Lynze Rogers (cyn Gydgordiwr Trydydd Sector yr Un Pwynt Mynediad) yn ei gwaith newydd gyda Prime Cymru, a chroeso i David Foulds fydd yn gweithio gyda phrosiect y Doctor Trydydd Sector. Croeso hefyd i Ali Ussery a Lesley Brown, swyddogion datblygu newydd Un Pwynt Mynediad gogledd Cymru.

Ac i orffen, mae FLVC yn dymuno llongyfarch yn galonnog Vicky Holberry (Cydgordiwr Prosiect y Doctor Trydydd Sector) ar enedigaeth ei merch newydd hyfryd, Holly.