

VOLUNTARY VOICE



IN THIS ISSUE

2 In This Issue / About FLVC

3 Notes From Ann / What's New at FLVC?

4 Funding

6 Events & Training

7 Awards

8 Volunteering

10 For Info

12 Community

13 Invitation

14 The Printroom / And Finally...

YOU CAN BE PART OF THIS NEWSLETTER TOO !

If you would like to include an article in the next edition of Voluntary Voice then please forward your article to :

Jane Hewson,
Communications Officer,
Corlan, Mold Business Park,
Wrexham Road, Mold
CH7 1XP
Email : info@flvc.org.uk
Tel : 01352 744000

FLINTSHIRE LOCAL VOLUNTARY COUNCIL (FLVC)

Our Vision :

FLVC's vision is of a strong, sustainable and effective voluntary and community sector, involving people and serving Flintshire people.

Our Mission :

FLVC's mission is to support, develop and promote voluntary and community activity in Flintshire and to strengthen the capacity of voluntary and community groups to contribute to the quality of life of Flintshire people and communities.

NOTES FROM ANN

Welcome to the latest edition of Voluntary Voice.

Many thanks to everyone who helped to make our Volunteer's Week celebrations such a success. Our Annual 'Vol Fest' was described by attendees as an 'amazing' day – recognising the difference that giving time to help others can make. Over 100 people attended, the sun shone and good people were thanked for the good things they do to help their local community.

Delivering Quality Now and Planning for the Future

Ensuring public service is in tune with the needs of all stakeholders is vital. As we review our Strategic Plan and our Quality Assurance procedures, we are asking for your help in ensuring we are maximising our effectiveness in promoting, supporting and developing Third Sector and Partnership activity.

All County Voluntary Councils and the national Third Sector support organisation, WCVA, are conducting a strategic review of Third Sector support services in Wales. Consultations with members organisations and feedback from WCVA's 'Futures' workshops in July will help us

all to think about what will drive the changes that matter most to the Third Sector in Wales, and how we, as Third Sector Support organisations can best support you as the most important stakeholders in the work that we do. Look out for online polls and further consultation events and contact us at any time if you wish to comment on how our support service should adapt/could be improved.

In this edition you will be introduced to new FLVC Staff Members in Health and Social Care (Chris, Fran and Kate) and the Volunteer Centre (Emma). Hopefully you will get chance to share a cuppa with the new (and those of us who are now not-so-new) members of staff to share good practice and develop new ideas for our sector.

See you soon

Regards



Chief Officer

01352 744028

ann.woods@flvc.org.uk

WHAT'S NEW AT FLVC ?

I would like to introduce myself. My name is Emma Gough and I'm the new Volunteer Centre Development Officer.

My responsibilities are to promote, support and develop volunteering opportunities across Flintshire. Developing and promoting good practice in the recruitment, training and support of volunteers.

Throughout my career I have provided support and advice to people in relation to employability and more recently, volunteering. Having worked to promote volunteering in both the statutory and third sectors, I have witnessed the true power of volunteering in increasing confidence, reducing isolation and strengthening local communities. I am delighted to be part of a committed, driven and supportive team here at FLVC and I will continue to work with all sectors in order to ensure an effective partnership approach to voluntary work.

Email: emma.gough@flvc.org.uk

Telephone: 01352 744016



FUNDING

TANDEM CYMRU

A recent Flintshire Community Chest grant of £912 was awarded to Tandem Cymru an organisation that provides for the social welfare, recreation and leisure activities for adults with learning disabilities. Tandem provides weekly social events that are open to all adults with a

learning difficulty and to their parent carers or other carer who are involved in their lives. They meet every Thursday evening in Mold and also arrange trips, activities and opportunities for the members to integrate within the wider community.



 Localgiving

KICK START YOUR DIGITAL FUNDRAISING!

with two FREE workshops for local voluntary groups & charities in Flintshire

Introduction to online fundraising

20th October 2016 ♦ 12:30 to 16:30

&

Developing an online fundraising campaign

17th November 2016 ♦ 12:30 to 16:30

Corlan,
Unit 3 Mold Business Park
Wrexham Road
Mold
CH7 1XP

FOR MORE INFORMATION & BOOKING:



Emma Jones
emma@localgiving.org
07808 889 671

FUNDING

GWYNT Y MOR COMMUNITY FUND

The Gwynt y Mor Community Fund is managed by Community & Voluntary Support Conwy.

Further information about the fund can be found by going to :

www.gwyntymorfund.cymru

Alternatively groups are welcome to contact CVSC on 01492 534091 or email :

neilpringle@cvsc.org.uk

FLVC - FUNDING PORTAL

Community and Voluntary Organisations can now search for funding opportunities and the most up to date funding news available by using the Flintshire Local Voluntary Council's funding portal.

Just register here www.idoxopen4community.co.uk/flvc

If you require any assistance, please contact June Brady at

june.brady@flvc.org.uk

CELEBRATE WALES

Would you like the chance to celebrate something in your community? Maybe you'd like to get to know your neighbours better and a celebration would be just the thing?

The Big Lottery Fund is launching Celebrate, a new funding programme that aims to bring people together. Grants of up to £2,000 will be awarded to help communities celebrate what's most important to them. We've made the application form quick and easy to complete.

You can apply to Celebrate if you are a voluntary or community organisation, a school or a statutory organisation. We will accept applications from organisations based anywhere in Wales.

We will fund activities that bring people together to celebrate their local community.

To check if you are eligible and to access the application form, please go to –

<https://www.surveygizmo.eu/s3/90013696/Celebrate-eligibility-checklist-Wales>



EVENTS & TRAINING

COURSES ORGANISED BY FLVC



2016

- 11 OctFood Hygiene
- 12 Oct Understanding Good Governance
- 1 NovEmergency First Aid at Work

For further information or to book on to any of these courses please email Jane Hewson, Communications Officer - FLVC on:

jane.hewson@flvc.org.uk



GROUNDWORK NXT STEPZ

- Do you want to get involved in a fun new project? Are you aged 16-18 years old and living in Wrexham or Flintshire? (and not in Education, Employment or Training at the moment)
- Create something to be proud of that others will enjoy
- Crafts & Woodwork / Baking & Cooking / General outdoor stuff!
- Team building activities such as ice skating, bowling or go-karting!
- Nxt Stepz can help you...
- Improve or learn new skills
- Find a new hobby or discover hidden talents
- Meet new people and make new friends
- Gain a qualification without even realising!

Some activities could include...

- Tidying up a green area with YOUR ideas and skills
- Liven up an old space
- Plan your own community project

Look towards your future...

Every Tuesday and Wednesday - Starting Tuesday 13th September 2016

For more info about Nxt Stepz contact Matthew Povey on 01978 757524 or email

matthew.povey@groundworknorthwales.org.uk



AWARDS

HIGH SHERIFF AWARDS

High Sheriff Awards recognise outstanding contributions to Flintshire life.

At a heart-warming event at the Blind Veterans Centre in Llandudno in March, residents of the former County of Clwyd were recognised for their outstanding community work by the High Sheriff of Clwyd for 2015/16, Mrs Janet Evans.

The High Sheriff of Clwyd Awards were launched in 2013 to recognise individuals or voluntary / community organisations or groups (with charitable aims) that have made an outstanding contribution to their respective communities.

Nominations for the awards were categorised within the four Community Voluntary Councils:

Denbighshire Voluntary Service Council, Flintshire Local Voluntary Council, AVOW (Wrexham) and Community and Voluntary Support Conwy.

Award winners from Flintshire County were

- BRENDA LOWE
- HELEN PERRY
- DASU
- TREUDDYN COMMUNITY ASSOC. & PCSO POPPY HADFIELD-JONES - TREUDDYN'S SORTED

The Office of High Sheriff is an independent non-political Royal appointment for a single year. The origins of the Office date back to Saxon times, when the 'Shire Reeve' was

responsible to the king for the maintenance of law and order within the shire, or county, and for the collection and return of taxes due to the Crown. Today, there are 55 High Sheriffs serving the counties of England and Wales each year.

Whilst the duties of the role have evolved over time, supporting the Crown and the judiciary remain central elements of the role today. In addition, High Sheriffs actively lend support and encouragement to crime prevention agencies, the emergency services and to the voluntary sector.

Congratulations to all Award winners and many thanks to Mrs Evans and staff and volunteers at CVSC for their support for the event.



VOLUNTEERING

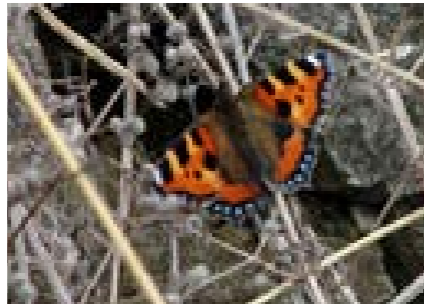
Can we introduce you to Graham Davies!

Graham is the Project Photographer for the 'Step Up Step Out' Supported Volunteering Programme. Graham took part in the programme himself last year, completing an OCN level 2 in 'Volunteering & Community Involvement' as well as the John Muir Discovery & Explorer Awards. He has moved on to volunteer in his own right on a weekly basis with North East Wales Wildlife and also as a volunteer support with 'Step Up Step Out'. Graham has a keen interest in nature and wildlife and takes the most amazing photos.



Last year Graham also took the opportunity to try out Dru Yoga which is also offered as part of the 'Step Up Step Out' Programme and has not missed a week since! He realises the benefits for himself, both physically and mentally. He also took part in a 10 week course of Dru Yoga Dance that was sponsored by Communities First, Mold and thoroughly enjoyed.

Here are some of the photos that Graham has taken whilst out & about volunteering. The John Muir Award is about making the connection between spending time in nature and our own well-being. It is about noticing and appreciating beauty in the world around us. We really have so much to be thankful for here in Flintshire!



"When I get home after volunteering I feel like I have achieved something and not wasted my day, it feels good to be out learning new things on all types of subjects in all types of weather. I always look forward to the next session and meeting up with great people who like to help others and improve our surroundings in all types of ways."

For more information about the 'Step Up Step Out' Supported Volunteering programme and Dru Yoga sessions, contact: jill.blandford@flvc.org.uk

VOLUNTEERING JOHN MUIR AWARD

This is the display created by the residents at Green Bank Villas who took part and successfully completed the John Muir Award with the 'Step Up Step Out' Volunteering Programme



VOLFEST '16

Over 100 people joined us to celebrate volunteering and volunteers at Greenfield Valley Heritage Site on Wednesday 8th June. Volunteers were treated to a tour of the heritage site and then presented with National Volunteers' Week certificates in the Victorian School Room. After sharing a buffet lunch, a whole cross-section of voluntary organisations set up information points and fun micro-volunteering sessions, open to the public, to encourage people to get involved in the exciting world of volunteering!



FOR INFO

Dewis Cymru - helping everyone to get the best out of life ! Take advantage of a new website for Welsh citizens.

A new web resource promoting wellbeing across Wales has now been launched.

Dewis Cymru (Welsh www.dewis.cymru English www.dewis.wales) was officially launched at the National Social Services Conference at Venue Cymru on June 30. The site will provide people across North Wales with information about wellbeing activities and support based on their post-code location and needs.

Information is available on everything from leisure centre classes to mental health support groups and much more, and if you don't use the internet, ask about Dewis Cymru at your library, leisure centre of any County Voluntary Council.

The website has been built in North Wales by over 800 organisations including the NHS, volunteers, not for profit organisations, charities, libraries, leisure centres, social services and care providers.

Cllr Joan Lowe, Lead Member for Adult Social Care at Wrexham Council, said:

"As we move on and as the face of public services and social care shifts across Wales, we want to do everything we can to ensure people stay aware of all of the services and support open to them.

"Even something as close to home and local as a luncheon club or coffee morning can be of immeasurable help to people who might otherwise be lonely – ensuring people are directed to such services is hugely important.

"And at the other end of the scale, we also want to work with larger partner agencies in health, the third sector and other local authorities to make sure we are doing all we can across North Wales."

For more information, search or browse at www.dewis.cymru and www.dewis.wales



HEALTH & SOCIAL CARE STAFF UPDATE

We would like to introduce the Health and Social Care staff team for North East Wales. We are aware there has been a gap since Kate Newman left, but with the recruitment of a new Health and Social Care Manager; Health and Social Care Development Officer and the Third Sector Coordinator for the Single Point of Access Programme, things will return to normal, supporting Third Sector organisations who provide health/social care support across Wrexham and Flintshire.

Chris Roberts, Health & Social Care Manager, Wrexham & Flintshire

Chris is the new Health and Social Care Manager for Wrexham and Flintshire with an office base at both AVOW and

FLVC. She will be able to access emails from both offices.

Tel: 01352 744000 / 01978 312557; Email: chris.roberts@flvc.org.uk

Francesca Hughes, Health & Social Care Dev Officer, Wrexham & Flintshire

Francesca has been appointed as the new Health and Social Care Development Officer, Wrexham and Flintshire. She will be based at Corlan, Mold but will cover the areas of Wrexham and Flintshire and will work 30-hours per week

Email: fran.hughes@flvc.org.uk

Kate Howard, Third Sector Coordinator, Single Point of Access Programme, Flintshire

Kate has been employed as the Third Sector Coordinator

for the Single Point of Access Programme within Flintshire since early spring 2016. She is employed by FLVC but her main office base is within Preswylfa, Mold. Kate works 30-hours per week and also has a desk at Corlan.

Tel: 01352 803411 / 01352 744020 Email: kate.howard@flvc.org.uk

Karen Peters, Administrator, Health & Social Care

Karen is based at Corlan and will provide admin support to the H&SC Manager and the H&SC Dev Officer.

Tel: 01352 744015 Email: karen.peters@flvc.org.uk

FOR INFO

FLVC CASE STUDY - DIGITAL INCLUSION

Flintshire Local Voluntary Council, the umbrella body for community and voluntary activity in Flintshire, was delighted to sign the Digital Inclusion Charter earlier this year.

Ann Woods, Chief Officer of FLVC states 'Third Sector activity is all about engagement, participation and learning and it is a natural process for us to embrace the use of technology at every opportunity, to maximise our effectiveness and the opportunities available to the individuals and groups that we support'

'The possibilities are endless - our role in supporting, promoting and developing Third Sector activity requires us to be in touch with and to support as many people as possible to share good practice and develop learning. Confident use of IT is a fundamental part of our work to help reduce social exclusion, share good practice and develop learning, and we will continue to explore every opportunity to promote Digital Inclusion'

As part of our Commitment to the Digital Inclusion Charter (<http://digitalcommunities.gov.wales/charter/>) we have delivered a program of IT taster sessions through Digital Communities Wales and loaned IT equipment (iPads and laptops) to various community groups. These include housing associations, family support organisations, OWL (Online Watch – Crime Prevention using IT) and North Wales Energy Advice Centre – our provision has enabled them to deliver their own in-house training and to build the confidence of participants in the use of IT in their work/

volunteering/day to day lives. We also use iPads with potential volunteers during their Introduction to Volunteering interviews – accessing Volunteering in Wales (<http://www.volunteering-wales.net/>) on an iPad to search volunteering opportunities, and then looking at Third Sector Organisation's websites in the company of potential volunteers has helped to ensure information is relevant and up to date, and that the individual has the knowledge and confidence to 'explore online' themselves.

As part of the Charter's aims, FLVC have also been working with Statutory, Third and Independent Sector colleagues to promote the use of Information Technology to find community based solutions for health and social care needs. Through the Regional Collaboration Fund's Single Points of Access, which have been piloted in North Wales, FLVC have been delivering training on 'Making the Most of the Third Sector' in light of the new Social Care and Well Being Act (<http://www.ccwales.org.uk/getting-in-on-the-act-hub/>)

As part of this training, Social Workers, Health Staff, Care Workers, Community Groups and Individuals have received training (via iPad and laptop sessions across North Wales) in the use of the Welsh Government's new Dewis website (<https://www.dewis.wales>).

Dewis Cymru is advertised as THE place for information about well-being in Wales – having been piloted in North Wales, the programme will soon be rolled out across the whole of Wales as the central database of support services for Health and Social Care needs.

Care staff, who previously had little knowledge of the use IT, and limited knowledge of the Third Sector, noted how important it was to explore the IT provision in an informal way, and at their own pace to find possible community based solutions to the needs of the individuals in their care.

Some comments from the training

- I wasn't sure if this would benefit me but very glad I attended. Needs to be different training (e.g. case studies) for health staff, in particular ward staff. Happy to consider training them... Excellent.
- Interactive case studies evoked good discussion and awareness of services.
- Very informative session. Will be of value to me as we progress patient centred care. Thank you.
- Very useful training in job role. We need to know what's out there and Dewis website is great!
- Excellent service. Will use it in my daily work as a Social Worker. The information gives confidence to ensure that we are filling our legal obligations as governed by the new Act.
- Today's session was really informative and just reminds you as to what other services are out there we should be tapping into. Thank you.
- The resource of Dewis will be invaluable and improves links to services.

For more information on the above, please contact FLVC on 01352 744000 or email info@flvc.org.uk

HOPE MOUNTAIN GOES TO HOLLYWOOD

Each year Hope Mountain Riding for the Disabled tries to raise £2,000 so that we can pay for our insurance and continuous training and so ensure that our 23 DBS-checked volunteers can continue to work safely with the 37 or so children (aged between 3 and 13) who ride and vault with us. These children benefit hugely in physical and mental development owing to the therapeutic riding - and the dedicated volunteers.

This year Hope Mountain RDA's theme for its main FUNdraising event was Hope Mountain goes to Hollywood, which was avidly supported by some sixty keen cineastes. Oscars were presented for supporters who had raised funds, coached, cooked (we provide hot meals for our volunteers each week at Clwyd Special Riding Centre in Llanfynydd) and worked together to make the group (Registered Charity 1073708) successful.

This year we raised £1,200 and some of this will be eligible for GiftAid and so the total will rise towards our target.

In the meantime if you would like to join us (you do not need to be horsey) or to learn a little more about us start by looking in www.hopemountain-rda.org

Help us to turn I wish into I can

Chris Dixon - Chairman Hope Mountain RDA

CAERWYS AGRICULTURAL SHOW

Caerwys Agricultural Show STILL needs you!

MAJOR VACANT POST - THE SHOW MANAGER

After over 25 years of dedicated service to the Caerwys Agricultural Show, several of our Committee Members are retiring from their posts and as a result of a recent appeal many of the vacant post are hopefully going to be filled which has been a great response.

Unfortunately, the post of Show Manager has not yet been filled and this post is a key role in the staging of the annual Caerwys Show.

The Show Manager acts as the central co-ordinator for all the various post holders and for all the tasks that need doing at various points throughout the year

We need to fill this vital post with someone with leadership and managerial qualities who will be confident in acting as the Show Representative and can deal with the general public, press and local authorities.

For more details, please contact

Paula Spencer on 0755 428 4135 or 01352 720306

Thank You!



INVITATION
GWAHODDIAD



FLVC - Third Sector Conference

The Clwyd Room, Theatr Clwyd, Mold - Tuesday 8 November 2016, 9.30am-1.00pm incl lunch

Topics include : Social Enterprise Development, Well-Being of Future Generations Act, Social Return on Investment, Investing in Volunteers, Future of Third Sector Support

RSVP by Tuesday 1 November 2016 to :
Flintshire Local Voluntary Council, Corlan, Unit 3, Mold Business Park, Wrexham Road, Mold CH7 1XP
Tel : 01352 744030 Email : info@flvc.org.uk

FLVC - Cynhadledd y Trydydd Sector

Ystafell Clwyd, Theatr Clwyd, Yr Wyddgrug - Dydd Mawrth 8 Tachwedd 2016, 9.30yh-1.00yh gynnwys cinio

Pynciau'n cynnwys : Datblygu Mentrau Cymdeithasol, Deddf Llesiant Cenedlaethau'r Dyfodol, Elw Cymdeithasol ar Fuddsoddiad, Buddsoddi mewn Gwirfoddolwyr, Dyfodol y Gefnogaeth i'r Trydydd Sector

RSVP erbyn Dydd Mercher 1 Tachwedd 2016 at :
Cyngor Gwirfoddol Lleol Sir y Fflint, Corlan, Uned 3, Parc Busnes Yr Wyddgrug, Ffordd Wrecsam, Yr Wyddgrug CH7 1XP
Rhif Ffon : 01352 744030 E-bost : info@flvc.org.uk

REWRITING THE SCRIPT - ENGAGEMENT EVENTS

Join Diverse Cymru for engagement events with production companies, casting agencies, education providers, funders, diverse community organisations, and diverse talent to discuss changing working practises in film and TV to reflect the diverse talent in Wales.

Diverse Cymru have been funded by the Welsh Government Creative Industries sector team to carry out research into the barriers to diverse communities in the film and TV industries in Wales and solutions to address these barriers.

Join us one of our regional engagement events to:

- Hear about what organisations are currently doing to improve diversity in film and TV
- Hear individuals talk about their experiences working in - or getting into - the film and TV industries
- Discuss the recommendations and how we can make diversity a reality by working together

We will be holding events at locations across Wales

- Cardiff – Tuesday 18th October, 2pm to 5pm – University of South Wales (ATRIUM Building), 86-88 Adam St, Cardiff, CF24 2FN
- Colwyn Bay - Thursday 20th October, 1pm to 4:30pm – TAPE Community Music and Film, Berthes Road, Old Colwyn Bay, Conwy, LL29 9SD
- Carmarthen – Friday 21st October, 1pm to 4:30pm - Carmarthenshire Association of Voluntary Services, The Mount Centre, 18 Queen St, Carmarthen, SA31 1JT

Refreshments will be provided. Travel and access costs can be reimbursed if required.

To register for one of the events please email: ele.hicks@diverse.cymru or call Hannah Mason on 029 2036 8888.



THE PRINTROOM

Quality printing for everyone

SUPER OCTOBER SALE



GET YOUR CHRISTMAS PRESENTS SORTED EARLY! Take advantage of our **EXTRA 10% DISCOUNT** on calendars you have printed during October 2016. Yes, this is in addition to the current 10% members of FLVC enjoy on their printing throughout the year!

This means you could have a single-sided A4 calendar with back and front card cover for £4.50 or double-sided for £3.50 using your own photos or graphics.

In addition, we can print your treasured family photographs on canvas ready for framing from as little as £5 for 12"x9" size. We can also turn your photos into Christmas Cards. Just call in for a chat and some samples.

Why not make The Printroom your first port of call?!



Advertise your Festive Event with one of our 6ft x 2ft scrim vinyl banners for only £36!

For more information and quotes, please contact us on **01352 744031** or email **theprintroom@flvc.org.uk**