



**July/Gorffennaf 2013**

*Flintshire Local Voluntary Council*

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## **CONTINUITY AND CHANGE – REFRESHING THE RELATIONSHIP BETWEEN WELSH GOVERNMENT AND THE THIRD SECTOR IN WALES**

**FLVC Invites You  
Find Out More and Have Your Say  
Tuesday 16 July 9.30-3.30 (including lunch)  
Connah's Quay Civic Centre**

Huw Lewis, former Minister for Communities and Tackling Poverty, described the relationship between Welsh Government and the Third/Voluntary Sector as one of the most important in Wales. However, Government is facing huge pressures to cut public spending and the next few years we will see significant further reductions, up to 20% has been mentioned. This will seriously affect our sector at a time when demand is rising. We need a strong voice at this time. The latest report concentrates on the infrastructure which supports voluntary organisations and volunteering throughout Wales, this includes County Voluntary Councils (CVCs) and Volunteer Centres (VCs) at local level and Wales Council for Voluntary Action (WCVA) at national level. It also looks at the arrangements which allow representatives of the sector to meet ministers and raise and discuss issues and concerns. These arrangements are unique to Wales. **We want to gather your views, ideas and experience so that we can feed them back to Welsh Government by 8 August deadline. It's very important that we get a strong response, so please book your place today. Visit [www.flvc.org.uk](http://www.flvc.org.uk) email: [info@flvc.org.uk](mailto:info@flvc.org.uk) or telephone: 01352 744030. Please note that this event is subsidised by FLVC and is free to you. However, FLVC will make a charge of £10 per person for those who book but do not attend.**

***This edition of Voluntary Voice is bigger and better! See centre pages for photos and information on FLVC's current projects.***

### **FLVC AGM**

**Deeside College  
Thursday, 26 September 2013  
Nomination papers and further details will  
be sent out to members in August.  
This is your opportunity to appoint  
members to FLVC's Board.**

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# Updates

## B2C Supporting Young People

Do you know younger people who would benefit from CV and/or interview skills coaching? Would they like to improve their CV by getting involved in volunteering opportunities?

B2C can offer coaching for young people to improve their CV and interview skills as well as offering exciting and interesting local volunteering opportunities.

For more information and details of the groups involved, please contact Alison Roberts  
alison@b2cwales.co.uk or 07912062879



Businesses yn Cefnogi Cymunedau  
Business Supporting Communities



Work placement and work experience opportunities available!



## B2C Work Placements

We have several local businesses offering work placement opportunities to young people from the Wrexham and Flintshire area. Are you a young person or know a young person who would like to learn more about a career they are interested in? Get in touch and B2C can help that happen!

## Work Experience in the Voluntary Sector

Would you like to learn more about working in the Voluntary Sector? Would you like to gain experience of Project based work or working with charitable groups? Or even gain some experience of an Administrative role? B2C have work experience opportunities within their offices in Wrexham and Flintshire that can suit all needs, requirements and disabilities. If you are interested, feel free to contact Alison Roberts on 07912062879 or alison@b2cwales.co.uk for an informal chat.

## Contact your local B2C Team

### Wrexham & Flintshire Project Officer

Alison Jolley  
alison@b2cwales.co.uk  
07912 062 879



### Flintshire

01352 744018  
Wrexham  
01978 312556

### Wrexham & Flintshire Administration Assistant

Jodie Binnersley  
jodie@b2cwales.co.uk  
01978 312556

### Other Area Teams

Conwy & Denbighshire  
Lucykew@b2cwales.co.uk  
Sarah.barker@b2cwales.co.uk  
Mantell Gwynedd & Medrwn Mon  
emily@b2cwales.co.uk  
rosie@b2cwales.co.uk



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## B2C Cefnogi Pobl Ifanc

Ydych chi'n adnabod pobl ifanc a fyddai'n elwa ar CV a / neu hyfforddiant mewn sgiliau cyfnewid? A fydddech yn hoffi gwella eu CV trwy iddynt gymryd rhan mewn cyfleoedd gwirfoddoli?

Gall B2C gynnig hyfforddiant i bobl ifanc wella eu sgiliau cyfnewid a'u CV yn ogystal â chynnig cyfleoedd gwirfoddoli lleol cyffrous a diddorol.

Am ragor o wybodaeth a manylion am y grwpiau dan sylw, cysylltwch ag Alison Roberts  
alison@b2cwales.co.uk neu 07912062879



Businesses yn Cefnogi Cymunedau  
Business Supporting Communities



Lleoliadau gwaith a chyfleoedd profiad gwaith ar gael!



## Lleoliadau Gwaith B2C



Mae gennym nifer o fusnesau lleol sy'n cynnig cyfleoedd lleoliadau gwaith i bobl ifanc o ardal Wrecsam a Sir y Fflint. Ydych chi'n berson ifanc neu yn adnabod person ifanc a hoffai ddyngu rwyw am yrfa y mae ganddynt ddi-ddordeb ynddi? Cysylltwch â ni a gall B2C i helpu hynny ddi-gwyddi!

## Profiad Gwaith yn y Sector Gwirfoddol

Hoffech chi ddyngu rwyw am weithio yn y Sector Gwirfoddol? Hoffech chi gael profiad o waith seiliedig ar brosiectau neu weithio gyda grwpiau elusennol? Neu hyd yn oed emill rhywfaint o brofiad o rôl Gweinyddol? Mae gan B2C gyfleoedd profiad gwaith o fewn eu swyddfeydd yn Wrecsam a Sir y Fflint a all fod yn addas ar gyfer pob angherion, gofynion ac anableddau. Os oes gennych di-ddordeb, mae croeso i chi gysylltu ag Alison Roberts ar 07912062879 neu alison@b2cwales.co.uk am sgwrs arifffurfol.

## Cysylltwch â'ch Tîm B2C lleol

### Swyddog Prosiect Wrecsam a Sir y Fflint

Alison Jolley  
alison@b2cwales.co.uk  
07912 062 879

### Sir y Fflint

01352 744018  
Wrecsam  
01978 312556

### Swyddog Gweinyddol Wrecsam a Sir y Fflint

Jodie Binnersley  
jodie@b2cwales.co.uk  
01978 312556

### Medrwn Mon

emily@b2cwales.co.uk  
rosie@b2cwales.co.uk

### Conwy a Sir Ddinbych

Lucykew@b2cwales.co.uk  
Sarah.barker@b2cwales.co.uk  
Mantell Gwynedd & Medrwn Mon  
emily@b2cwales.co.uk  
rosie@b2cwales.co.uk



NEWVOL Cwmni cyfyngedig drwy warrant 3122487  
Eusen Gofnestrddig 1054322



# Funding News

## GWIRVOL YOUTH-LED-GRANTS 2013/2014

### THE DEADLINE FOR THE GRANT IS 12 JULY 2013.

This funding is for groups of young people aged between 14-25. The criteria for the funding is below. If you are, or know of any groups of young people who would benefit from this funding, please pass the information along.

All organisations applying for the GwirVol Grant are doing so for a project that is youth-led

The project being set up by the young people is a voluntary activity

The majority of young people involved in this project are between the ages of 14—25 years old.

The activity/ project taking place is in Flintshire and will benefit people from Flintshire

For an application pack or for queries contact - **Chris Ablett 01352 744019** or [chris.ablett@flvc.org.uk](mailto:chris.ablett@flvc.org.uk)

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## FLINTSHIRE COUNTY COUNCIL TOURISM GRANTS

### Small Tourism Events Grant

The small events grant provides funding of up to £500 for events that attract visitors to the County and that want to improve their customer experience.

### Tourism Development Grant

The Development Grant offers funding of up to £5,000 for events that wish to transform the way they operate and that have a clear plan to increase their visitor numbers or improve their financial sustainability.

Please note that events can only apply for one of the funding schemes i.e. either the Tourism Small Events Grant or Development Grant. For information - the Development Grant will be available for a three year period.

For an application pack contact [Richard.L.Jones@flintshire.gov.uk](mailto:Richard.L.Jones@flintshire.gov.uk)

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## MILLENNIUM STADIUM CHARITABLE TRUST

The Millennium Stadium Charitable Trust was established through an agreement between the Millennium Stadium and the Millennium Commission and its income is generated through a levy on every ticket purchased by people attending public events at the Millennium Stadium in Cardiff.

The Trust strives to enrich the quality of life in Welsh communities by investing in inspirational sporting, arts, environmental and community-based projects that will have a lasting impression on the people who will benefit.

The Trust achieves this by issuing grants to voluntary and charitable organisations throughout Wales.

The closing date for receiving regional applications is **noon on 29 July 2013**.

Applicants may apply for up to £7,500 for grants where the beneficiaries come from across one local authority area or more.

Download an application form at: [www.millenniumstadiumtrust.co.uk](http://www.millenniumstadiumtrust.co.uk)

For queries relating to this round please contact Sarah Fox at: FoxSE Consultancy on 029 20 022 143 or email: [sarah@foxseconsultancy.co.uk](mailto:sarah@foxseconsultancy.co.uk) or [msct@foxseconsultancy.co.uk](mailto:msct@foxseconsultancy.co.uk)

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## CLWYD COMMUNITY CHEST

This grants is open to voluntary organisations and community groups operating within the boundaries of the old County of Clwyd.

Grants available up to £250 for purchase of capital items and/or running costs.

See links below to download application and criteria -

<http://www.dvsc.co.uk/english/documents/CommunityChestcriteria.pdf>

*For all your funding queries  
Contact June Brady  
[june.brady@flvc.org.uk](mailto:june.brady@flvc.org.uk)  
01352 744004*

**The views expressed in this Newsletter are not necessarily those of Flintshire Local Voluntary Council. We reserve the right to edit any articles submitted for inclusion.**

## HERITAGE LOTTERY FUND - FIRST WORLD WAR: THEN AND NOW (UK)

Support is available for community projects which explore, conserve and share the heritage of the First World War. Examples of the heritage that projects might explore are as follows:

- Local places with First World War associations of any kind.
- Objects, photographs, documents, books and newspapers which tell the stories of individuals and communities involved in or affected by the war.
- Training trenches or airfields.
- Buildings and structures used in the war or affected by the war (eg factories or hospitals).
- Places, objects and collections linked to the industrial, maritime and transport heritage of the First World War.
- Memorials of all kinds, including memorial gardens, commemorating lives lost in the war.
- Existing recordings of people's memories and experiences from the First World War.
- The memories and experiences of people who were affected by the First World War after it happened, such as the children of people involved.
- Art, literature, music, theatre, film and popular culture focusing on the First World War, either created during the war or in later years.

- Natural heritage and landscapes affected by the war.
- Any of these types of heritage created since the First World War that show its impact on the United Kingdom and people currently living here.

Projects should enable communities to understand more about the heritage of the First World War and benefit a wide range of people. In particular, priority will be given to projects that help young people aged 11 to 25 years to take an active part in the Centenary commemorations.

Grants of between £3,000 and £10,000 are available for not-for-profit organisations and partnerships led by not-for-profit organisations in the UK.

**Applications may be submitted at any time until 2018.**

If you have a project idea to mark the Centenary, an online application pack is available from the First World War: Then and Now page or for telephone enquiries please call the HLF Wales office on 029 2034 3413 or see -

<http://www.hlf.org.uk/news/Pages/FFWThenandNow.aspx>

Email: [wales@hlf.org.uk](mailto:wales@hlf.org.uk)

**Note for your Diary**  
**NORTH EAST WALES FUNDING FAIR**  
**Wednesday 25<sup>th</sup> September 2013**  
at  
**THE MEMORIAL HALL, BODHYFRYD, WREXHAM,**  
**LL12 7AG**  
**10AM – 3PM**

Funding is a major concern for voluntary and community organisations particularly within the current economic climate. A wide range of Funding and Advice Organisations have been invited to participate in the North East Wales Funders Fair covering Charitable Trusts, Statutory and Corporate Sectors etc which will provide community and voluntary organisations with a variety of choices and information.

**Come along and have a chat directly with the Funders**

## VILLAGE AND COMMUNITY HALLS FORUM

The Village and Community Halls Forum was held recently at Treuddyn.

The opening speaker was Steve O' Donnel (Bluefin Insurance Services) discussing trustee liability insurance - which he did very well - and as a result of which a couple of legal anomalies were identified which need to be checked up on.

Steve was followed by Salli Edwards giving an outline of Flintshire CAB's services and the new challenges to be faced. Salli is a very competent speaker and cascaded lots of information.

Finally, FLVC's Jill Blandford promoted the benefits of yoga classes. Jill also gave a demonstration which resulted in most of the Forum participants taking part. This was an enjoyable and relaxed conclusion to the evening.

Twenty two trustees from various village halls across the county took part.

For more information on the Village Hall Forum contact [john.gray@flvc.org.uk](mailto:john.gray@flvc.org.uk) or **01352 744004**.

# Out and About



We were formerly ContinYou Cymru and are now a new charity working across Wales. We support schools, education services, Third Sector and statutory organisations in meeting the needs of children, young people, families and communities through community focused development and activities. We develop and deliver projects, provide consultancy, training, materials, resources events and networking opportunities. Our programmes include CanSing, Pyramid Clubs, Supporting Parents to Support Their Children and Get on with Science, all of which are being delivered within Flintshire.

Contact: [pam.boyd@castcymru.org.uk](mailto:pam.boyd@castcymru.org.uk)

## Connah's Quay Flower & Vegetable Show

For residents and school children of the communities of Connah's Quay, Shotton, Queensferry, Hawarden, Sealand, Northop and Northop Hall.

• **Entry forms and schedule will be available nearer the date. Please see website for details.**

[www.connahsquay.co.uk](http://www.connahsquay.co.uk)

Connah's Quay Town Council  
Saturday, 31 August 2013

Tel: 01244  
819420



Connah's Quay Civic Hall,  
Wepre Drive, Connah's Quay.

Email:  
[info@connahsquay.co.uk](mailto:info@connahsquay.co.uk)

## D.A.F.F.O.D.I.L.S.

REGISTERED CHARITY 1080579

**Disabilities And Family Friendships Offering Dependant Integrated Life Skills**



The Morgan Foundation  
"making a difference"

Daffodils, a disabled and additional needs children and young people's charity based within Flintshire has had some welcome funding news.

The Morgan Foundation has agreed to fund the charity for 3 years with a total of £45,000 towards their events and activities for families of children and young people with a disability within Flintshire.

Daffodils provides leisure and recreational activities for the whole family to enjoy. To find out more information or to request an application form to join please contact Anita James, Daffodils Office Manager on 01352 250147 or email [daffodils@tiscali.co.uk](mailto:daffodils@tiscali.co.uk)

To advertise in **Voluntary Voice** please contact **Sue Williams, 01352 744030 email [sue.williams@flvc.org.uk](mailto:sue.williams@flvc.org.uk)**

Helo, Sir Fflint! Denni Turp ydw i, Swyddog Maes (rhan amser) Gogledd Cymru efo Celfyddydau Anabledd Cymru. Rwyf yn gweithio gydag artistiaid anabl a sefydliadau celfyddydau yng Ngwynedd, Ynys Môn, Conwy, Sir Ddinbych, Sir Fflint a Wrexham. Byddaf yn cynnig cefnogaeth unigol a chysylltu artistiaid anabl â sefydliadau a *vice-versa*, ac efo artistiaid anabl ym mhob maes—ysgrifennu, canu, dawnio, actio, celfyddydau gweledol a.y.b. Mudiad aelodaeth ydan ni, ond nid oes angen bod yn aelod er mwyn cysylltu â ni (ond mae'n rhydd ac am ddim bod yn aelod am bobl anabl). Nid oes gynnwys ni swyddfa yn y gogledd ond rwyf yn byw yng Ngwynedd, ac am fwy o wybodaeth, fedrwy edrych ar ein wefan ([www.disabilityartscymru.co.uk](http://www.disabilityartscymru.co.uk)) neu gysylltu â fi ([denni@dacymru.com](mailto:denni@dacymru.com)) a wna i ddwad yn ôl wrthoch chi mor fuan a sy'n bosibl. Wnawn i edrych ymlaen at glywed ohonoch chi.



Hello, Flintshire! I'm Denni Turp, the (part-time) North Wales Field Officer for Disability Arts Cymru. I'm working with disabled artists and arts organisations in Gwynedd, Anglesey, Conwy, Denbighshire, Flintshire and Wrexham. I will be offering individual support and linking disabled artists with organisations and *vice versa*, and with disabled artists in every field—writing, dancing, acting, singing, visual arts etc. We are a membership organisation, but you don't have to be a member to contact us (though it's free for disabled people to join). We don't have an office in north Wales but I live in Gwynedd, and for more information, you can look at our website ([www.disabilityartscymru.org.uk](http://www.disabilityartscymru.org.uk)) or contact me ([denni@dacymru.com](mailto:denni@dacymru.com)) and I'll get back to you as soon as possible. We look forward to hearing from you.

# Health & Community

## HEALTH LINKS

This feature in the newsletter aims to provide an update of health and social care developments across North Wales. This will include work being undertaken by the six health and social care facilitators across North Wales and any information provided by Betsi Cadwaladr University Health Board, the local authorities or voluntary organisations.

### **CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (CAMHS) ARE DEVELOPING A NEW SERVICE - INTENSIVE COMMUNITY SUPPORT TEAM**

Essentially the Intensive Community Support Team (ICST) team will act as a gate keeping service for Acute Tier 4 inpatient care. Referrals will come from Tier 3 services for young people who are no longer manageable in the community. This may be due to a crisis or deterioration in mental health, and the need for more intensive support which would normally be provided by North Wales Adolescent Service (NWAS) inpatient ward; Kestrel.

A decision will be made case by case on whether the referred child could be managed in their home setting if they were provided with "intensive community support". This is the care that the ICST will be providing.

There is a huge push in mental health policy at the moment for service users to be treated at home with a view to them making the most of the support networks which are already in place around them. This support could be in the form of family, friends, schools, local groups etc. The ICS team would visit the young person as often as required (sometimes 2-3 times a day) and help them through the crisis which has affected their mental health. There will also be telephone support to the young person and their families 24/7. The length of admission to ICST should normally be between 4-6 weeks.

The ICS Team will also act as step down care for the inpatient ward in order to facilitate early discharge from the ward thus getting the young person back home in a safe and timely manner. A hypothetical case may look like this:

1. Young person (YP) currently being seen by Tier 3 CAMHS for self harm and low mood/depression.
2. YP's risk escalates due to crisis in personal life and becomes unmanageable by Tier 3.
3. Referral made to Tier 4 Inpatient ward but is deemed appropriate for assessment by ICST
4. ICST assess and feel can keep YP out of hospital with intensive support.
5. YP seen daily and offered therapy from the Multi Disciplinary Team (MDT in place within ICST. YP's dynamic risk level constantly assessed throughout process.
6. YP signposted to local services ie youth groups, young carers, scouts etc in order to increase social interaction, self worth, motivation etc.
7. YP works through the crisis with ICST and is reviewed regularly by MDT
8. After 5 weeks of input from ICST the crisis is deemed to be over and YP is handed back over to Tier 3 service and has avoided inpatient admission all together.
9. YP continues to see their Tier 3 team for ongoing work and is now manageable in the community.'

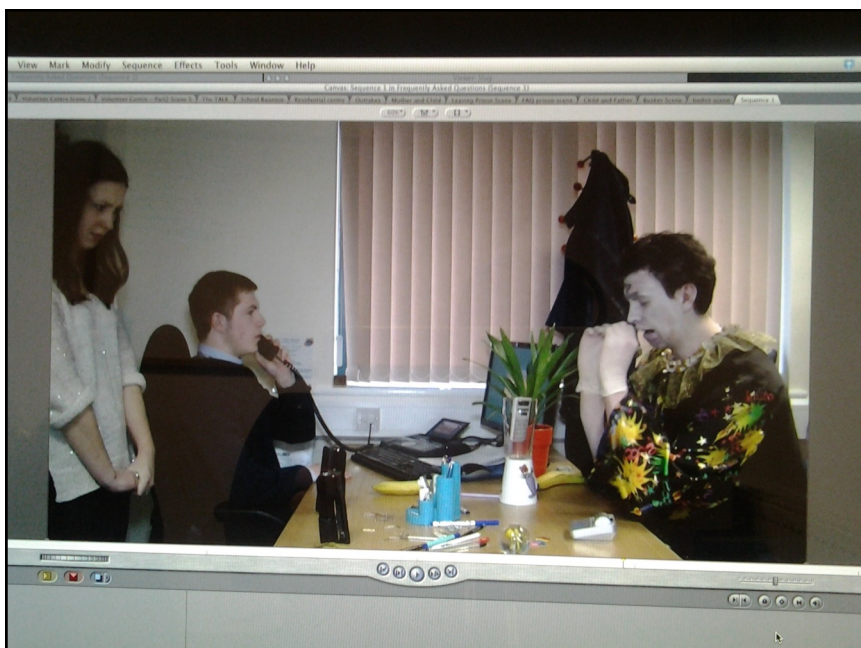
The Health and Social Care Facilitator from FLVC is working with the ICST project lead to develop strong working links with appropriate third sector organisations. The aim being to provide a young person with access to community based activity with an organisation/s who have an understanding of any needs they may have.

For information on  
Health & Social Care Issues  
Contact Kate Newman: [kate.newman@flvc.org.uk](mailto:kate.newman@flvc.org.uk)

# FLVC Projects Summer Special



A group of young volunteers with immense talent in the art of drama have worked extremely hard to produce a sketch show DVD about volunteering! It's an interactive DVD called *Frequently Asked Questions*. It's designed to get people talking about volunteering. In it there are volunteer centre staff, prisoners, a busker and even an alien in a cupboard! The DVD will be coming out soon, so keep an eye out for it. For further information contact **Chris Ablett**, [chris.ablett@flvc.org.uk](mailto:chris.ablett@flvc.org.uk) or 01352 744019.



FLVC is able to offer **John Muir Courses** to schools and community groups with both Jill Blandford and Chris Ablett trained as Leaders. John Muir was one of the first conservationists who set up the National Parks in America and **the John Muir Award is about EXPLORING, DISCOVERING, CONSERVING AND SHARING WILD PLACES**. Working together with partner organisations, such as the Urdd, Keep Wales Tidy, Groundwork and countryside services we have so far run awards in several high schools, including Holywell High and Ysgol Maes Hyfryd, the special school in Flint. Over the Summer we are planning to run awards with the Step Up, Step Out Supported Volunteering Programme and also YPDAT (the Young peoples' Drug & Alcohol Team).

For more information about running an award with your organisation/group, please contact:

[jill.blandford@flvc.org.uk](mailto:jill.blandford@flvc.org.uk)



*Holywell High students helping with a conservation project in the arboretum on Moel Famau*



*Ysgol Maes Hyfryd students discovering Flint Castle and skimming stones on the estuary*



*Jon Royston walked the Flintshire Coastal Path from Flint to Llandudno to raise money for 'Mind Flintshire'*



## TIME FOR CHANGE PROJECTS



### **Art Project**

We have a project running to paint a mural in the back classroom at the Delyn Centre. It is hoped that this room can be used as a base for art and cooking activities for volunteer groups. We presently have five young people working on this particular project, two of which are going on to study art in college next academic year. The young people have benefitted greatly, learning to work as a member of a team, improving their social skills and increasing their self esteem.

### **Basketball Project**

We are also in the process of starting a basketball coaching project which will involve mentoring young people and training them as coaches to work alongside myself (Matt) to deliver coaching sessions in local primary schools. This project will include sports development involvement with James Morgans (Basketball Development Officer) arranging which primary schools we will deliver to and also providing the equipment.

### **Dog walking and working in the cattery at Trelogan (NCAR)**

We attend each Friday afternoon from 1.30 - 4.30 we take an excluded pupil from Ysgol Elfed. This is a popular activity and we have many requests for this. The pupil also cleans out the cattery with great over-zealous enthusiasm! We are to be joined by 2 others in the next two weeks. A pupil from Flint Pupil Referral Unit is doing his Duke of Edinburgh and needs the voluntary work.

### **Stable Work**

Two students are doing voluntary work in preparation for starting small animal care and equine studies at Northop College.

### **Cooking Sessions**

These sessions are held at Delyn School with Lynne Rowlands. They have proved useful for future activities and also for a pupil who is hoping to study catering.

For more information on the projects contact **Margaret E Jones, 01352 744014, [margaretejones@flvc.org.uk](mailto:margaretejones@flvc.org.uk)** or **Matt Weedall, 01352 744017, [matt.weedall@flvc.org.uk](mailto:matt.weedall@flvc.org.uk)**



**Mentors for me** was set up just over 12 months ago; we work with children and young people with disabilities up to 25 years of age, who live in Flintshire. The project relies on volunteers giving their time and energy to support the children and young people we work with. Volunteers undertake a training programme, which explores areas such as roles and responsibilities, safe care, data protection and confidentiality, building rapport, establishing relationships, and child protection.

On 11 June we attended a multi-agency celebration of mentoring event at Theatre Clwyd, where some of our volunteers took centre stage and talked about their experiences of mentoring and how it has assisted in further

developing their skills and knowledge, and in some cases has contributed towards career development.

Mentors for Me has recently set up a group for the under 16s that we work with. This group gives the young people an opportunity to socialise outside the school environment, with organised activities to build on their skills.

The one to one mentoring sessions that take place involve a variety of activities depending on the needs of the young people, some of the sessions involve attending local clubs and groups, while others meet their mentors and work on skills such as shopping, being in busy public places and taking part in age appropriate activities.

For the children and young people we work with, the project has given them opportunities to take part in activities and in many cases has reduced the reliance on parents and other family members, giving the young people an element of independence.

If you are interested in finding out more about the project or would like to become a volunteer mentor, please contact the project co-ordinator **Purdy Edwards – 01352 744006**, [Purdy.edwards@flvc.org.uk](mailto:Purdy.edwards@flvc.org.uk).



Flintshire Local Voluntary Council  
Cyngor Gwirfoddol Lleol Sir Fflint

## Community Printing Project

Photocopies/Prints from 6p  
A5 Booklets from 20p  
Colour Flyers from 30p  
Newsletters from 10p  
3-fold Leaflets from 13p  
Business Cards

No minimum number of copies!

Laminating up to A3

DESIGN

Calendars

Full Franking & Postal Service

Comb Binding

Posters up to A1 from £15

Folding Machine

Powered Guillotine

For a quote contact:  
Irene Langford or  
Rachael Partington  
FLVC  
Corlan  
Mold Business Park  
Wrexham Road  
Mold  
CH7 1XP  
Tel: 01352 744031  
Email: [irene.langford@flvc.org.uk](mailto:irene.langford@flvc.org.uk)

10% discount for FLVC Members!



## Community Printing Project

### Looking to raise funds for your organisation?

From calendars to cookbooks, we can sort it for you. We can design and print them for you using high quality digital printing technology, allowing us to keep our costs to a minimum and enabling you to make a profit for your charity.

**Banner Up-date!!!!** Along with our fixed sized banners, (£4.50 - £8.50) we are now able to supply bespoke-sized vinyl banners for outdoor use, e.g. 6ft x 2ft (£45), 5ft x 1ft (£35).

We can also print your summer fete flyers, programmes, posters, in full colour or black on an eye-catching bright coloured paper (where cost is important) at very competitive prices, e.g. 1,000 A5 flyers can start from as little as 2.5p each!

Watch out for news of our new graphic design service to be launched later this year!!

If you'd like further information please contact:  
Irene or Rachael on 01352 - 744031.

## **BEREAVEMENT NETWORK SERVICES**

Included in the work plan of the BCUHB children's community services board is the action to develop a family bereavement services network across North Wales.

A steering group with representatives from BCUHB, CAMHS and the voluntary sector has been established and agreed a number of actions to be achieved in the coming months:

Mapping of current provision

Identify training needs

Agree a quality standard

Explore different options for developing a bereavement service network across North Wales

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## **HEALTH AND SOCIAL CARE WORKFORCE DEVELOPMENT**

Flintshire Local Voluntary Council is working in partnership with Flintshire County Council Workforce Development Team. The aim being to enhance access to appropriate training for those, from the voluntary sector, providing health and social care services. Joint working is reducing duplication of courses and enabling staff from different sectors to come together for learning and to share ideas and practices.

Examples of courses already / to be delivered include 'Everyday First Aid; Engaging young People, Managing Poor Performance, Managing Stress and Relaxation.

For more information on training or if you would like any of your organisation's courses promoted please contact [james.johnson@flvc.org.uk](mailto:james.johnson@flvc.org.uk) or [karen.peters@flvc.org.uk](mailto:karen.peters@flvc.org.uk)

If you would like any further information about health and social care and the voluntary sector please contact the Health and Social Care Facilitator from FLVC [kate.newman@flvc.org.uk](mailto:kate.newman@flvc.org.uk) **01352 744003**.

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## **NEW PROJECT FOR FREE LEGAL ADVICE IN WALES**

LawWorks Cymru is a new project that has recently been set up, which will enable voluntary organisations and individuals in Wales to benefit from free legal advice. LawWorks Cymru is based in Cardiff and will help to co-ordinate pro bono provision throughout Wales. They are not a frontline service though: their role is to identify areas of particular need in order to target pro bono work effectively, to broker casework, and to support volunteer lawyers in providing advice by telephone, by email, and face to face. Working with the Disability Law Service (DLS), they will also enable those seeking legal advice from the DLS to receive local, accessible help.

As part of the National Pro Bono Centre, LawWorks Cymru will draw on this expertise to enable the Welsh legal profession to best respond to those seeking pro bono help. Funded by the Big Lottery Fund, the project has a broad coalition of stakeholders including the DLS, the Law Society, the Chartered Institute of Legal Executives, the Bar, WCVA and Cardiff University Law School.

LawWorks Cymru is run by Project Officers Joanna Bogacz and Naomi Morris. It became operational in April 2013, and will be officially launched with a public event in Cardiff in October. If you are interested in finding out more, please contact us at [LawWorksCymru@lawworks.org.uk](mailto:LawWorksCymru@lawworks.org.uk).

## **PROSIECT NEWYDD AR GYFER CYNGOR CYFREITHIOL AM DDIM YNG NGHYMRU**

Mae LawWorks Cymru yn brosiect sydd wedi cael ei sefydlu yn ddiweddar er mwyn galluogi i fudiadau gwirfoddol ac unigolion yng Nghymru elwa o gyngor cyfreithiol am ddim. Mae LawWorks Cymru wedi'i leoli yng Nghaerdydd a bydd yn helpu i gydlynu darpariaeth pro bono ledled Cymru.

Yn hytrach na darparu gwasanaeth rheng flaen, ei rôl yw canfod meysydd ble mae angen penodol, er mwyn targedu gwaith pro bono yn effeithiol, trefnu gwaith achos, a chefnogi cyfreithwyr gwirfoddol i ddarparu cyngor dros y ffôn, drwy e-bost ac wyneb yn wyneb. Gan weithio gyda'r Gwasanaeth Cyfraith Anabledd, bydd hefyd yn galluogi'r rhai sy'n ceisio cyngor cyfreithiol gan y Gwasanaeth hwn i gael help lleol a hwylus.

Fel rhan o'r Ganolfan Pro Bono Genedlaethol, bydd LawWorks Cymru yn defnyddio'r arbenigedd hwn i alluogi i'r proffesiwn cyfreithiol yng Nghymru ymateb yn fwy effeithiol i'r rhai sy'n chwilio am help pro bono.

Mae'r prosiect yn cael ei ariannu gan y Gronfa Loteri Fawr ac mae casgliad eang o randdeiliaid yn cyfrannu ato, gan gynnwys y Gwasanaeth Cyfraith Anabledd, Cymdeithas y Gyfraith, y Sefydliad Siartredig o Swyddogion Cyfreithiol, y Bar, WCVA ac Ysgol y Gyfraith Prifysgol Caerdydd.

Gweithredir LawWorks Cymru gan y Swyddogion Prosiect, sef Joanna Bogacz a Naomi Morris.

Daeth yn weithredol ym mis Ebrill 2013 a bydd yn cael ei lansio'n swyddogol gyda digwyddiad cyhoeddus yng Nghaerdydd ym mis Hydref. Os oes gennych chi ddiddordeb mewn cael rhagor o wybodaeth, cysylltwch â'r Swyddogion Prosiect ar

[LawWorksCymru@lawworks.org.uk](mailto:LawWorksCymru@lawworks.org.uk)



# Training Opportunities

## GET ONLINE WREXHAM FLINTSHIRE WELCOME NEW DIGITAL CHAMPION VOLUNTEERS



L to R - Steve, Frances, Teresa, Mel Salisbury, David, Jeremy, Alan

Get online Wrexham Flintshire, the project working to increase internet use amongst local people, is pleased to announce that its first cohort of digital champion volunteers has completed initial training. Each member of the group is an asset to the project, working very well as a supportive team, showing great dedication and entertaining the facilitators throughout the two-day 'train the trainer' course. Volunteers are vital to the project, delivering basic internet skills training to people throughout Wrexham and Flintshire. With around 32 percent of the local population having little or no experience of the internet, our champions are ready, able and eager to welcome learners into the online world, and allow them to experience its benefits first hand with an Absolute Beginners training course. The six-hour course is delivered over two or three sessions at libraries and centres across Wrexham and Flintshire. To book a place on a course, or to find out more about the project, please contact:

**Mel Salisbury, Digital Inclusion Outreach Officer for Flintshire** [Mel.salisbury@flvc.org.uk](mailto:Mel.salisbury@flvc.org.uk)  
**Tel: 01352 744026**

**Steve Robinson, Digital Inclusion Outreach Officer for Wrexham**  
[Steve.robinson@wrexham.gov.uk](mailto:Steve.robinson@wrexham.gov.uk) **Tel: 01978 722988**

**AVOW**  
**Communities 2.0**  
**Wrexham**  
**FLINTSHIRE**

If the thought of using a computer and the internet leaves you with a sinking feeling, come along and learn for FREE, with people who are in the same boat.

**July 2013**

- 'Absolute Beginners' two-part courses:  
10am until 1pm on Mon 15 AND Tue 16 July @ Mold Library  
OR  
10am until 1pm on Tue 23 AND Wed 24 July @ Connah's Quay Library
- 'Absolute Beginners' three-part course:  
10am until 12pm on Mon 15, Tue 16 AND Wed 17 July @ Holywell Library

**August 2013**

- 'Absolute Beginners' two-part courses:  
10am until 1pm on Mon 5 AND Tue 6 August @ Holywell Library  
OR  
10am until 1pm on Mon 12 AND Tue 13 August @ Mold Library
- 'Absolute Beginners' three-part course:  
10am until 12pm on Mon 5, Tue 6 AND Wed 7 August @ Connah's Quay

Pick a course and call Mel Salisbury @ Get Online Wrexham Flintshire to book your place: 01352 744026.  
**\*\*Booking is essential\*\***

## HOPE SCHOOLCHILDREN RAISE £600 TO HELP LOCAL FAMILIES

Year 8 Pupils from Castell Alun High School in Hope have recently pooled all their efforts into raising funds for the Flintshire branch of the Home-Start Family Support Charity.

Money was raised through various fund-raising activities, including a sponsored Basketball shoot with a difference – pupils scored hoops wearing their 'onesies' nightwear.

Home-Start Organiser Hazel Meadows recently visited the school to chat to the pupils and to thank them for their support. All monies raised will go directly to support families with young children who live in Flintshire and are experiencing stress. Home-Start recruits, trains and supports volunteers to visit young families in their own homes, offering emotional and practical support for 2-3 hours per week.

Group Representatives from Year 8 Tutor Groups, Neil Eve (the Student Development Manager for Year 8) and David Healey (Humanities teacher) presented the £600 cheque to Hazel, after she gave a presentation on the needs of families and the support that Home-Start can offer.

Paul Edwards, Assistant Headteacher at the school commented "Until recently we knew little of the marvellous work undertaken by Home-Start, but we have most certainly been touched by the plight of the charity and will continue to support their efforts in any way we can."

Olivia Ainge (year 8 student) said "We had a great time doing our onesie basketball shoot, and knowing that the monies would go directly to those who need the support just made it even better. My friends and I really do care about others, and this is just one small way that we can show it."

Home-Start is currently recruiting volunteers for their next induction course – for more details contact the Mold office on **01352 744060** or email [admin@home-startflintshire.org.uk](mailto:admin@home-startflintshire.org.uk)

## AFASIC CYMRU

Afasic Cymru is a charity for children and young people with speech, language and communication difficulties. New Dragons is the second Youth Club to open in North Wales specifically for young people in and around Flintshire with these difficulties. We are open on a Thursday evening 6 – 8pm for young people aged 11 – 17 although we encourage those aged 18 + to become volunteers as we value their input and opinion into the type of activities that we run, to keep things fun and enjoyable.

The main aim of the club is to provide a range of leisure activities that some young people find difficult to access in mainstream services. Alongside this there are initiatives to develop confidence, self-esteem and social communication skills. The club is run by trained staff including a Youth Project Coordinator, Speech and Language Therapist, 2 Youth Workers plus volunteers. One of our volunteers who has been fully committed to the club since starting with us in October 2012 is Darren Lavender.

Darren is an exceptional and inspirational



*New Dragons Youth Club and Tape Colwyn Bay Youth Club on our recent trip to London. Picture taken on the London Eye. Darren is at the back 3<sup>rd</sup> from the right.*

young man who previously attended Argoed High School Speech and Language Resource where he won an award in Year 11 for the most improved student. He also won a Youth Award with Afasic Cymru. He first came to our club when he was invited to give a speech to give his younger peers an insight into life after school.

Over the last few months he has attended our amazing trip to London, he has represented Afasic Cymru at a conference hosted by Afasic England. He has since attended an Afasic Cymru Parent Conference to share with the audience his life experiences as well as to answer questions that they had.

If you think you know a young person who would benefit from a club such as ours, or would like to become a volunteer yourself, please **contact Sonya Foulkes on 01352 755846** or email

[sonya@afasiccymru.org.uk](mailto:sonya@afasiccymru.org.uk)

Afasic also have a website

[www.afasiccymru.org.uk](http://www.afasiccymru.org.uk)

## SID MATTHEWS' COMMUNITY AWARDS

Mold Town Council has once again given recognition for outstanding voluntary service and/or achievements in presenting the "Sid Matthews Community Service Awards" at its Annual General Meeting. The awards, presented by the Mayor on behalf of the Town Council, are in memory of the late Sid Matthews who was Town Clerk of Mold from 1974 to 1988.

There were three awards presented that recognise outstanding voluntary service and/or outstanding achievements within the community of Mold by:

- For "Outstanding Voluntary Service or Achievements by a Young Person": Sarah Kirkham – for her commitment to The Alun School and Ysgol Bryn Coch in supporting younger pupils and teachers at various events, and with literacy and numeracy skills.
- For "Outstanding Voluntary Service or Achievement by an Individual": Helen Bravey, Parkfields Community Centre – for her dedication and commitment to the Community Centre.
- For "Outstanding Voluntary Service or Achievements by a Local Organisation". Mold Food and Drink Festival – for the continued commitment in providing the area's most popular event.

Note: For further information contact **Samantha Roberts, Clerk to Mold Town Council – 01352 758532.**

## SURPLUS FOOD – FEEDING PEOPLE NOT LANDFILL

Voluntary and community organisations who provide food to their clients could benefit from a new initiative in Flintshire and Wrexham. Fareshare Cymru collects and redistributes edible surplus food from supermarkets and other food suppliers and producers. The scheme is already operating very successfully in other parts of Wales and Crest Co-operative have now extended their operation in North Wales to include Flintshire and Wrexham. Fareshare operate differently from Foodbanks who depend on donations of non-perishable food from the public. The schemes complement each other very well. For more information and to sign up for the scheme contact:

[jay@crestcooperative.co.uk](mailto:jay@crestcooperative.co.uk)

[www.crestcooperative.co.uk](http://www.crestcooperative.co.uk)

01492 596783

077025728063

[www.faresharecymru.org.uk](http://www.faresharecymru.org.uk)



## REFURBS FLINTSHIRE

A new kerbside clothes recycling service is offering Flintshire residents a fresh start. Household goods recycler Refurbs Flintshire has started a trial programme of free doorstep textile collections from homes across the county.

As well as helping residents get rid of unwanted textiles in a convenient way, the scheme will help people from across Flintshire who are out of work gain vital employability skills. It will also increase the county's recycling rate.

For more information visit [www.refurbs.org.uk](http://www.refurbs.org.uk), call **01352 734111** or visit the Refurbs community store at 1-3 Aber Park, Aber Road, Flint, CH6 5EX.



Refurbs Flintshire is giving crafts enthusiasts the chance to brighten up their homes by teaching them how to paint furniture. They are running workshops to teach skills that can be used to give old furniture a new lease of life.

The workshops, which are suitable for beginners and for those who want to learn advanced techniques, are being offered at the charity's Aber Park base in Flint. To enquire about course dates and place availability, call Refurbs Flintshire on **01352 734111**.

## WELFARE REFORM – LOCAL UPDATES

The changes in the welfare benefits system continue to roll out and the impact is already been felt locally with signs that both debt and rent arrears are rising. Surprisingly it also appears that applications to the new Discretionary Assistance Fund are low – this is the new emergency grant scheme and can help people buy household items, see below for contact details. This may be because people are not aware of it. As highlighted in our last *Voluntary Voice*: Some key information points:

If you are working with individuals or families who are/have been affected by the Welfare Reforms please contact the CAB

[socialpolicy@flintshirecab.org.uk](mailto:socialpolicy@flintshirecab.org.uk) and they will email a "quick evidence form" which you can use to describe the situation (with clients permission). Real stories can help to influence politicians and policy makers!

If staff and volunteers in your organisation support people affected by the changes and they would benefit from some training then contact Bryn Hall at CAB [bryn.hall@flintshirecab.org.uk](mailto:bryn.hall@flintshirecab.org.uk) It is very important that face to face workers can provide accurate information and reassurance

You can get a useful list of Food Coop venues and opening times from Natalie Edwards of the Rural Regeneration Unit on **07772 109695** or email [natalie.edwards@rru.org.uk](mailto:natalie.edwards@rru.org.uk)

You can contact the **Flintshire Foodbank** on **01352 755385** or email [info@flintshire.foodbank.org.uk](mailto:info@flintshire.foodbank.org.uk)

You may want to act as a collection point, become an official referral agency or find out the location and opening times of the distribution points.

To find out more about the new crisis payments the **"Discretionary Assistance Fund"** Tel: **0800 859 5924 free from landline or 033 0101 5000 local rate**. There is an online application process

Key issues highlighted at a recent Welfare Reform Board meeting were the difficulties for people in rural areas accessing services and the increasing reliance on on-line applications and service provision. These could further disadvantage unemployed people and those on low wages. Additional funding is likely to be made available to provide support with on-line applications. If you want to find out more about training available on Welfare changes and how your organisation can help, contact **James Johnson**, e-mail [james.johnson@flvc.org.uk](mailto:james.johnson@flvc.org.uk) or telephone **01352 744025**

# Shaun's News and Musings

## Howzat .... it is just not Cricket!!!

Picture the summer scene. The sun is beating down on the village green, the whites are shining bright and the spectators are relaxing with a nice cold glass or two. Alas the tranquillity is about to be shattered, but not by the dark rain clouds, this time it is a visit by the HMRC tax inspectors. In a lesson for all Sports clubs and alike Sawbridgeworth Cricket Club in Hertfordshire were hit for six by a bill of over £14,000 plus penalties and interest relating to untaxed earnings of bar staff, accommodation and perks for professionals and a series of other items dating back to 2008.



## The summer is here (maybe!)... so time for Holidays.

According to a survey by the Chartered Institute of Payroll Professionals (CIPP) most people plan to take their holidays in the months of September (23%), August (17%) and then June and July (both 13.6%). Managing leave requests and planning resources around these periods can be a tricky issue for employers, such as how much advance notice of holidays is required, shutdowns or set holiday periods and limiting the length of allowed holidays. ACAS has plenty of guidance on such issues.

[www.acas.org.uk](http://www.acas.org.uk)



## And Holiday Pay!

Employee rights to holiday pay can be agreed in the main contract of employment, implied from custom and practice or as part of the statutory entitlement. Under the Working Time Regulations (1998) as amended, workers have a minimum of 5.6 weeks' paid leave including Public Holidays for each full leave year. This is adjusted pro-rata for those with irregular hours, term-time or short term working. As a basic guide for those with irregular hours, on an accrual basis, for each hour

worked they will be due 12.07% of an hour or 7.24minutes paid holiday.

## And Students!

If you are employing students to cover for the holidays be aware that the payroll rules have changed this year. From 6 April 2013 employers no longer use the P38(S) student exemption process, and will operate normal PAYE (Pay As You Earn) to deduct Income Tax and National Insurance.

## Gift Aid Reminder – Charities Online

Charities Online was introduced by HMRC in April this year with the intention of making repayment claims faster and easier by filing online. The current R68(i) print and post repayment forms were replaced by three options for making claims but HMRC stated that it will accept the existing R68(i) claim forms until 30 September 2013. Thereafter you are encouraged to sign up to use HMRC Online Services, and to enrol for the Charities Online service [www.hmrc.gov.uk](http://www.hmrc.gov.uk). If you do not have access to the internet, you can submit claims using a paper repayment claim form, Form ChR1, which replaces the R68 claim forms. You can order the ChR1 from HMRC Charities Helpline.

For information on these, or any other finance or business matters, contact **Shaun Darlington**, 01352 744027 or [shaun.darlington@flvc.org.uk](mailto:shaun.darlington@flvc.org.uk)

# And Finally ...

## WEDDING NEWS!



Congratulations to John Gray who married Joyce recently. FLVC would like to take this opportunity to wish them all the best for their future life together.



### CONTINUITY AND CHANGE – MORE INFORMATION

If you can't come along to the Consultation meeting in Connah's Quay Civic Centre on 16 July you can still have your say by emailing [WGthirdsectorconsultation@wales.gsi.gov.uk](mailto:WGthirdsectorconsultation@wales.gsi.gov.uk) or by writing to:

**Third Sector and Community Policy Team  
Welsh Government  
Rhydycar Business Park  
Merthyr Tydfil  
CF48 IUZ**

You can have a look at the consultation document on our website [www.flvc.org.uk](http://www.flvc.org.uk) or we can send you a copy if you email [info@flvc.org.uk](mailto:info@flvc.org.uk) or phone **01352 744030**

If you want to find out more about the proposals or discuss any concerns you have, please contact **Kieran Duff on 01352 744028 or email [kieran.duff@flvc.org.uk](mailto:kieran.duff@flvc.org.uk)**

### ARE THE CONTACT DETAILS FOR YOUR ORGANISATION CORRECT?

If you are no longer the contact please let us know the details of the new contact. Information about our AGM will be going out shortly and we wouldn't like your organisation to miss out!

If you would like to receive regular "Egroup mailings" from FLVC please ensure that we have your current email address. We are aware that emails are being "bounced" as the details we hold are no longer valid.

Please contact **Sue Williams on 01352 744030 or [sue.williams@flvc.org.uk](mailto:sue.williams@flvc.org.uk)** to check or amend your records.

Deadline for copy for next newsletter is **Friday, 13 September 2013**. For further information on Voluntary Voice, or for inclusion of any articles, contact **Sue Williams on 01352 744030** or Email [sue.williams@flvc.org.uk](mailto:sue.williams@flvc.org.uk) Voluntary Voice is available on our website [www.flvc.org.uk](http://www.flvc.org.uk)

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