

# SUPPORTING PEOPLE WITH EPILEPSY IN WALES

YN HELPU POBL EFO EPILEPSI YNG NGHYSRU

EPILEPSI CYMRU  
EPILEPSY WALES

**Grŵp Cefnogaeth Epilepsi Cymru**

**Pob ail Ddydd Iau'r mis, 10.30 - 12.30**

**a pob pedwerydd Ddydd Mawrth y mis, 1-3pm**

**Caffi Hafan, Bangor**

**Ymunwch a ni am baned a sgwrs**



**Epilepsy Wales Support Group**

**Every second Thursday of the month, 10.30 - 12.30**

**and every fourth Tuesday of the month, 1-3pm**

**Hafan Café, Bangor**

**Join us for a cuppa and a chat**

**AM FWY O WYBODAETH CYSYLLTWCH**

**FOR MORE INFORMATION CONTACT**

 [info@epilepsy.wales](mailto:info@epilepsy.wales)

 **01978 312 325**