



## Swyddi Cyfryngau Cymdeithasol

### Social Media Posts

English	Welsh
<p>During July we will be posting screening information, participant case studies and films, themed posters and news stories on our Screening for Life Facebook page. Please help our messages to reach as many people as possible, by sharing our posts, and remember to check our Facebook page regularly during July for updates.</p> <p>Social media is a great way to help raise awareness of screening, below are some posts that you can use on your social media sites throughout July.</p> <p>Please remember to tag us <b>#S4L2017</b></p>	<p>Yn ystod mis Gorffennaf byddwn yn postio gwybodaeth am sgrinio, astudiaethau achos cyfranogwyr a ffilmiau, posteri thema a newyddion ar ein tudalen Facebook Sgrinio am Oes. A fydddech cystal â rhannu ein negeseuon er mwyn i gymaint o bobl â phosibl eu gweld, a chofiwch edrych ar ein tudalen Facebook yn rheolaidd yn ystod mis Gorffennaf i gael y wybodaeth ddiweddaraf.</p> <p>Mae'r cyfryngau cymdeithasol yn ffordd wych o helpu i godi ymwybyddiaeth o sgrinio, a cheir rhai negeseuon isod y gallwch eu defnyddio ar eich safleoedd cyfryngau cymdeithasol yn ystod mis Gorffennaf.</p> <p>Cofiwch ein tagio <b>#S4L2017</b></p>
Breast screening	Sgrinio'r fron
Post description	Disgrifiad o'r neges
<p><a href="#">Breast screening themed poster</a></p> <p>This poster is to encourage women being invited for breast screening for the first time to take up their screening invitation.</p>	<p><a href="#">Poster ar y thema sgrinio'r fron</a></p> <p>Diben y poster hwn yw annog menywod a wahoddir i gael prawf sgrinio'r fron am y tro cyntaf i dderbyn y gwahoddiad i gael eu sgrinio.</p>
<p><a href="#">Breast screening saves lives infographic</a></p> <p>An infographic is a visual way of</p>	<p><a href="#">Ffeithlun mae sgrinio'r fron yn achub bywydau</a></p> <p>Ffordd weledol o gyflwyno</p>

presenting information <a href="#">Breast cancer signs and symptoms infographic</a>	gwybodaeth yw ffeithlun <a href="#">Ffeithlun am arwyddion a symptomau cancer y fron</a>
<b>Cervical screening</b>	<b>Sgrinio serfigol</b>
Post description	Disgrifiad o'r neges
<a href="#">Cervical screening themed poster</a>  This poster is to encourage younger women who are invited to attend for their smear test and for them to encourage their older relatives about the importance of screening.	<a href="#">Poster ar y thema sgrinio serfigol</a>  Diben y poster hwn yw annog menywod iau i dderbyn eu gwahoddiad am brawf ceg y groth ac i roi gwybod i'w perthnasau hŷn am bwysigrwydd sgrinio.
<a href="#">Cervical screening saves lives infographic</a>  <a href="#">Cervical cancer signs and symptoms infographic</a>	<a href="#">Ffeithlun mae sgrinio serfigol yn achub bywydau</a>  <a href="#">Ffeithlun ar arwyddion a symptomau cancer serfigol</a>
<b>Bowel screening</b>	<b>Sgrinio'r coluddyn</b>
Post description	Disgrifiad o'r neges
<a href="#">Bowel screening themed poster</a>  This poster is to encourage men who tend to engage with the programme less than women, to complete their bowel screening kit.	<a href="#">Poster ar y thema sgrinio'r coluddyn</a>  Diben y poster hwn yw annog dynion, nad ydynt yn cymryd rhan yn y rhaglen cymaint â menywod, i gwblhau eu pecyn sgrinio'r coluddyn.
<a href="#">Bowel screening saves lives infographic</a>  <a href="#">Bowel cancer signs and symptoms infographic</a>	<a href="#">Ffeithlun mae sgrinio'r coluddyn yn achub bywydau</a>  <a href="#">Ffeithlun ar arwyddion a symptomau cancer y coluddyn</a>



<b>Abdominal aortic aneurysm (AAA) screening</b>	<b>Sgrinio ymlediadau aortig abdomenol (AAA)</b>
<b>Post description</b>	<b>Disgrifiad o'r neges</b>
<p><a href="#">AAA screening themed poster</a></p> <p>This poster is to encourage all men who are still working to attend for their AAA appointment.</p>	<p><a href="#">Poster ar y thema sgrinio AAA</a></p> <p>Diben y poster hwn yw annog yr holl ddynion sy'n gweithio i fynychu eu hapwyntiad AAA.</p>
<p><a href="#">AAA screening saves lives infographic</a></p>	<p><a href="#">Ffeithlun mae sgrinio AAA yn achub bywydau</a></p>
<b>Diabetic eye screening</b>	<b>Sgrinio llygaid diabetig</b>
<b>Post description</b>	<b>Disgrifiad o'r neges</b>
<p><a href="#">Diabetic eye screening themed poster</a></p> <p>This poster is to encourage people of working age who have diabetes to attend for their diabetic eye screening appointment</p>	<p><a href="#">Poster ar y thema sgrinio llygaid diabetig</a></p> <p>Diben y poster hwn yw annog pobl o oedran gweithio sydd â diabetes i fynychu eu hapwyntiad sgrinio llygaid diabetig</p>
<p><a href="#">Diabetic eye screening saves sight infographic</a></p> <p><a href="#">Diabetic eye cancer signs and symptoms infographic</a></p>	<p><a href="#">Ffeithlun mae sgrinio llygaid diabetig yn arbed golwg</a></p> <p><a href="#">Ffeithlun ar arwyddion a symptomau cancer llygaid diabetig</a></p>