

Sgrinio am oes

Screening for life

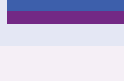


www.sgrinioamoes.cymru.nhs.uk

Gwybodaeth am wasanaethau sgrinio am ddim y GIG yng Nghymru



Iechyd Cyhoeddus
Cymru
Public Health
Wales



Mae'r daflen hon yn rhoi gwybodaeth i chi am brawf sgrinio'r GIG y byddwn ni (Iechyd Cyhoeddus Cymru) yn ei gynnig i chi am ddim. Pan fydd yn bryd i chi gael eich sgrinio, byddwn yn anfon mwy o wybodaeth atoch am y prawf, gan gynnwys y manteision a'r risgiau.

Os ydych yn drawsrywiol, efallai na fyddwch yn siwr pa brawf sgrinio a fydd yn cael ei gynnig i chi. Gallwch gael rhagor o wybodaeth yn:

www.screeningforlife.wales.nhs.uk/transgender-information-1

Sgrinio cyn geni

Sgrinio Cyn Geni Cymru

Antenatal Screening Wales

Pwy: Pob menyw
Pryd: Yn ystod beichiogrwydd
Y prawf: Profion gwaed a sgan uwchsain



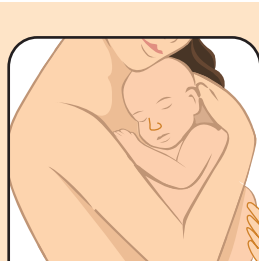
www.antenatalscreening.wales.nhs.uk

Sgrinio smotyn gwaed newydd-anedig



Newborn Bloodspot
Screening Wales
Sgrinio Smotyn Gwaed
Newydd-anedig Cymru

Pwy: Pob babi newydd-anedig
Pryd: 5 diwrnod ar ôl yr enedigaeth
Y prawf: Gwaed o sawdl y babi



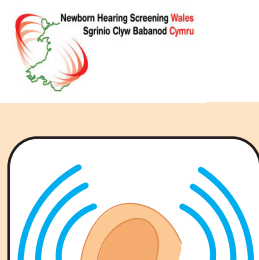
www.newbornbloodspotscreening.wales.nhs.uk

Sgrinio clyw babanod



Newborn Hearing Screening Wales
Sgrinio Clyw Babanod Cymru

Pwy: Pob babi newydd-anedig
Pryd: O fewn 2 wythnos i'r enedigaeth
Y prawf: Prawf clyw



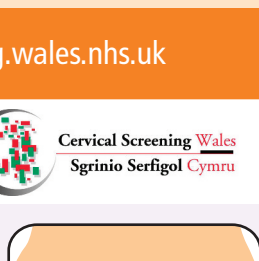
www.newbornhearingscreening.wales.nhs.uk

Sgrinio serfigol



Cervical Screening Wales
Sgrinio Serfigol Cymru

Pwy: Menywod 25-64 oed
Pryd: Pob 3 blynedd (25-49 oed)
Pob 5 mlynedd (50-64 oed)
Y prawf: Prawf ceg y groth



www.cervicalscreeningwales.wales.nhs.uk

Y Gogledd: 01352 803277

Y De-dwyrain: 029 2078 7910

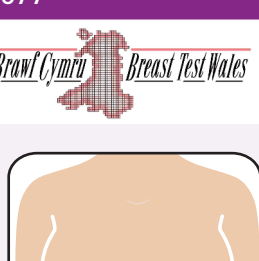
Canol a de Cymru: 01792 644677

Sgrinio'r fron



Breast Test Wales

Pwy: Menywod 50-70 oed (dros 70 os byddwch yn gofyn)
Pryd: Pob 3 blynedd
Y prawf: Pelydr-x o'r bronau



www.breasttestwales.wales.nhs.uk

Y Gogledd: 01492 860888

Y De-dwyrain: 029 2039 7222

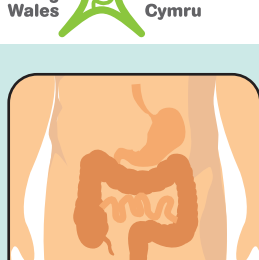
Canol a de Cymru: 01792 459988

Sgrinio'r coluddyn



Sgrinio Coluddyn Cymru

Pwy: Dynion a menywod 60 i 74 oed
Pryd: Bob 2 flynedd
Y prawf: Pecyn prawf yn y cartref



www.bowelscreening.wales.nhs.uk

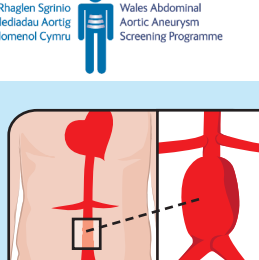
0800 294 3370

Sgrinio ymlediadau aortig abdomenol



Wales Abdominal Aortic Aneurysm Screening Programme

Pwy: Dynion 65 oed (dros 65 os byddwch yn gofyn)
Pryd: Un prawf
Y prawf: Sgan uwchsain



www.aaascreening.wales.nhs.uk

Y Gogledd: 01492 863563

Y De-dwyrain: 01443 235161

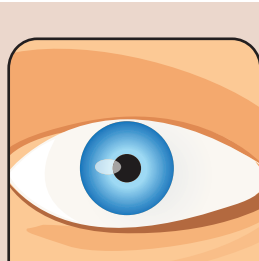
Canol a de Cymru: 01792 453162

Sgrinio llygaid diabetig



Diabetic Eye Screening Wales

Pwy: Pawb dros 12 oed sydd â diabetes
Pryd: Pob blwyddyn
Y prawf: Ffotograffau o'r llygaid



www.eyecare.wales.nhs.uk/DRSSW

01443 844244

Sgrinio am oes

Screening for life

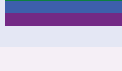


www.screeningforlife.wales.nhs.uk

Information about free NHS screening in Wales



Iechyd Cyhoeddus
Cymru
Public Health
Wales



This leaflet tells you about the free NHS screening test we (Public Health Wales) will offer you. When you are due for screening, we will send you more information about it, including the benefits and risks.

If you are transgender, you may not be sure which screening test you will be offered. You can find more information by visiting:

www.screeningforlife.wales.nhs.uk/transgender-information

Antenatal screening

Sgrinio Cyn Geni Cymru Antenatal Screening Wales

Who: All women
When: During pregnancy
Test: Blood tests and ultrasound



www.antenatalscreening.wales.nhs.uk

Newborn bloodspot screening



Newborn Bloodspot
Screening Wales
Sgrinio Smotyn Gwaed
Newydd-anedig Cymru

Who: All newborn babies
When: 5 days after birth
Test: Heel-prick test



www.newbornbloodspotscreening.wales.nhs.uk

Newborn hearing screening



Newborn Hearing Screening Wales
Sgrinio Clyw Babanod Cymru

Who: All newborn babies
When: Within 2 weeks of birth
Test: Hearing test



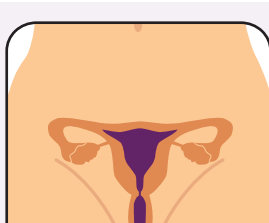
www.newbornhearingscreening.wales.nhs.uk

Cervical screening



Cervical Screening Wales
Sgrinio Serfigol Cymru

Who: Women aged 25-64
When: Every 3 years (aged 25-49)
Every 5 years (aged 50-64)
Test: Smear test



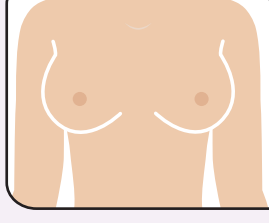
www.cervicalscreeningwales.wales.nhs.uk

N Wales: 01352 803277 SE Wales: 029 2078 7910
Mid & W Wales: 01792 644677

Breast screening



Who: Women aged 50-70 (over 70s if you ask)
When: Every 3 years
Test: Breast x-ray



www.breasttestwales.wales.nhs.uk

N Wales: 01492 860888 SE Wales: 029 2039 7222
Mid & W Wales: 01792 459988

Bowel screening



Sgrinio Coluddion
Cymru

Who: Men and women aged 60 to 74
When: Every 2 years
Test: Home test kit



www.bowelscreening.wales.nhs.uk

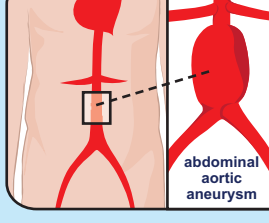
0800 294 3370

Abdominal aortic aneurysm screening



Wales Abdominal
Aortic Aneurysm
Screening Programme

Who: Men aged 65 (over 65s if you ask)
When: One-off test
Test: Ultrasound



www.aaascreening.wales.nhs.uk

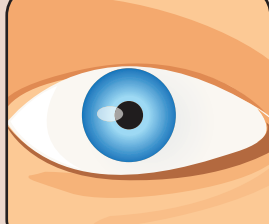
N Wales: 01492 863563 SE Wales: 01443 235161
SW Wales: 01792 453162

Diabetic eye screening



Sgrinio Llygaid Diabetig Cymru
Diabetic Eye Screening Wales

Who: Everyone over 12 years with diabetes
When: Every year
Test: Photographs of the eye



www.eyecare.wales.nhs.uk/DRSSW

01443 844244