

NEWSLETTER

VOLUNTARY
VOICE

FLVC
Flintshire Local Voluntary Council
Cyngor Gwirfoddol Lleol Sir Fflint



Cefnogi Trydydd
Sector **Cymru**
Third Sector
Support **Wales**



FLVC AGM - Kirsty Hughes receives her Tom Jones Award for Volunteering from David Moorhead and Alex Lavery speaks about his experience of volunteering and living with autism



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You can be part of this newsletter too!

If you would like to include an article in the next edition of Voluntary Voice then please forward your article to:

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Communications Officer,

Mold Business Park,
Wrexham Road, Mold, CH7 1XP.

Email - info@flvc.org.uk

Tel - 01352 744 000

Would you be happy to receive our Voluntary Voice newsletter electronically?

Our recent stakeholder survey indicated that over 85% of respondents would be happy to read this document online.

Printed copies will always be available and we recognise the importance of hard copies, but if you would like to help us to reduce costs, and damage to the environment, and are happy to access this publication online please can you contact Jane Hewson, Communications Officer. Email – jane.hewson@flvc.org.uk



Flintshire Local Voluntary Council (FLVC)

Our Vision:

FLVC's vision is of a strong sustainable and effective voluntary and community sector, involving and serving Flintshire people.

Our Mission:

FLVC's mission is to support, develop and promote voluntary and community activity in Flintshire and to strengthen the capacity of voluntary and community groups to contribute to the quality of life of Flintshire people and communities.

Welcome to the latest edition of Voluntary Voice.

This year has been a time of celebration of our work (including our 20th Birthday) but also a time of sadness and reflection, as we have lost our friend Lynne Rowlands who sadly passed away in September. Many of you will have met and worked with Lynne and the memories shared over the past few weeks have reminded us what a lovely lady she was, and also how precious health and happiness is to us all.

Lynne attended our 20th Birthday celebrations in July, which were attended by many previous FLVC friends and colleagues. Afternoon tea followed live music from "Blues Face". Much has changed in FLVC over the years, and we continue to seek to adapt and improve our services to meet the needs of the groups and individuals we are here to support. Keep telling us what we need to be doing and how we should be doing it!

Our Third Sector Conference this year focussed on Co-Production. Representatives from Betsi Cadwaladr University Health Board, Public Health Wales, Flintshire Public Services Board, Flintshire's Early Help Hub, Co-Production Network Wales and Glyndwr University helped us to share information on current initiatives affecting (and involving) residents of Flintshire and North Wales as a whole. We had over 100 attendees and feedback was that the event was informative and productive.

Thank you to everyone who attended our Annual General Meeting. In addition to the formal business, we had the privilege to welcome a number of special guests. Cllr Brian Hughes, Chairman of Flintshire County Council joined us in celebrating the Tom Jones Award for Young Volunteers. Well done to Amy Hallows, Caitlin Sandall, Daniel Gunner, David Moorhead, Emily Hodgson, Erica Hunt, Hannah Carrington, Josh Williams, Kirsty-Ann Hughes, Morgan Abbott, Olivia Clarke, Rhian Williams, Richard Allan and Seren Price, who all received certificates to recognise the time they give to help others.

Erin a Meg (Clwb Clocswyr Garmon) entertained us with a demonstration of the Clog dancing that they teach to other young people (in their own time) and Alex Lowery gave an inspiring talk on his personal experience of working and volunteering as a young man with Autism.

Following our Investing in Volunteers Award earlier this year, FLVC staff and trustees are working towards achievement of the PQASSO Quality Standard. It is vital that we assess, review and adapt our work regularly to ensure we are providing an efficient and effective service.

Our staff team look forward to catching up with you soon. The kettle is on.

Best wishes

Ann



Chief Officer
01352 744028

ann.woods@flvc.org.uk



Morgan Foundation

Grants are available to small to medium-sized registered charities and charitable organisations working with children and families or people who are older, disabled or socially isolated in North Wales, Merseyside, West Cheshire and North Shropshire. The Foundation has a grants programme of more than £2 million per year.

The type, size and time period of a grant is decided on the basis of the perceived 'difference' that the Foundation's support will make to the organisation, to the project and to the targeted beneficiaries.

Useful Links:

Morgan Foundation

<http://www.morganfoundation.co.uk/>

Jane Harris

Tel: 01829 782800

E-Mail: contact@morganfoundation.co.uk

Archbishop of Wales Fund for Children

Grants are available to not-for-profit organisations working with children and their families in Wales. Awards are generally made between £100 and £5,000. Applications for higher levels of funding may be considered if a proposal has exceptional circumstances.

Archbishop of Wales Fund for Children - Grants:

<http://www.churchinwales.org.uk/structure/representative-body/hr/archbishop-of-wales-fund-for-children/grants/>

Church in Wales:

http://www.churchinwales.org.uk/index_e.php

BBC Children in Need

Main Grants Programme

Grants for not-for-profit organisations that are working with disadvantaged children and young people who are 18 years old and younger living in the UK. Grants of over £10,000 are available to support projects for up to three years.

There is no upper limit for Main Grants but very few grants over £120,000 (or £40,000 per year) are made and most grants are for much less.

Small Grants Programme

Grants for not-for-profit organisations that are working with disadvantaged children and young people who are 18 years old and younger living in the UK, the Isle of Man and the Channel Islands.

Grants of up to £10,000 are available per year for up to three years (£30,000 total request).

BBC Children in Need:

<http://www.bbc.co.uk/pudsey/>

BBC Children in Need - Main Grants Programme:

<http://www.bbc.co.uk/programmes/b008dk4b/features/cin-grants-main-index>

BBC Children in Need - Small Grants Programme:

<http://www.bbc.co.uk/programmes/articles/1rL65cBI1tBjsHbLqxr9wQL/our-small-grants-programme-is-changing-and-is-currently-closed>

E-Mail: pudsey@bbc.co.uk

Esmée Fairbairn Foundation - Young People Leaving Care Funding

Funding is available to support young care leavers to feel emotionally stable and be financially secure, ultimately making a successful transition to independence. There is no minimum or maximum level of grant and no specified length of time for funding.

In 2015, the Foundation's median average grant was £100,000 over three years.

Useful Links:

Esmée Fairbairn Foundation - Young People Leaving Care:

<http://esmeefairbairn.org.uk/what-we-fund/young-people-leaving-care>

Tel: 020 7812 3700

E-Mail: info@esmeefairbairn.org.uk

Henry Smith Charity

Holiday Grants for Children

Grants are available for schools, youth groups, not-for-profit organisations and charities to provide access to recreational trips or holidays for groups of children who experience disadvantage or who have disabilities. Maximum Value: £ 2,500 Grants of between £500 and £2,500 are available. Funding is available for a maximum of two consecutive years.

Main Grants Programmes

Revenue grants are available for projects involved with health and social welfare in the UK, including the Isle of Man and Channel Islands.

Revenue funding of £10,000 or more per year for up to three years for core costs (including salaries and overheads), or the running costs of a specific project

(including staffing costs). The amount requested must be at least £10,000 in each year. The maximum length of funding that can be requested is three years.

The Henry Smith Charity:

<http://www.henrysmithcharity.org.uk/>

The Henry Smith Charity - Grant Programmes:

<http://www.henrysmithcharity.org.uk/grant-programmes.html>

Henry Smith Charity - Holiday Grants for Children:

<http://www.henrysmithcharity.org.uk/holiday-grants-for-children.html>

Tel: 020 7264 4970

Tudor Trust

Grants are available to smaller community-led groups that support people at the margins of society in the UK, encouraging independence, inclusion and integration.

There is no maximum or minimum level of grant, although it is unusual for a grant of less than £10,000 to be made. In some situations the Trust may make a short-term loan.

Tudor Trust:

<http://www.tudortrust.org.uk>

E-Mail: applications@tudortrust.org.uk

Hawarden & District Relief in Need Fund

The Hawarden & District Relief in Need Charity will provide support to the following themes:

- Groups and organisations supporting vulnerable people
- Individuals with limited resources
- Individuals in crisis

Who can apply:

- Groups and organisations working with people who reside in the ancient parish of Hawarden ie. the predominant beneficiaries must be from the parish.
- Individuals living in the ancient parish of Hawarden

Please note: The ancient parish of Hawarden consists of the following modern wards - Aston, Broughton East, Broughton West, Buckley Pentrobin, Ewloe, Hawarden, Mancot, Saltney Mold Junction, Saltney Stonebridge, Sealand, Shotton East, Shotton Higher, Shotton West.

Grants available:

- Individuals and organisations can apply for grants of up to £750
- Examples of what can be funded include:
- Equipment and activities for Hawarden-based community groups/charities working with vulnerable people in need
- Purchase of critical household items eg white goods, bedding, carpets etc
- Items essential to alleviating the suffering of food and fuel poverty (e.g. food parcels, blankets, hot water bottles, thermals, boiler repairs)
- Essential repairs and/or redecoration
- Luncheon clubs, food co-ops, activities that promote community cohesion, reduce isolation and alleviate poverty

For further details on how to apply please go to the Community Foundation in Wales website <http://www.cfiw.org.uk/eng/grants/41-hawarden-district-relief-in-need-fund>

Comic Relief Core Strength Local Communities Programme

Aims:

This programme is responding to the growing need of small locally led groups to cover their day to day

costs. The aim is to provide funding for groups' core costs - meaning expenditure that is not connected to delivering projects but focusing on investing in the organisation as a whole, such as basic running costs. We know securing core funding can be tough and want to use this programme to help support those doing much needed work in their local communities.

People living in areas of disadvantage or who face social issues often get vital support from smaller local groups based within their communities. It is these locally based groups that truly understand the needs of the people they serve and make a huge difference to their lives.

The Grant shall be used to support groups that can evidence a sustained beneficial impact on people's lives who are excluded or disadvantaged; this may be through low income, rural or social isolation, age, disabilities, race, sexuality or gender. Priority is to be given to small, locally based groups or organisations in areas of disadvantage that have a clear understanding of the needs of their community and are undertaking actions as a means of addressing these needs.

Awards Available:

- Grants of between £1,000 and £5,000 will be available.

When can you apply?

- The programme will have a deadline:
- 30th March 2018

We are open for applications from a month prior to the deadline. Applicants will be informed of the outcome within 2 months of the deadline.

An Online Application Form is available on the Community Foundation in Wales website. Please note if you submit your application outside the above time period your application will be ineligible.



FLVC - Training Programme



FLVC have the following courses arranged for 2018:

11th January 2018: How to Tender Taster Session.

Cost: FREE

16th January 2018: Modern Slavery Awareness Course. Cost: £10 member/£15 non member

23rd January 2018: The Essentials of Data Protection & GDPR. Cost: £25 member/£35 non member

23rd January 2018: Discrimination Awareness

25th January 2018: Transgender Diversity Awareness and Equality Workshop. Cost: £10 member/£15 non member

29th January 2018: Safeguarding Workshop. Cost: FREE

Please contact jane.hewson@flvc.org.uk if you would like a place on any of these courses.

Groundwork - New Programme

Engage 1 Advance 2 is an innovative TWO PART programme creating new opportunities for 16 – 24 year olds in Wrexham and Flintshire

1. As part of ENGAGE 1 young people will successfully complete a two week intense employability course. On successful completion some will progress and become a 'Groundwork Achiever' moving on to the next stage of the programme.

2. ADVANCE 2 consists of us working alongside local businesses and third sector organisations to create paid work placements for our GROUNDWORK ACHIEVERS who will all be 'work ready' and raring to start.

GROUNDWORK ACHIEVERS will get an invaluable opportunity and experience and will be paid National Minimum Wage for 16 or 24 weeks (for minimum 30 hours per week). We will work to ensure their placement, employer and job role is mutually suitable for both themselves and the employer.

At the end of the programme we would hope continued employment could be an option for our Groundwork Achievers; however where this isn't possible we would support them in entering an apprenticeship, alternative employment or further learning/training.

This programme is funded through the European Social Fund and as with all ESF Funding there is an eligibility criteria that participants have to meet. We will assess individual referrals as and when they happen.

Our plan is to run our first Engage 1 week commencing 4th December with the plan to start our first work placement opportunities in January 2018.

My colleague Kay Harrison is going to be co-ordinating the project, she or I would be happy to come and talk to you, your colleagues, teams and any young people you are working with currently or have done in the past who you feel could benefit from this programme.

For more information please call us on 01978 757524 and speak to myself or Kay or email lisa.jones@groundworknorthwales.org.uk or kay.harrison@groundworknorthwales.org.uk

Stepping Stones - Grand Masquerade Ball

Stepping Stones has a forthcoming Grand Masquerade Ball, to be held on the 8th December at the Celtic Arms, Northop. The evening will have live music and a 3 course meal with coffee, an ideal event to celebrate Christmas. Tickets are priced at £30.00 each, probably the best value Christmas Party of 2017!!

Tickets are sure to sell quickly, reserve yours by calling Shirley now on 01978 352717. All monies raised will support the vital services provided at Stepping Stones.

www.steppingstonesnorthwales.co.uk



It was with immense sadness that we learnt of the passing of our dear former colleague and friend, Lynne Rowlands, on Monday 25th September.

Lynne was so well-known and respected throughout the voluntary sector in Flintshire and beyond and gave so much to everyone she came into contact with - volunteers, fellow professionals and friends. We were overwhelmed with contributions towards our memory book that we wanted to give to her family to let them know what a huge contribution she made here at FLVC and within the voluntary sector throughout Flintshire. This is a short poem written by our former Chief Officer, Kieran Duff, which sums up Lynne's sweet spirit, enthusiasm and loving nature.

**Monday mornings Lynne Rowlands arrives
 Three new ideas, we're bleary-eyed
 Let's try this, what about that
 Before you know it, out of a hat
 She pulls another clever project.
 We're in awe so just can't reject.
 Off she gallops trailing us behind,
 Money no problem, funding she'll find.
 People who often felt a little bit down
 Suddenly see their lives turning around.
 Heart brimming with generosity
 Lynne was a whirlwind of positivity
 Nothing a problem, answers with ease,
 We'll always feel her gentle breeze**

Celebrating achievements of young people in county

Groups came together on 27th September to celebrate the volunteering achievements of young people on the Resilience Project and the 14-19 Pathways in the Glanrafon Centre, Mold. The celebration displayed some of the work and photographs of young people working with Woodwork to Wellness, Wisdom of Equus, Greenfield Valley, Mold Community Garden and Days Inn Hotel, as well as work done in the Glanrafon Centre in the way of art murals, cooking, craft and IT.

The afternoon was well attended with a tea party theme seeing all tucking into sandwiches, scones and tea and coffee. Attendees included the young people, FLVC staff and Trustees, representatives from the education service in Flintshire, as well as the afore mentioned third sector organisations. Along with the displays there was a slide show and a come and try yoga session with Jill Blandford. The celebration was funded by the Youth Led Grant via the Youth Are Funders Panel and all involved would like to say a big thank you to them..



It's amazing what you can do when you're a Shining Light

Vy Cochran, who worked for more than 10 years as Community Development Project Officer with Wales & West Housing, has now joined the charity Shine as a development worker.

Shine provides specialist support from before birth and throughout the life of anyone living with spina bifida and/or hydrocephalus, as well as to parents, families, carers and professional care staff.

Vy will be working with colleagues across Wales to deliver the Shining Lights service, which aims to build a wide programme of support for anyone in Wales whose life is affected by spina bifida and hydrocephalus.

These complex, life-threatening conditions often go together, although hydrocephalus can also occur later in life. Symptoms may be hidden or misunderstood, and can affect a person's mobility, coordination, thinking, memory and quality of life. The increased life expectancy brought about by medical advances is also bringing with it new health challenges with age.

Shine works to enable members to access quality services, education and lifelong opportunities. The new Shining Lights service is supported by funding from the Big Lottery Wales.

For more contact Vy via email at vy.cochran@shinecharity.org.uk or phone **07393 235960**.
www.shinecharity.org.uk



Magi Ann wins national award

Welsh icon Cerys Matthews, pays Magi Ann a surprise visit

Magi Ann received a very special visitor during one of her Story and Song on the 29th of August. Those attending the session were surprised to see Magi Ann being led into the session at Wrexham Library by famous singer Cerys Matthews. Cerys and the BBC cameras came to announce the good news, that the Magi Ann app had won the Best Education Project in the 2017 National Lottery Awards.

The project received their National Lottery Award along with a £5,000 prize at a glittering Award Ceremony that was broadcast on BBC One across Britain.

These Awards are held annually and gives the British public the opportunity to vote for their favourite projects funded by the National Lottery. The Magi Ann app reached the Awards short list out of 1,300 nominations, and were the only Welsh language project to reach the final round.

Gill Stephen, Menter Iaith Fflint a Wrecsam Chief Officer said:

"Because of their close involvement with local communities the Mentrau Iaith are in a unique position to be able to create suitable resources to meet the needs of the areas they work in. This award is a tribute to the local community here who have been an invaluable source of help and support throughout the project. I would like to thank everyone who voted for us and gave us the opportunity to introduce the Welsh language, which is an integral part of the lives of the people of Wales, to so many people across the other countries within the UK."

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COMMUNITY

By today, the apps have been downloaded over 100,000 times and are popular recourses in schools and in homes across Wales. They are also used across the world, with families from Japan to Patagonia and from America to Sweden learning to read Welsh with Magi Ann and her friends.

Singer, songwriter, author, and broadcaster Cerys Matthews said:

"The Magi Ann apps are so much fun! They bring these beloved Welsh books to a new audience, helping parents and children learn Welsh together, making a big difference to learners across Wales and beyond.

"Many Welsh speakers have fond memories of the books, and now, thanks to these apps,

anyone in the world can enjoy them.

"They fully deserve this National Lottery Award - National Lottery players should be very proud to have helped fund the magical Magi Ann."

Caerwys Brown Owl's Award

A note from Judith at Caerwys Brownies:

Recently I had the pleasure of attending the FLVC (Flintshire Local Voluntary Council) AGM. Kirsty Hughes had been nominated for the "Tom Jones Award" – for Outstanding Contribution to Volunteering. Along with 13 other nominees, Kirsty was presented with a certificate and book voucher. It was then announced that the winner of the Annual Trophy was indeed our very own Brown Owl - Kirsty!

The Chief Officer of FLVC read out a glowing commendation and then together with last years winner presented her with the Trophy.

This is what the Chief Officer, Ann Woods of FLVC, had to say in her speech re Kirsty :

"Kirsty volunteers for Girl Guiding West Flintshire. She is described as an inspirational and exceptional Leader,

being Brown Owl of a thriving Brownie Unit in Caerwys.

Kirsty never misses meetings – her Brownie activities are engaging, full of fun and meet the Guiding commitment to provide a safe place filled with opportunities for young girls to learn new skills and grow as individuals".

Well done Kirsty – well deserved!



Resilient Communities : A Third Sector Perspective

WCVA has been working with members and a range of partners to develop proposals on developing more resilient communities. Within this, we're particularly interested in what needs to happen to achieve more empowered communities. We have shared these proposals with Welsh Government in the form of a paper from the third sector.

What did we do?

We have worked with a range of third sector networks in Wales to stimulate discussion within the sector. These include BAME Alliance, Children in Wales, CWVYS, DTA Cymru, Interfaith Council for Wales, Third Sector Support Wales, Urdd Gobaith Cymru and Wales Equality Group. We've also drawn on the knowledge, experience and networks of our Communities First Support Service.

To support initial ideas, we developed a joint discussion paper with Talwrn. This had a

number of questions to help get us thinking. We hope it will also be useful for other groups to develop their own thinking.

We hosted a number of discussion sessions online and face to face over the summer and autumn of 2017. These were opportunities to share and discuss different ideas from across and beyond the sector. This included our panel debate at WCVA's stand at the 2017 Eisteddfod, which is now available to view.

We launched a series of blogs on the theme of resilient communities, beginning with a look at how community anchors can be key to local action. We love to hear feedback, so if you have any thoughts, please leave a comment on a blog or email help@wcva.org.uk.

We're also keen to link with others working in this area. If you are, please get in touch. For example, we've hosted two roundtable sessions with Carnegie UK Trust to discuss implications from their Turnaround Towns work for towns in Wales.

We will continue to monitor developments in this area, and let the sector know about any further opportunities to get its voice heard by Welsh Government.

Find out more

- Listen to our podcast series
- Follow activities on the Twitter hashtag #ResilientCommunities and have look at the summary of our Twitter chat
- Watch some Resilient Communities vlogs
- Get in touch with Russell Todd

WCVA - Current Consultations

You can see below the latest consultations that may affect you and your organisation. WCVA will tell you how to reply and which they'll be replying to – and how you can help them with their responses by clicking on the links below.

To add a new consultation, please email Catrin Roberts on croberts@wcva.org.uk

Education	Targeted Funding to Improve Educational Outcomes	National Assembly for Wales	The Children, Young People and Education Committee is conducting an inquiry into the Welsh Government's approach of targeting funding on particular cohorts of pupils, primarily disadvantaged pupils through the Pupil Development Grant (PDG).	5.1.18
Transport	Discounted bus travel for younger people in Wales	Welsh Government	We want your views on proposals to encourage younger people to take the bus.	4.1.18
Transport	Mandatory concessionary fares scheme in Wales	Welsh Government	We are seeking views on free bus travel for older people, disabled people and injured service veterans in Wales.	12.1.18
Social Care	Draft practice guidance for domiciliary care workers	Social Care Wales	We want your views on new guidance developed for domiciliary care workers that aims to support and guide their work.	19.1.18

How Good Is Your Governance?

During Trustee's Week and Safeguarding Week, Third Sector Support Wales partners delivered events in Baglan and Conwy for trustees and third sector organisations to raise awareness of the principles of good governance, and provide the most up to date information, tools and guidance to support charities to improve practices.

The Charity Commission spoke about the seven principles of good governance of the UK Charity Governance Code, which supersedes its previous guidance on 'The Hallmarks of an Effective Charity'.

Read a blog from Rosie Chapman, Chair of the UK good governance code steering group, encouraging organisations to adopt the Code and make a public commitment to the principles. PQASSO for Wales was promoted as a practical process for organisations to work through to strengthen governance, and free WCVA resources, Faith and hope don't run charities (trustees do) and the Governance health check were recommended as useful tools.

Workshops were held to identify good practice and common challenges with participants confirming that more information is needed to keep trustee knowledge up to date, peer support, and trustee recruitment and diversity, reflecting the key findings of a major report published by the Charity Commission this week Taken on Trust: the Awareness and Effectiveness of Charity Trustees in England & Wales.

Feedback gathered from the workshops will help inform our ongoing programme of support on good governance. TSSW is also interested in inviting organisations to register their interest in future discussions and focus groups. We want to know more your ideas on good governance, the

challenges you face and what support is needed to improve governance. If you would like to 'have your say' please contact Sara Sellek, Assistant Director at WCVA via our Helpdesk 0800 2888 329 or help@wcva.org.uk

Third Sector Support Wales is a network of support organisations for the whole of the third sector in Wales. It consists of the 19 local and regional support bodies across Wales, the County Voluntary Councils (CVCs) and the national support body, Wales Council for Voluntary Action (WCVA).

THE PRINTROOM

It's still not too late to have your 2018 calendars printed. All you need to do is supply us with your favourite photographs and we'll do the rest. Use it to raise funds or just as a Christmas gift. Prices start from £3.95.

The Printroom will be closed over the Christmas holiday from 4.00 pm on Wednesday, 20th December 2017 and re-open at 9.00 am on Tuesday, 2nd January 2018.

We would like to wish all our customers a very Merry Christmas and a happy and prosperous New Year!

**01352 744031
theprintroom@flvc.org.uk**

