

WANT TO VOLUNTEER BUT DON'T FEEL READY?

WE'RE HERE TO SUPPORT YOU.

Level 1 Voluntary Work Skills Accredited Course

**Delivered online via
Zoom.**

**Includes two online
sessions per week for
5 weeks.**

**Participants complete
assessment booklet
via Moodle.**

Focusing on:

**Volunteering - roles,
responsibilities, benefits**

Communication skills

**Positive & assertive
behaviours**

Group working skills

Equality

**Participants will be
supported to
undertake volunteer
taster sessions in
Flintshire once COVID-
19 restrictions are
lifted.**

**To find out more about this FREE course,
or to enrol, please contact a
Volunteering Development Officer:**

Debbie.Long@flvc.org.uk
07388 379234

Claire.Worrall@flvc.org.uk
07388 379233