DISTANCE LEARNING

LEVEL 2 AWARD IN HEALTH AND SAFETY IN THE WORKPLACE (RQF)

Who is this training for?

The qualification is aimed at learners in a variety of work environments and will develop awareness of health and safety within an organisation. The qualification provides learners with essential knowledge and understanding of health and safety in the workplace under UK health and safety legislation and is also an ideal platform to higher level training or career development.

What does the training cover?

The learning outcomes below describe the skills and knowledge you will gain by successfully completing the qualification.

- 1. Understand the roles and responsibilities for health, safety and welfare in the workplace.
- 2. Understand how risk assessments contribute to health and safety.
- 3. Understand how to identify and control the risks from common workplace hazards.
- 4. Know the procedures for responding to accidents and incidents in the workplace.

The assessment criteria below state the skills, knowledge, and competence you will acquire by successfully completing the course & will be able to discuss during the final course assessment.

- 1. Outline employers' and employees' duties relating to health, safety and welfare at work.
- 2. Outline the consequences for non-compliance with health and safety legislation.
- 3. Outline the requirements for training and competence in the workplace.
- 4. Outline the ways in which health and safety information can be communicated.
- 5. Define the terms 'hazard' and 'risk'.
- 6. Outline the process for carrying out a risk assessment.
- 7. Describe how risk assessment can be used to reduce accidents and ill health.
- 8. Describe the hazards that may be found in a range of workplaces.
- 9. Describe how hazards can cause harm or damage to people, work processes, the workplace and the environment.
- 10. Describe the principle of the risk control hierarchy.
- 11. List examples of risk controls for common workplace hazards.
- 12. State the common causes of workplace accidents and ill health.
- 13. Identify the actions that might need to be taken following an incident in the workplace.
- 14. List the arrangements that should be in place in a workplace for emergencies and first aid.
- 15. Outline why it is important to record all incidents, accidents and ill health.

How does distance learning work?

Training will begin on the first date as a group, via zoom, introducing the course and covering some key topics, much like a standard training course.

You will then be provided with the latest electronic learning resources, including presentations, videos and web links as your main point of reference, to research key areas as independent learning in your own time, coming back together again a little later for the second date to reflect with more teaching & independent learning.

Throughout the duration of the course you will have contact with our trainers on a regular basis to ask any questions, gain support, monitor progress, provide teaching and to enable discussion and Q&A sessions.

Our trainers will be able to gauge your level of knowledge and understanding and decide if you are ready to move on to the next Module/s and ultimately when you are ready for the assessment.

How is this training course assessed?

The final assessment is done in the form of a recorded professional discussion conducted on a one-to-one basis at a time that suits you & the trainer. An hour slot is usually given, but most assessments take approx. 30 mins.

What do I need to bring?

You will be provided with the latest electronic learning resources, including presentations, videos and web links as your main point of reference, to research key areas as independent learning in your own time.