

Welsh Ambulance Service News November 2020

Part 1

Kind Cody's Covid fundraiser find out more: [HERE](#)

Welsh Ambulance Service Supports Road Safety Week: [HERE](#)

Nine-week-old baby saved by ambulance teamwork: [HERE](#)

Coronavirus regulations from 9th November 2020: [HERE](#)

Wales introduces stricter isolation requirements to people travelling from Denmark: [HERE](#)

111 to be available now in Cwm Taf Health Board Area:

111 will be rolling out within Cwm Taf Morgannwg Health Board area on **Tuesday 24 November 2020** for more information: [HERE](#)

Merthyr Tydfil Mass COVID-19 Testing find out more:
<https://gov.wales/covid-19-mass-testing-merthyr-tydfil>

'999? I can't sleep!' – Inappropriate calls to the Welsh Ambulance Service revealed: [HERE](#)

The Grange University Hospital opens its doors to patients:

The new £350m hospital, in Llanfrechfa, Cwmbran, is a key component of Aneurin Bevan University Health Board's Clinical Futures Programme, which is transforming health service delivery across the Gwent region.

The Grange University Hospital, funded by Welsh Government, opened on Tuesday 17th November – four months ahead of schedule to help the Health Board respond to winter pressures and COVID-19.

Further information on the changes to healthcare in Gwent can be found on the Health Board's website and social media pages - <https://abuhb.nhs.wales/clinical-futures>

An information booklet has been delivered to every home in Gwent – called 'Your NHS services in Gwent are changing' can be viewed on our

website (<https://abuhb.nhs.wales/files/clinical-futures/clinical-futures-information-booklet/>)

If you would like further information this is available in a variety of formats so please do get in touch: Amy Sullivan

Tel: 01633 431614 (Ext 51614)

E-mail: amy.sullivan4@wales.nhs.uk

Screening and COVID-19:

In response to the COVID-19 pandemic, some of the NHS screening services were paused. As services are re-instated, Public Health Wales' Screening Engagement and Vaccination Teams are reviewing the way in which community engagement is carried out. As an organisation working with communities, they would like to know how you have adapted your services at this time. They would also like to find out how people feel about accessing the NHS screening and vaccination programmes at this time. Please complete this short [survey](#) which will inform the development of their community engagement plans to help raise awareness of screening and vaccinations.

Learning Disability Community:

Health Profile:

Public Health Wales have developed a Once for Wales Health Profile which can provide health professionals with the most important information that they need to know about a vulnerable person's support needs. For more information:

<https://padlet.com/ImprovementCymru/healthprofile>

Easy Read Information leaflets:

To ensure everyone in the community has access to up to date information, [Easy Read leaflets](#) on a variety of topics are available on the NHS 111 Wales website.

Video to reassure people about why PPE is used:

A video has been made by the Welsh Ambulance Service for the Learning Disability Community, explaining all about PPE, you can watch this by clicking on the link below:

<https://youtu.be/ScICgq-l3x8>

Public Health Wales latest statement about Covid 19:

This can be read [HERE](#)

NHS COVID-19 app: an important part of our Test, Trace and Protect programme to control the spread of Covid-19:

On the 24th of September, Welsh Government and UK Government launched the NHS COVID-19 app across England and Wales. The more people who use the app the greater our chances of reducing the spread of the virus. The app is available for people to download from 24 September 2020. We would ask you to share information through your social channels, newsletters and through your networks and stakeholders, you can download the app by following this link: <https://gov.wales/nhs-covid-19-app>

Videos in British Sign Language (BSL) with audio voice over, explaining about the [Covid Tracker App](#) and the [Personal Protective Equipment](#) (PPE) we use when responding to 999 calls are also available via the Welsh Ambulance Service You Tube channel.

Public involvement in Primary and Emergency Care Research:

PRIME Centre Wales works with a group of patients and public contributors – the SUPER group. This stands for Service Users for Primary and Emergency care Research and they are currently seeking new members. Members are volunteers, whose expertise is based on their personal experience of using primary and emergency care services, or caring for someone who does or has. Academic expertise is not necessary or expected as they offer an honorarium when people are involved, to acknowledge the experience-based expert contribution people make.

Contact: Tel: 01792 295888

Email b.a.evans@swansea.ac.uk

Mental Health:

National Stress Awareness Day was 3rd November find out more: [here](#)

Barnardo's new initiatives to support Families during Covid 19:

Barnardo's has launched two new services in Wales to support children and families who are struggling to cope through the current pandemic. The first is called **See, Hear, Respond**, now able to offer therapeutic support for to help families overcome challenges exacerbated by Covid-19. These might include bereavement and loss, anxiety, child mental health and worries about returning to school, isolation and loneliness or financial and relationship difficulties. You can read more detail in their press release at:

<https://www.barnardos.org.uk/news/barnardos-launches-counselling-and-wellbeing-services-families-struggling-effects-covid-19>

Children, young people and families are able to self-refer online or through a telephone helpline. Professionals are also welcome to refer. The microsite also holds a wealth of self-help information and links to local services which support families with issues such as emotional wellbeing, bereavement, domestic abuse and financial worries. The helpline number is **0800 157 7015** or you can visit the microsite at:

<https://www.barnardos.org.uk/see-hear-respond-net>

Barnardo's have also launched the first UK-wide helpline and live webchat facility for Black, Asian and minority ethnic children, young people and their families aiming to provide advice, signposting and support from trained specialist advisors and therapists – all of whom are from a diverse set of cultural backgrounds and able to speak a range of languages. This will run for 12 months ending in September 2021.

The helpline and live webchat facility for children from Black, Asian and other minority ethnic backgrounds is on **0800 151 2605** or visit: <https://helpline.barnardos.org.uk>

You can read more at: <https://www.barnardos.org.uk/news/barnardos-launches-new-uk-specialist-helpline>

Contact by phoning the helpline or emailing on:

SHRWales@barnardos.org.uk

7 Important Checks:

Calling 999 and having an ambulance crew assess you can be daunting enough for an adult, let alone a child. To take that anxiety away, a child friendly pictorial resource has been developed '7 Important Checks' to

help children learn about what checks our Ambulance crew do if they are ill or injured and why. You can view these below:

English: <https://www.ambulance.wales.nhs.uk/TheRoom/Default.aspx?pageld=249&lan=en>

Welsh:

<https://www.ambulance.wales.nhs.uk/TheRoom/Default.aspx?pageld=249&lan=cy>

Mental health services for all in Wales:

The package is supported by £1.3m Welsh Government funding and includes a new online Cognitive Behaviour Therapy course and other online and phone support services.

This is also promoted on our NHS 111 Wales Website:

[Mental Health Services for all in Wales Silver Cloud free course.](#)

<https://gov.wales/ps13m-support-package-mental-health-services-all-wales>

Also check out our Living Well section of NHS 111 Wales Website.

Looking after your health and wellbeing:

[How are you doing?](#) Are you staying physically well, looking after your mental health, keeping connected and helping others? Visit the Public Health Wales website.

The Welsh Ambulance Service Mental Health Support leaflet can also signpost you to a number of excellent helplines, you can find the leaflet

Welsh version [HERE](#) English version [HERE](#)

Contact us:

Patient Experience & Community Involvement Team

Telephone: 01792 311773

Email: Peci.team@wales.nhs.uk

Visit the Get Involved page on our website www.ambulance.nhs.uk

Twitter: [@WelshAmbPIH](https://twitter.com/WelshAmbPIH)