



FLVC

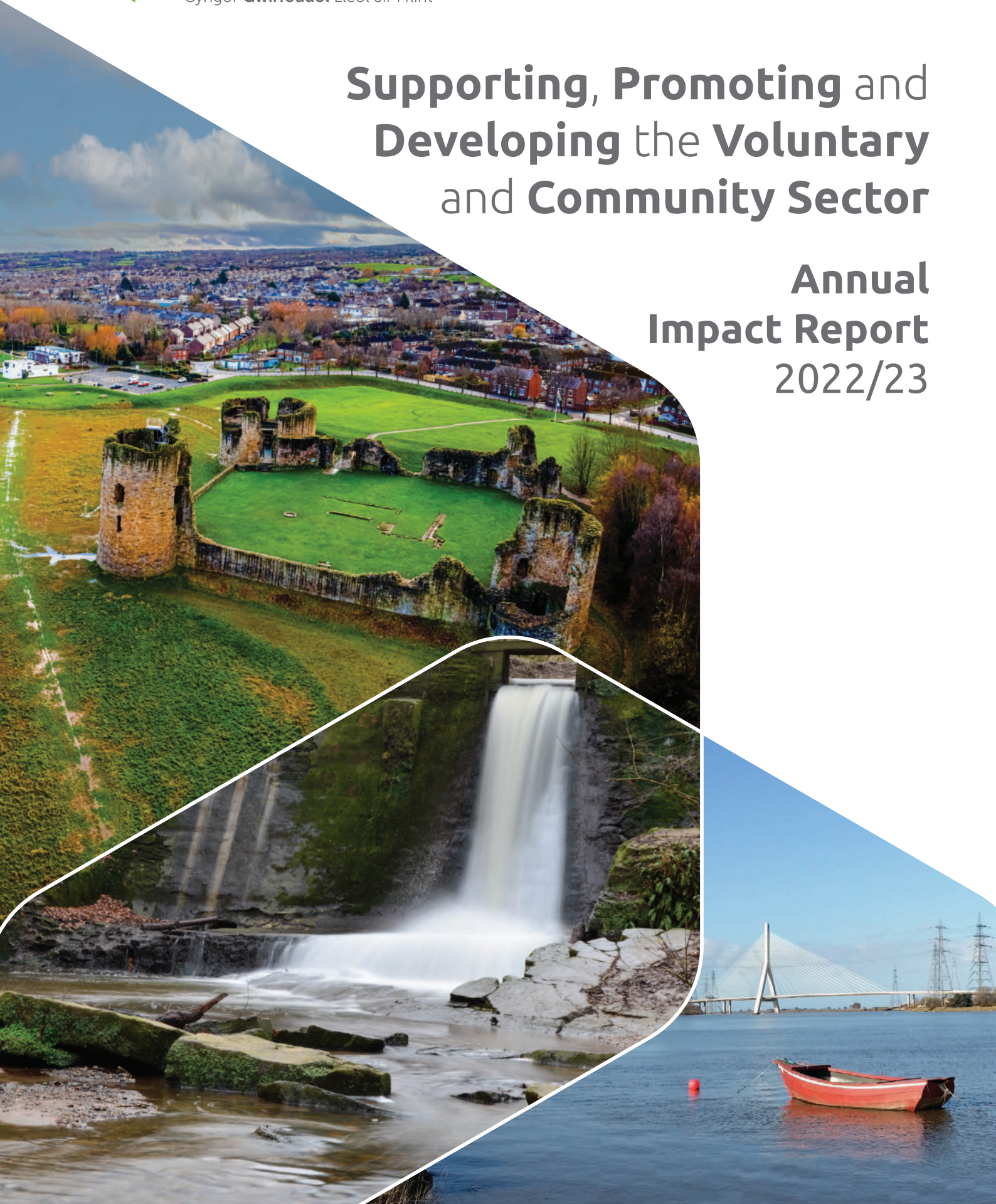
Flintshire Local Voluntary Council

CGLISFf

Cyngor Gwirfoddol Lleol Sir Fflint

Supporting, Promoting and Developing the Voluntary and Community Sector

Annual Impact Report 2022/23



OUR TRUSTEES

from April 2022

Barbara Roberts Chair

Pip Perry MBE

Marjorie Thomson

John Hatton

Tim Byram

Peter Agnew

Ian Papworth

Karen Armstrong

David Wisinger

Flintshire Local Voluntary Council

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Company Limited by Guarantee Number 3301204
Registered Charity Number 1062644

OUR STAFF

from April 2022

Ann Woods Chief Officer

Tessa Willow and Sarah Owens

Third Sector Development Manager (Core Services)

Katherine Hussey and Millie Boswell

Third Sector Development Manager
(Health and Social Care)

Admin Team

Nicola Valentine Senior Administrator

Karen Peters Administrator

Volunteer Centre

Claire Worrall and Debbie Long

Senior Volunteering Development Officer

Kris Kordiak Volunteering Development Officer

Mallaidh Long Volunteering Development Officer

Emily Morgan Volunteering Development Officer

Funding and Governance

Shaun Darlington Third Sector Development Officer
(Governance)

Heather Hicks Third Sector Development Officer
(Funding)

Social Prescribing Team

Kate Howard Social Prescribing Team Leader

Dafydd Gwynedd Social Prescriber (SPoA)

Joanne Overton-Jones Social Prescriber
(Early Help Hub)

Nia Lloyd-Williams Social Prescriber
(SPoA and Early Help Hub)

Hannah Dovey Social Prescriber
(Young People and Young Families)

Charlotte Anderton Social Prescriber (SPoA)

Robyn Lee Social Prescriber (Early Help Hub)

FLINTSHIRE LOCAL VOLUNTARY COUNCIL

Part of Third Sector Support Wales



Cefnogi Trydydd
Sector **Cymru**

Third Sector
Support **Wales**

BACKGROUND...

FLINTSHIRE LOCAL VOLUNTARY COUNCIL (FLVC) is the independent umbrella and support organisation for voluntary and community groups in Flintshire. It is one of 19 County Voluntary Councils (CVCs) in Wales and began operating in 1997. FLVC is a registered charity (1062644) and a limited company (3301204). It has up to 15 trustee directors drawn mainly from the local voluntary sector with 16 staff, part time and full time. Since 2008 FLVC has been based at CORLAN on Mold Business Park. FLVC has over 185 members and draws its funding from a variety of sources, including Welsh Government, Flintshire County Council, Families First and Betsi Cadwaladr University Health Board (BCUHB).

We are part of the Third Sector Support Wales infrastructure funded by Welsh Government. Our shared goal is to enable the third sector and volunteers across Wales to contribute fully to individual and community well-being, now and for the future.

Third Sector Support Wales is a network of support organisations for the whole of the third sector in Wales. It consists of the 19 local and regional support bodies across Wales, the County Voluntary Councils (CVCs) and the national support body, Wales Council for Voluntary Action (WCVA). We work with citizens, volunteers and third sector groups to identify and address what matters to them. To achieve our shared goal we collaborate with other key partners across the third sector, the public sector, business, research and funders.



We have four pillars of activity that make up our universal offer, these are:

- Volunteering
- Good governance
- Sustainable funding
- Engagement and influencing



Our work is broadly focused on the common themes of:

- Information and advice
- Learning and development
- Networking and communication
- Shaping, influencing and building the social capital and resilience of the sector
- Raising the profile of the sector

FLVC CHAIR and CHIEF OFFICER REPORT

Flintshire Local Voluntary Council has been promoting, developing and supporting voluntary and community activity for over 25 years. As a team, we pride ourselves on responding to changing community need and seeking every opportunity to listen to and learn from those we are here to support.

In the very challenging times we are currently experiencing, the voluntary and community sector has an ever-increasing value to people's lives. As a staff and trustee team, we are astounded (daily) by the passion and commitment that voluntary and community groups have and the difference the sector is making to our local communities.

Whether we have helped groups to recruit or support volunteers, to access funding, to provide support for trustees, to network and engage with peers, we learn so much about how the Third Sector responds to the needs of Flintshire residents. The value, flexibility and adaptability of the voluntary sector cannot be under-estimated.

As we reported in our Annual Report last year, we continue to recognise just how important friendship and human interaction is to our wellbeing. We are using Teams and Zoom less and less, and being in the room with our colleagues, listening, reacting and supporting each other warms the heart. Hybrid working is working well for us – ensuring efficiency and flexibility – but we do want to meet with you face to face. Please do send us an invitation to come out to meet you, or pop into our offices in Corlan for a chat.

As an organisation we are keen to maximise the quality of the services we provide and are renewing our Trusted Charity Status this year (previously the PQASSO Quality Standard).

Our thanks to our Trustee Board, who continue to steer the work of FLVC.

Welcome to new trustees Ian, Karen and Dave who joined at last year's AGM and welcome to new members of staff, Katherine, Tessa and Emily.

Our work varies so much, but all with the same intention. To help, to enable and to celebrate the work that volunteers and community groups do to improve our lives. We want to do more and we want to continue to do it well. Thank you to FLVC's Board members and the staff team for their commitment to the work that we do.

And thank you for your support for FLVC and for taking the time to read our Annual Report.

With thanks

Barbara Roberts Chair FLVC
Ann Woods Chief Officer FLVC

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✉ ann.woods@flvc.org.uk



Rebecca Evans MS, Minister for Finance and Local Government meets Public Service Board representatives

North Wales Public Service Lab Conference 2023



Emily, Mallaidh, Carol and Phil discuss our support for Volunteering



Helen Stephenson CBE, CEO of the Charity Commission meets Third Sector colleagues in Flintshire



Chris Buchan Head of Communities and Third Sector Policy at Welsh Government joins FLVC colleagues



Network meeting for organisations Supporting Children and Young People





“

Volunteering... has allowed me to become a much more confident person, especially when it comes to speaking to large groups and pitching ideas. It has also given me great leadership skills and shown me how to be a real team player. I have made lifelong friends from being part of this group.

”

VOLUNTEERING

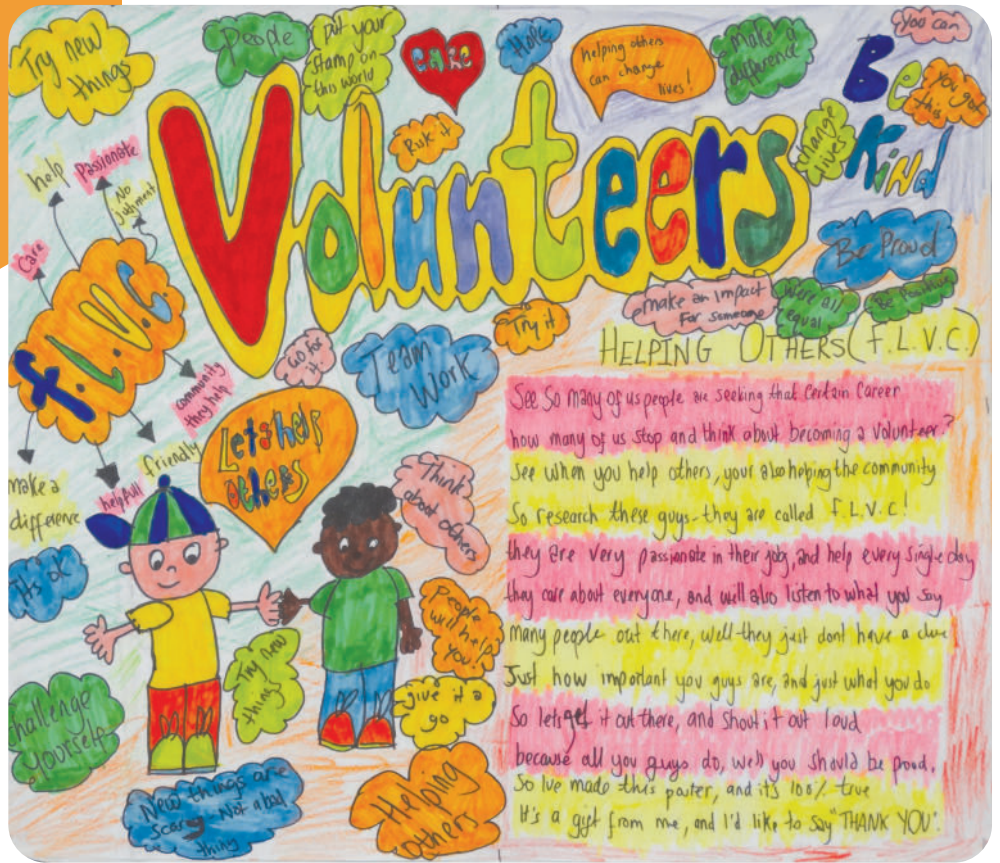
Our Volunteer Centre team are here to:

- Help local people find the right volunteering roles for them that match their interests, availability and skills;
- Promote good practice and innovation in volunteering – to enable more people to take part and to increase the impact of volunteering;
- Provide information, guidance and signposting – for individuals to volunteer and for organisations to develop quality volunteering opportunities;
- Manage a database of volunteering opportunities – for brokerage and management of volunteering;
- Facilitate networks and training– for learning, sharing and continuously improving volunteering experience;
- Organise events, promotion and recognition – to encourage and celebrate volunteer achievement and champion the contribution of volunteering to the wellbeing of Wales;
- Support organisations to access funding related to the development of volunteering.

The Volunteer Centre team saw some changes in personnel during the year and continued to do an excellent job of supporting and encouraging people to get involved in volunteering. The team continued to develop the supported volunteering project, delivering activities at a range of venues and identifying new ways to enable people to take part in “taster” volunteering sessions and get a qualification through their volunteering.

What did we achieve?

This poem was written by someone who took part in one of the supported volunteering projects and shows the impact that helping others can have:



Over the year 497
local people were
supported to access
volunteering
opportunities



Over 100 Flintshire based groups and organisations were supported in all aspects of volunteer management, ranging from small volunteer-run groups to large service delivering organisations

Five volunteer organisers' network meetings were held during the year, attended by 47 participants



The Volunteer Centre team attended 66 events and meetings to promote volunteering and to collaborate with others across Flintshire and beyond



Our supported volunteering projects enabled 93 people with specific support needs to take part in “taster” volunteering sessions across Flintshire and to access a qualification through their volunteering

“

You have been an outstanding course leader, thank you so much for everything you have done to lead and inspire our learners – they will always remember the course, and the way you respected and uplifted them.



GOOD GOVERNANCE

The overall goal of TSSW's work on good governance is for those involved in running third sector organisations to lead their organisations effectively and to maintain high standards of governance.

Our outcomes are for those involved in running third sector organisations to:

- access information, advice and support on good governance;
- have increased confidence in leading their organisations;
- have improved ability to recruit and retain skilled trustees;
- have increased skills to lead their organisations.

What did we achieve?

One of the standout moments for FLVC in 2022-23 was a round table discussion we facilitated in Welsh Charity Week for senior staff and trustees from local community organisations to meet with Helen Stephenson, CEO of the Charity Commission.

As part of our on-going work to support venues and services to re-establish themselves after COVID lockdowns, we worked with Cadwyn Clwyd and Litegreen (energy consultants) to provide energy assessments for community venues and advice on how to reduce energy use, which is particularly pertinent with the current soaring of energy prices.



Our website received over 19,500 visitors and information was disseminated to hundreds of local organisations and individuals through our e-bulletins and newsletters



175 organisations were supported on matters relating to governance and running their organisations

Over 500 trustee enquiries were received and responded to



“

I just wanted to email and thank you very much for all your help in last week's meeting. We now know where to start in going forward.

”

SUSTAINABLE FUNDING

Our funding support service aims to help

- Third sector organisations to effectively secure and generate the resources they need to survive and grow
- Third sector organisations to be resilient and have the skills, knowledge and capacity to sustain their organisations

What did we achieve?

As the cost of living makes life more and more challenging for most of us, FLVC staff continue to provide accurate, up-to-date information on funding sources for local voluntary and community organisations, and to offer support to help them access these funds.

A series of funding surgeries were held in different parts of Flintshire, offering people pre-bookable one-to-one appointments with grants officers with the National Lottery, Landfill Disposal Tax Communities Scheme and others. The response to these sessions has been overwhelmingly positive and more are planned for the coming year, along with regular "Meet the funder" sessions, both on-line and in person.



We supported 225 community and voluntary organisations to access in excess of £1,400,000 from a number of funding sources

Meet the Funder Events were held with

- Gwynt y Môr Community Fund
- The National Lottery Community Fund
- Community Foundation for Wales
- Landfill Disposal Tax Fund
- Sport Wales
- Yapp Foundation
- Moondance Foundation
- Burns Price Foundation
- Easyfundraising
- Local Giving



“

Your help last year with grants was pivotal in the success of our project and we would really appreciate your guidance again this year.

”



We administered five grant funds (a total of 72 individual grants awarded):

- FCC Community Chest awarded 38 grants totalling £31,145
- Flintshire Youth Led Grants awarded six grants, totalling £5,450
- Flintshire's Loneliness and Social Isolation Fund awarded 10 grants - totalling £22,691
- Summer of Fun Grant awarded £10,000 between nine groups
- Platiau Plant awarded £9,000 between five groups (healthy eating for children)

ENGAGEMENT and INFLUENCING



As a member of Third Sector Support Wales we work to ensure that

- Public bodies recognise the value and current and potential contribution of Third Sector organisations.
- Third Sector organisations play an active role in engaging and working with people and communities, including seldom heard groups;
- Third Sector organisations have the skills and capacity to effectively influence and shape policy at all levels;
- Third Sector organisations meaningfully engage with each other and in turn with public bodies in policy development and service co-production;
- The voices of individuals and groups inform and influence policy development, service planning and delivery;

“

FLVC are a fantastic partner in a number of work areas and projects. I really enjoy the collaboration and the team are exceptional with a can do attitude and a passion for people and positive change. thank you.

”

What did we achieve

- We regularly meet with statutory and third sector partners as part of local, regional and national partnerships
- The Chief Officer of FLVC represents the third sector at the North Wales Regional Partnership Board and in 2023 became the Chair of the newly-joint Flintshire and Wrexham Public Services Board (the only non-statutory Chair of any PSB in Wales)
- We are members of Flintshire's Economic Recovery Steering Group, who have overseen the assessment of the Shared Prosperity Fund applications in Flintshire.
- We represent the sector at Flintshire's Place Making Plan Stakeholder Group (People Focused Services)
- We have worked with Flintshire County Council and Betsi Cadwaladr University Health Board to influence procurement practice for a multi-agency approach to Public Services
- We have led on work as part of the joint Flintshire and Wrexham Public Services Board 'Community Resilience' Workstreams
- We have worked with TSSW partners on the national Learning and Development Strategy, impact workstream and safeguarding community of practice
- We represent the North Wales CVCs on the Local Resilience Forum (Emergency Planning) and we attend North Wales Humanitarian Aid and Volunteering sub-group
- We regularly meet with new and existing community groups and charitable organisations to link them to the wider sector and statutory partners

HEALTH and SOCIAL CARE

Betsi Cadwaladr University Health Board fund key Health and Social Care Facilitator roles within each CVC in North Wales. This role provides a key Strategic link between Health, Social Care and Third Sector organisations. FLVC also have a Social Prescribing team, working collaboratively with Statutory sector colleagues to link Flintshire residents with community-based health and wellbeing services.



In 2022/23 we



Contributed to local, regional and national health and social care partnerships

In collaboration with AVOW in Wrexham, we host Health and Social Care Network meetings, attended by up to 50 participants. Bringing together Third and Statutory sector service providers to learn, share and consult on key multi-agency strategies,



We also run a network for people who work with children and young people in Flintshire, attended by up to 50 participants offering networking and collaboration opportunities



In the period 1 April 2022 to 31 March 2023 the adult social prescribing team supported 1503 individuals and the children and young people's team supported 287 families



Our social prescribers are there to listen to what matters to individuals and signpost them to the right support. Individuals we speak to value our listening ear and expertise



“

From my heart I send many thank yous & care & sunshine speak soon.”

“Thank you so much for all this information. I am very grateful, as I am sure the client will be also.”

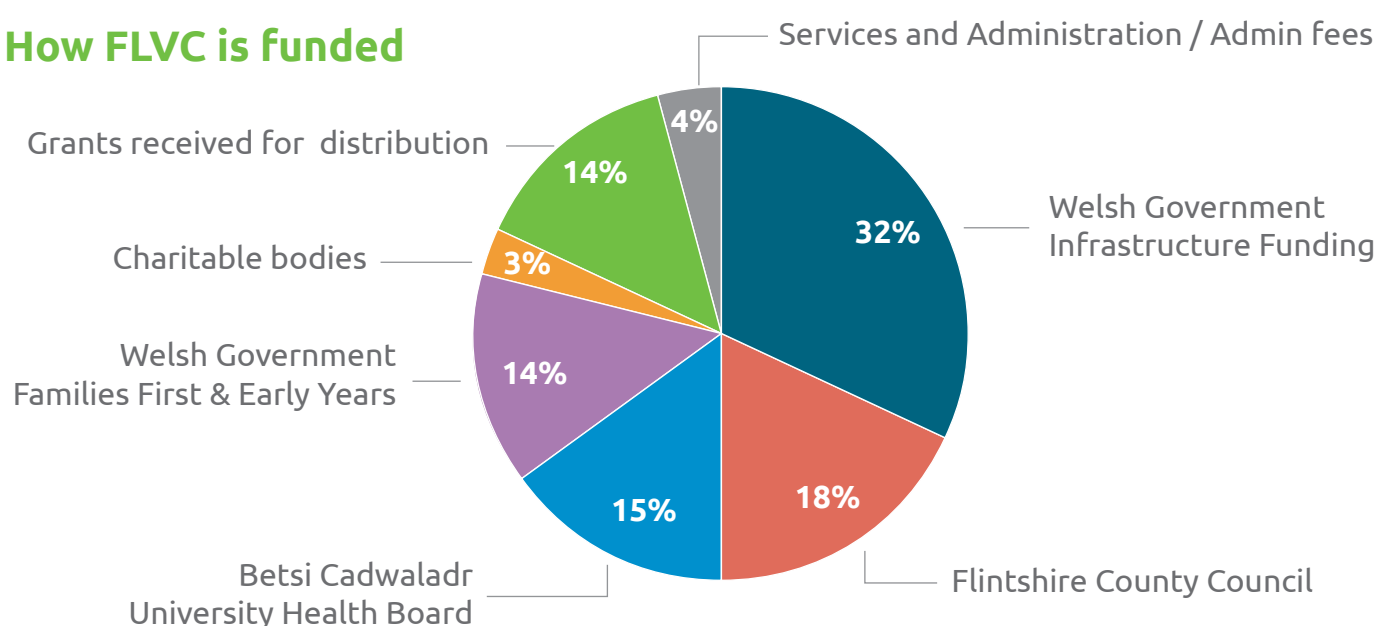
“You’ve been so helpful thank you so much. I wouldn't have gone for help without you, and you should be proud of the job you do it was priceless I’m over the moon.”

”

SUMMARY OF ACCOUNTS

For the year ending 31 March 2023

How FLVC is funded



Total Income during 2022/23 **£592,272**

Expenditure 2021/22 and 2022/23

	2023	2022
Staff Costs	448,155	411,417
Premises Costs	75,773	66,350
Depreciation	1,277	2,481
AGM expenses	1,984	1,790
Professional Fees	10,260	9,454
Volunteers and Training	14,635	3,119
Contractors and Consultants	343	11,362
Insurance and Indemnities	3,662	2,287
Governance costs	7,681	4,445
Grant disbursements	78,286	237,652
TOTAL	£642,056	£750,357

Total Expenditure during 2022/23 **£642,056**