



FLVC

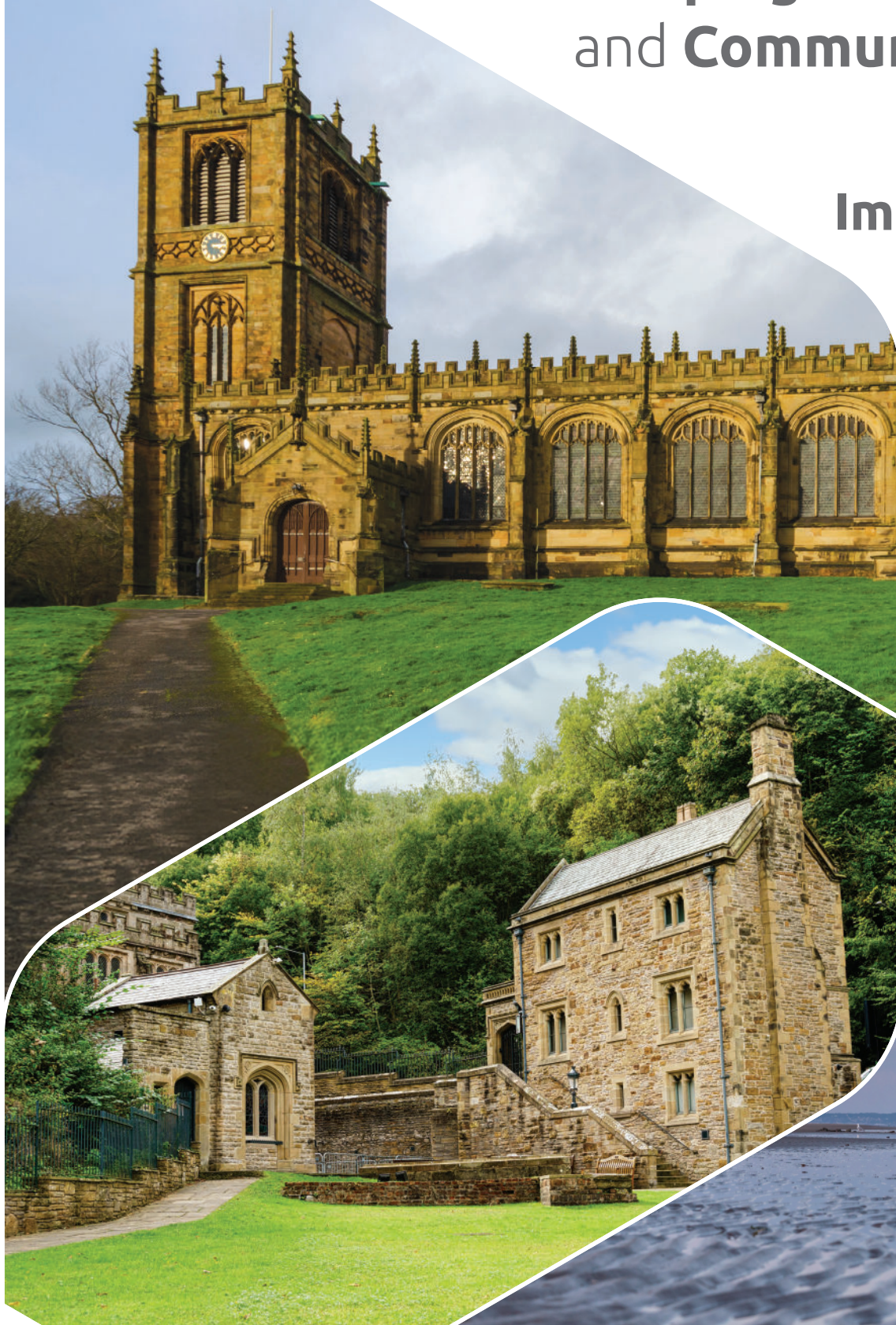
Flintshire Local **Voluntary** Council

CGLISFf

Cyngor **Gwirfoddol** Lleol Sir Fflint

Supporting, Promoting and Developing the **Voluntary** and **Community Sector**

Annual Impact Report 2023/24



Flintshire Local Voluntary Council



OUR TRUSTEES

from April 2023

Barbara Roberts Chair

Pip Perry MBE

Marjorie Thomson

John Hatton

Tim Byram

Peter Agnew

Ian Papworth

Karen Armstrong

David Wisinger

Flintshire Local Voluntary Council

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Company Limited by Guarantee Number 3301204
Registered Charity Number 1062644

Annual Impact Report 2023/24

OUR STAFF

from April 2023

Ann Woods Chief Officer

Tessa Willow

Third Sector Development Manager (Core Services)

Katherine Hussey

Third Sector Development Manager
(Health and Social Care)

Admin Team

Nicola Valentine Senior Administrator

Karen Peters Administrator

Geraint Jones Administrator

Volunteer Centre

Claire Worrall

Senior Volunteering Development Officer

Mallaidh Long Volunteering Development Officer

Emily Morgan Volunteering Development Officer

Robyn Lee Volunteering Development Officer

Funding and Governance

Shaun Darlington Third Sector Development Officer
(Governance)

Heather Hicks Third Sector Development Officer
(Funding)

Social Prescribing Team

Charlotte Anderton Social Prescribing Team Leader

Kate Howard Social Prescribing Team Leader

Dafydd Gwynedd Social Prescriber (SPoA)

Joanne Overton-Jones Social Prescriber
(Early Help Hub)

Nia Lloyd-Williams Social Prescriber
(SPoA and Early Help Hub)

Stephanie Jones Social Prescriber (SPoA)

Lewis Williams Social Prescriber (SPoA)

FLVC CHAIR and CHIEF OFFICER REPORT



2023 AGM

Flintshire Local Voluntary Council has been promoting, developing and supporting voluntary and community activity for over 25 years. As a team, we pride ourselves on responding to changing community need and seeking every opportunity to listen to and learn from those we are here to support.

Many thanks for taking the time to learn about the work of FLVC. Through an infrastructure agreement with Welsh Government we are here to support the Voluntary and Community Sector to grow, to be heard and to influence the delivery of effective public services. Our team has expertise in Good Practice for Volunteering, Sustainable Funding and Good Governance. We also have an established Social Prescribing service – working with colleagues in health and social care to link Flintshire residents with voluntary and/or community-based services. Through partnership with Betsi Cadwaladr University Health Board and Flintshire County Council, we are able to bring health, social care and wellbeing activities together – strategically and also through multi agency, holistic responses to the wellbeing needs of the residents of Flintshire.

In 2023/24 we have adapted our ways of delivering services to meet the needs of those we are here to support. Many of our network meetings now include an informal training element and we have adapted our Supported Volunteering project to provide a more bespoke service for any individual requiring

additional support before choosing whether, how and where to volunteer their time to help within their local community.

In 2023/24 we renewed our Trusted Charity Status (previously the PQASSA Quality Standard). As part of this review FLVC was noted as 'an effective, efficient, and focused team' and a 'trusted partner that delivers for their community'. We are focused on continuous improvement. Please do let us know how we can help you.

Our thanks to our Trustee Board, who continue to steer the work of FLVC and support the staff team. We are currently seeking new Board members and would love to hear from you if you have an interest in taking our organisation forward.

With thanks

Barbara Roberts Chair FLVC
Ann Woods Chief Officer FLVC

☎ 01352 744028

✉ ann.woods@flvc.org.uk

ENGAGEMENT and INFLUENCING



During 2023/24 FLVC have played a key role in the strategic development of Public Services.

- The Chief Officer of FLVC represents the third sector at the North Wales Regional Partnership Board and in 2023 became the Chair of the newly-joint Flintshire and Wrexham Public Services Board (the first non-statutory Chair of any PSB in Wales).
- We regularly meet with statutory and third sector partners as part of local, regional and national partnerships.
- In 2023 we worked with Flintshire County Council to deliver a Conference at Deeside 6th on support services for Families. 2024's Conference takes place in November and will have an Educational Theme.
- With our colleagues in AVOW in Wrexham, we have facilitated learning sessions at the Future Generations Commissioners Young Leaders Programme.
- We are members of Flintshire's Economic Recovery Steering Group, who have overseen the assessment of the Shared Prosperity Fund applications in Flintshire.
- We have worked with Flintshire County Council and Betsi Cadwaladr University Health Board to influence procurement practice for a multi-agency approach to Public Services.
- We have worked with TSSW partners on the national Learning and Development Strategy, impact workstream and safeguarding community of practice.
- We represent the North Wales CVCs on the Local Resilience Forum (Emergency Planning) and we attend North Wales Humanitarian Aid and Volunteering sub-group.
- We regularly meet with new and existing community groups and charitable organisations to link them to the wider sector and statutory partners.
- We have contributed to the BCUHB Inverse Care Law programme, which is taking a placed based approach by bringing together partners (Health, Local Government, Citizen voice, Industry, Voluntary/Third Sector) on a primary care cluster level to facilitate joint working on the wider determinants that cause health inequality.
- Represented the Third Sector and social prescribing at Flintshire GP accelerated Cluster meetings which bring together all local services involved in health and care.

VOLUNTEERING

“ FLVC gave me a purpose. They support me with regular catch ups and supervisions to ensure I am happy within the role or if I need any further support or training. This role has given me something to look forward to and has helped my mental health and physical health. ”



This year the Volunteer Centre team have delivered some excellent events for volunteer managers and coordinators, incorporating short training sessions on topics such as volunteer recruitment, the new Volunteering Wales website, involving young people as volunteers and chance to network and learn from others in similar roles. We have received some excellent feedback from people who attended these events, and we will continue to deliver these sessions each quarter, responding to the needs and suggestions of people who work with volunteers.

We changed the delivery model for our supported volunteering project, in response to feedback from partners and young participants. We now offer one- and two-day taster sessions for anyone aged 14+ who would like to try out some volunteering activities and get some one-to-one support to help them find a suitable role.

Our Youth Led Grant panel, who are all volunteers aged between 14 and 25, has flourished this year and members took on the additional role of deciding the winners of our annual Youth Volunteering Awards (the Tom Jones Awards); their professionalism and commitment are an inspiration.



277

people supported to access volunteering opportunities

70

participants at 4 Volunteer Organisers' Network Meetings



Over 30

groups and organisations provided with direct support and advice on matters relating to volunteering and good practice

“

We have recently been supported by FLVC to promote our volunteering roles on the Volunteering Wales Website and have found both the guidance given and the website itself to be of great benefit to the organisation. We are already seeing an increase in the number of volunteering enquiries, and we are hoping to recruit 30 more volunteers as we are celebrating our 30th birthday in the coming year.

”

FUNDING AND GOVERNANCE

“ We got the money!! Thanks so much for your advocacy with this one – we’re so pleased to have finally secured it and now to get fully green on our building with their support. Thank you again – I know you played a big role in this one and we’re very grateful. Whoop whoop! ”

“ May I offer you grateful thanks – both for myself and also on behalf of the Trust – for your valuable help and guidance in formulating the (Charity Registration) Application, an input which I am confident was instrumental in achieving such a rapid and successful outcome. ”

A significant development this year was the rolling out of the Shared Prosperity Fund (part of the UK government’s Levelling Up programme). FLVC works in partnership with Cadwyn Clwyd on the Prosperous Communities Flintshire key fund, supporting local organisations to access funding for improvements to their premises and to develop their activities. This work continues into the 2024-25 financial year and is expected to invest close to £750,000 in local voluntary and community groups in Flintshire. FLVC staff members have in-depth knowledge of local groups and this has contributed significantly to the success of this programme.

During this year we supported 318 groups with advice and guidance on all aspects of running their group / organisation, including help with constitutions, charity registration, funding information, policy development, governance and legal requirements.

We helped a wide range of local community and voluntary organisations to access more than £2 million from multiple funding sources. We administered three grant funds:



FCC Community Chest
awarded 28 grants
totalling **£21,353**



Flintshire Youth
Led Grants
awarded 7 grants,
totalling **£5,540**

Flintshire's Loneliness
and Social Isolation
Fund awarded
9 grants,
totalling **£22,690**



Meet the Funder events were held with a range of local and regional funders, including:

- **Gwynt y Môr Community Fund**
- **The National Lottery Community Fund**
- **Landfill Disposal Tax Fund**
- **Easyfundraising**
- **Park Adfer Community Benefit Fund**
- **Henry Smith**
- **Sport Wales**

We continued to provide our advice and guidance in whichever way was best for the group involved, including face-to-face, by telephone, by email and through online channels; in addition, we have continued to provide opportunities for groups to drop in at outreach sessions in different parts of the county, to make our services available and accessible to as many people as possible.

HEALTH AND WELLBEING

Betsi Cadwaladr University Health Board fund key Health and Wellbeing Facilitator roles within each CVC in North Wales. This role provides a key strategic link between Health, Social Care and Third Sector organisations. FLVC also have a Social Prescribing team, working collaboratively with statutory sector colleagues to link Flintshire residents with community-based health and wellbeing services.



In 2023/24

We contributed to local, regional, and national health and social care partnerships.

In collaboration with AVOW in Wrexham, we have facilitated regular Health and Wellbeing network meetings. Bringing together third sector organisations and statutory partners (local, regional and national) operating in Flintshire and Wrexham with an interest in health, social care and well-being. Providing networking opportunities and a forum to discuss topical issues and to share information and good/best practice ideas.



We continue to run our Children's and Young Persons network in Flintshire, attended by up to 25 participants offering networking and collaboration opportunities, focusing on third sector and statutory partners who work with 0–25-year-olds.

In the period April 1st 2023 to March 31st 2024 the social prescribing team have supported 2,069 Flintshire residents.



Our Social Prescribing team receive referrals from a wide range of sources including health professionals, social workers, community projects, family and friends, and self-referrals. Individuals we speak to value our listening ear and expertise.

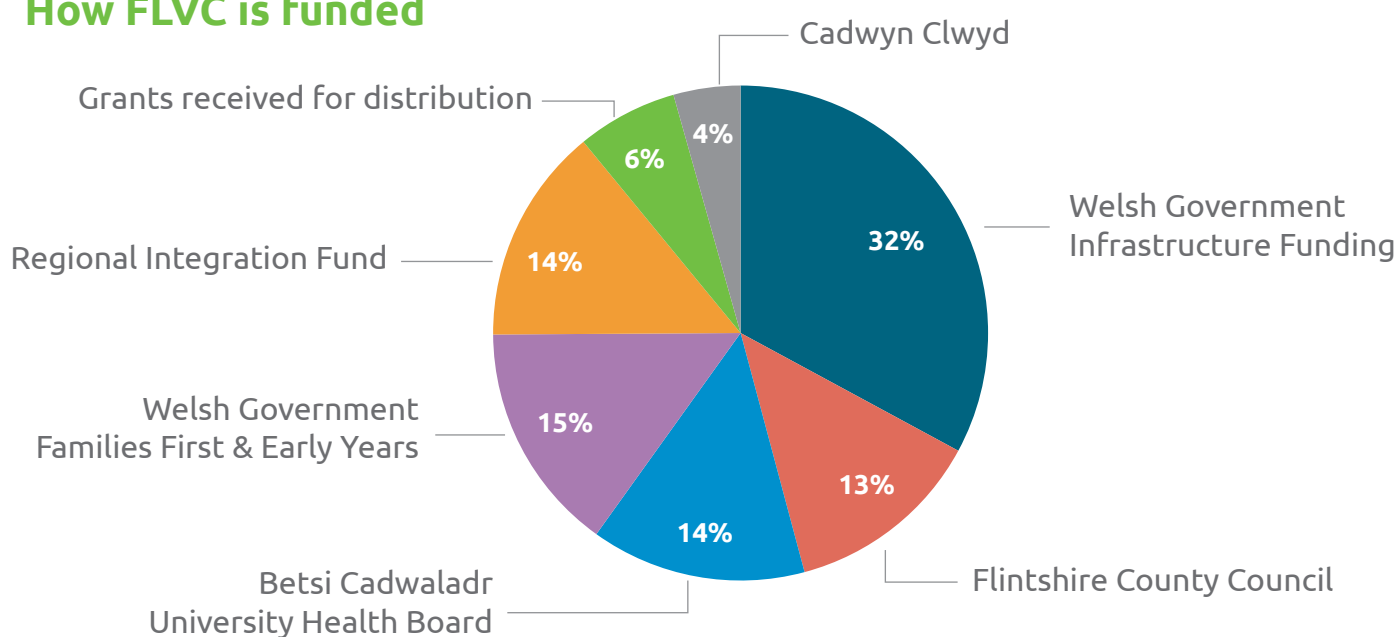
“ I feel like you have saved my life”

"Thank you very much for everything you do, Its nice to know someone is looking out for us ”

SUMMARY OF ACCOUNTS

For the year ending 31 March 2024

How FLVC is funded



Total Income during 2023/24 **£651,694**

Expenditure 2022/23 and 2023/24

	2024	2023
Staff Costs	472,105	448,154
Premises Costs	72,724	78,369
Depreciation	-	1,277
AGM expenses	640	1,984
Professional Fees	25,641	8,268
Volunteers and Training	1,991	
Insurance and Indemnities	2,039	2,122
Governance costs	2,960	9,665
Grant disbursements	44,579	78,286
TOTAL	£622,679	£628,125

Total Expenditure during 2023/24 **£622,679**